

Carleton Ravens U-Sport Last Chance - 2023-02-17 to 2023-02-18

Ottawa Lions U-16 Chilly Open

Louis-Riel Dome

Results

Women 60 Meter Dash Open

Dome (Open): 7.44 D 2010-02-13 Toyin Olupona
Dome (u20): 7.50 ! 2019-02-16 Deondra Green
Dome (u18): 7.66 * 2016-12-17 Deondra Green
Meet Record: 7.50 M 2019-02-16 Deondra Green
USport AutoQ: 7.51 U

Name	Yr	Team	Prelims
Preliminaries			
1 Leduc, Audrey	99	Laval	U 7.51q
2 Ross-McLennan, Lola	03	McGill	7.64q
3 Manor, Katie	03	Ottawa Gee-Gees	7.68q
8 Brown, Janae	03	York Lions	7.84q
10 Harris, Kimora	00	York Lions	7.97q
11 Lu Langley, Vanessa	02	McGill	7.98q
12 Jack, Bianca	03	York Lions	8.00q
13 Clarke, Janelle	01	Waterloo	8.04
14 Walton-Knight, Bethany	03	McGill	8.05
15 Laberge, Mégane	99	MontréalCarabins	8.06
16 Ouangre, Sarah Firmie	03	Ottawa Gee-Gees	8.07
17 Lanctôt, Laurence	01	MontréalCarabins	8.10
18 Gilbert, Ella-Grace	03	Carleton Ravens	8.21
19 Fernandez, Brielle	02	Waterloo	8.21
20 St-Cyr, Sandrine	04	Ottawa Gee-Gees	8.24
21 Bitar, Mélissa	03	MontréalCarabins	8.26
22 Ostertag, Coralie	02	Ottawa Gee-Gees	8.29
23 Banton-Lindsay, Kennedy	02	Ottawa Gee-Gees	8.30
24 McNeilly, Asha	04	Ottawa Gee-Gees	8.37
25 Gilmour, Audrey	03	McGill	8.43
27 Hodgson, Marley	01	McGill	8.53
30 Paquette, Claudia	99	Laval	8.58
34 Colucci, Sophia	02	Concordia	9.19
37 Combs, Jessica	01	Maine	9.69

Women 60 Meter Dash Open

Dome (Open): 7.44 D 2010-02-13 Toyin Olupona
Dome (u20): 7.50 ! 2019-02-16 Deondra Green
Dome (u18): 7.66 * 2016-12-17 Deondra Green
Meet Record: 7.50 M 2019-02-16 Deondra Green
USport AutoQ: 7.51 U

Name	Yr	Team	Finals
Finals			
1 Leduc, Audrey	99	Laval	7.52
2 Ross-McLennan, Lola	03	McGill	7.65
3 Manor, Katie	03	Ottawa Gee-Gees	7.67
6 Harris, Kimora	00	York Lions	7.80
7 Brown, Janae	03	York Lions	7.81
10 Lu Langley, Vanessa	02	McGill	7.97
11 Jack, Bianca	03	York Lions	8.00
12 Clarke, Janelle	01	Waterloo	8.00

Women 300 Meter Dash Open

Dome (Open): 37.19 D 2023-01-21 Lauren Gale
Dome (u20): 39.13 ! 2018-02-17 Sharelle Samuel
Dome (u20): 39.13 ! 2015-02-07 Lauren Gale
Dome (u18): 39.13 * 2015-02-07 Lauren Gale
Meet Record: 38.40 M 2018-02-17 Audrey Jackson
USport AutoQ: 38.68 U

Name	Yr	Team	Finals
Finals			
2 Chiasson, Frederique	02	Laval	39.00
3 Ba, Sophie	98	Sherbrooke Vert	39.70
4 Manor, Katie	03	Ottawa Gee-Gees	39.75
5 Ogunremi, Doyin	02	Ottawa Gee-Gees	39.88
6 Davis, Von	98	Guelph Gryphons	39.99
7 Marester, Shanice	02	Uqam Citadins	40.37
10 Laberge, Mégane	99	MontréalCarabins	41.08
12 Gallé, Mélina	02	Laval	41.34
14 Walton-Knight, Bethany	03	McGill	42.02
15 Lanctôt, Laurence	01	MontréalCarabins	42.11
16 Cross, Laura	04	Carleton Ravens	42.39
18 Djigo, Khardjatou (marianne)	01	McGill	42.47
19 Banton-Lindsay, Kennedy	02	Ottawa Gee-Gees	42.49
20 Mahajan, Sia	02	Ottawa Gee-Gees	42.82
22 Fernandez, Brielle	02	Waterloo	43.18
23 Cenac, Courtney	03	Ottawa Gee-Gees	43.38
25 Morrison, Chloe	03	McGill	43.62
27 Thornburg, Chelsea	98	Maine	43.68
28 Rigamonti, Caroline	00	MontréalCarabins	43.84
30 Gilmour, Audrey	03	McGill	43.91
31 Bitar, Mélissa	03	MontréalCarabins	44.13
33 Colgan, Valéry	00	MontréalCarabins	44.30
35 Ostertag, Coralie	02	Ottawa Gee-Gees	44.95
36 Brown, Ashleigh	03	McGill	45.21
38 Murdock, Allison	03	McGill	46.09
40 Kabongo, Kaylyne	04	Carleton Ravens	46.97
41 Bradley, Cassidy	04	Ottawa Gee-Gees	48.14

Women 400 Meter Dash Open

Dome (Open): 54.53 D 2015-03-07 Farah Jacques
Dome (u20): 55.75 ! 2015-03-07 Lauren Gale
Dome (u18): 55.75 * 2015-03-07 Lauren Gale
USport AutoQ: 54.33 U

Name	Yr	Team	Finals
Finals			
3 Cenac, Courtney	03	Ottawa Gee-Gees	1:03.53

Carleton Ravens U-Sport Last Chance - 2023-02-17 to 2023-02-18

Ottawa Lions U-16 Chilly Open

Louis-Riel Dome

Results

Women 600 Meter Run Open

Dome (Open): 1:29.38 D 2014-12-20 Karine Belleau-Beliveau

Dome (u20): 1:29.86 ! 2015-02-07 Erinn Stenman-Fahey

Dome (u18): 1:32.33 * 2014-02-01 Erinn Stenman-Fahey

Meet Record: 1:30.14 M 2020-02-15 Jenna Smith

USport AutoQ: 1:30.29 U

Name	Yr	Team	Finals
Finals			
1 Kennedy, Catherine	97	Dalhousie Tigers	1:32.37 29.4760 (29.4760) 1:32.3630 (1:02.8870)
2 Blair, Hannah	00	Waterloo	1:32.54 29.7200 (29.7200) 1:32.5360 (1:02.8160)
3 Boudreau, Camille	01	Laval	1:32.57 29.9080 (29.9080) 1:32.5680 (1:02.6600)
4 Bullock, Madelyn	00	Queen's Gaels	1:34.41 30.3510 (30.3510) 1:34.4090 (1:04.0580)
5 Essabar, Jade	03	École de tech	1:34.80 30.9160 (30.9160) 1:34.7930 (1:03.8770)
6 McCormik, Brooklyn	02	Ottawa Gee-Gees	1:35.83 30.8770 (30.8770) 1:35.8280 (1:04.9510)
7 Gagnon, Mariane	00	MontréalCarabins	1:36.10 30.1720 (30.1720) 1:36.0960 (1:05.9240)
8 Larochelle, Clémence	01	MontréalCarabins	1:36.18 32.1501 (32.1501) 1:36.1741 (1:04.0240)
9 Deslandes, Myriam	03	MontréalCarabins	1:36.92 31.1771 (31.1771) 1:36.9111 (1:05.7340)
10 Hendriks, Olivia	00	Queen's Gaels	1:36.99 30.6450 (30.6450) 1:36.9820 (1:06.3370)
12 Quidoz, Audrey	02	Laval	1:37.92 31.7911 (31.7911) 1:37.9111 (1:06.1200)
14 Colgan, Valéry	00	MontréalCarabins	1:39.01 32.2161 (32.2161) 1:39.0041 (1:06.7880)
15 Cross, Laura	04	Carleton Ravens	1:39.61 31.8511 (31.8511) 1:39.6031 (1:07.7520)
16 Lee, Cassandra	98	Sherbrooke Vert	1:40.38 34.1749 (34.1749) 1:40.3719 (1:06.1970)
17 Parkins, Kara	00	Queen's Gaels	1:40.99 31.4071 (31.4071) 1:40.9831 (1:09.5760)
19 Brown, Taylor	03	Ottawa Gee-Gees	1:42.49 32.7819 (32.7819) 1:42.4889 (1:09.7070)
20 Robinson, Skye	01	Concordia	1:43.57 33.1169 (33.1169) 1:43.5639 (1:10.4470)
21 Makarowski, Dylana	03	York Lions	1:43.97 31.2469 (31.2469) 1:43.9619 (1:12.7150)
23 Paquette, Jasmine	99	MontréalCarabins	1:45.56 34.0639 (34.0639) 1:45.5549 (1:11.4910)
24 Haron, Erini	00	Queen's Gaels	1:45.76 31.5631 (31.5631) 1:45.7561 (1:14.1930)
25 Tyman, Elana	03	Ottawa Gee-Gees	1:47.52 33.0179 (33.0179) 1:47.5119 (1:14.4940)
26 Hailer, Ann Kathrin	02	Queen's Gaels	1:53.43 35.5429 (35.5429) 1:53.4309 (1:17.8880)

Women 800 Meter Run Open

Dome (Open): 2:01.69 D 2013-03-02 Melissa Bishop

Dome (u20): 2:08.96 ! 2018-03-03 Maeliss Trapeau

Dome (u18): 2:09.35 * 2014-03-01 Erinn Stenman-Fahey

USport AutoQ: 2:07.61 U

Name	Yr	Team	Finals
Finals			
3 Thornburg, Chelsea	98	Maine	2:35.67 1:12.2804 (1:12.2804) 2:35.6694 (1:23.3890)
4 Johnson, Marjorie	00	Maine	2:43.04 1:13.4404 (1:13.4404) 2:43.0324 (1:29.5920)

Women 1000 Meter Run Open

Dome (Open): 2:42.47 D 2016-01-23 Gabriella Stafford

Dome (u20): 2:44.81 ! 2011-12-17 Annie LeBlanc

Dome (u18): 2:53.14 * 2015-12-19 Shona McCulloch

Meet Record: 2:49.72 M 2019-02-16 Charlotte Gardner

USport AutoQ: 2:45.83 U

Name	Yr	Team	Finals
Finals			
1 Paquin, Geneviève	98	MontréalCarabins	2:46.97M 33.9097 (33.9097) 1:41.0537 (1:07.1440) 2:46.9667 (1:05.9130)
2 Gunther, Nina	98	Ottawa Gee-Gees	2:52.50 34.4317 (34.4317) 1:44.2897 (1:09.8580) 2:52.5007 (1:08.2110)
3 Champigny, Gabrielle	96	MontréalCarabins	2:57.04 35.5917 (35.5917) 1:46.4947 (1:10.9030) 2:57.0367 (1:10.5420)
4 McIntosh, Abby	03	McGill	2:57.38 34.7967 (34.7967) 1:46.3827 (1:11.5860) 2:57.3797 (1:10.9970)
5 Langevin, Laura	01	McGill	2:58.09 35.0887 (35.0887) 1:46.6717 (1:11.5830) 2:58.0837 (1:11.4120)
8 Haron, Erini	00	Queen's Gaels	3:03.52 34.8025 (34.8025) 1:51.9675 (1:17.1650) 3:03.5145 (1:11.5470)
9 Taylor, Katherine	02	Queen's Gaels	3:03.96 35.1395 (35.1395) 1:51.9545 (1:16.8150) 3:03.9525 (1:11.9980)
10 Perry, Robyn	02	Queen's Gaels	3:05.87 35.1985 (35.1985) 1:50.2845 (1:15.0860) 3:05.8635 (1:15.5790)
11 Hurst, Freya	04	Queen's Gaels	3:13.92 36.6535 (36.6535) 1:55.2145 (1:18.5610) 3:13.9165 (1:18.7020)
12 Paquette, Jasmine	99	MontréalCarabins	3:14.71 36.9545 (36.9545) 1:54.8695 (1:17.9150) 3:14.7105 (1:19.8410)
13 Williams, Taylor	01	McGill	3:15.61 35.4975 (35.4975) 1:53.1605 (1:17.6630) 3:15.6045 (1:22.4440)
14 Hailer, Ann Kathrin	02	Queen's Gaels	3:16.43 37.2455 (37.2455) 1:55.9835 (1:18.7380) 3:16.4255 (1:20.4420)
15 Griffin, Haley	04	Ottawa Gee-Gees	3:19.78 36.7465 (36.7465) 1:55.7415 (1:18.9950) 3:19.7735 (1:24.0320)

Carleton Ravens U-Sport Last Chance - 2023-02-17 to 2023-02-18

Ottawa Lions U-16 Chilly Open

Louis-Riel Dome

Results

Women 1500 Meter Run Open

Dome (Open): 4:20.23 D 2013-03-02 Emma Galbraith

Dome (u20): 4:20.23 ! 2013-03-02 Emma Galbraith

Dome (u18): 4:30.56 * 2016-01-23 Shona McCulloch

Meet Record: 4:25.71 M 2017-02-18 Julie-Anne Staehli

USport AutoQ: 4:23.94 U

Name	Yr	Team	Finals
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Finals

1	Lavigne, Sabrina	99	Laval	4:35.85
	56.5232 (56.5232)	2:08.9982 (1:12.4750)	3:23.6642 (1:14.6660)	
	4:35.8492 (1:12.1850)			
2	Aglot, Murielle	96	MontréalCarabins	4:38.31
	56.2902 (56.2902)	2:08.7032 (1:12.4130)	3:23.3232 (1:14.6200)	
	4:38.3102 (1:14.9870)			
4	Faugier, Auxane	00	MontréalCarabins	4:50.43
	58.7912 (58.7912)	2:17.5262 (1:18.7350)	3:36.1132 (1:18.5870)	
	4:50.4262 (1:14.3130)			
5	Lacy, Sarah	04	Queen's Gaels	4:51.95
	57.4812 (57.4812)	2:14.1852 (1:16.7040)	3:32.2602 (1:18.0750)	
	4:51.9472 (1:19.6870)			
6	White, Joëlle	88	MontréalCarabins	4:54.61
	59.4942 (59.4942)	2:18.2142 (1:18.7200)	3:38.7152 (1:20.5010)	
	4:54.6072 (1:15.8920)			
8	MacDonald, Aria	03	Carleton Ravens	4:57.54
	59.1053 (59.1053)	2:19.0333 (1:19.9280)	3:40.9433 (1:21.9100)	
	4:57.5363 (1:16.5930)			
9	Brown, Katie	99	Concordia	4:58.89
	59.2242 (59.2242)	2:17.9422 (1:18.7180)	3:39.9412 (1:21.9990)	
	4:58.8892 (1:18.9480)			
10	Brackenbury, Claire	04	Queen's Gaels	4:58.97
	59.6672 (59.6672)	2:17.9952 (1:18.3280)	3:37.5232 (1:19.5280)	
	4:58.9652 (1:21.4420)			
11	Johnson, Hilary	04	Queen's Gaels	5:00.70
	59.7353 (59.7353)	2:22.3883 (1:22.6530)	3:44.9143 (1:22.5260)	
	5:00.6913 (1:15.7770)			
12	Kealy, Saoirse	01	Carleton Ravens	5:01.53
	58.9793 (58.9793)	2:19.6533 (1:20.6740)	3:42.0793 (1:22.4260)	
	5:01.5233 (1:19.4440)			
13	Taylor, Katherine	02	Queen's Gaels	5:01.69
	59.2142 (59.2142)	2:17.7572 (1:18.5430)	3:38.5452 (1:20.7880)	
	5:01.6892 (1:23.1440)			
14	Perry, Robyn	02	Queen's Gaels	5:01.99
	58.3262 (58.3262)	2:17.3912 (1:19.0650)	3:39.5532 (1:22.1620)	
	5:01.9852 (1:22.4320)			
15	Fowler, Kylee	03	Ottawa Gee-Gees	5:02.30
	58.7723 (58.7723)	2:19.3923 (1:20.6200)	3:41.8963 (1:22.5040)	
	5:02.2963 (1:20.4000)			
17	Stokes, Jasmine	04	Queen's Gaels	5:07.42
	5:07.4173 (5:07.4173)			
19	Griffin, Haley	04	Ottawa Gee-Gees	5:25.60
	1:01.2413 (1:01.2413)	2:28.0253 (1:26.7840)	3:59.5683 (1:31.5430)	
	5:25.5963 (1:26.0280)			

21	Savouré, Esther	99	Concordia	5:29.96
	1:01.8933 (1:01.8933)	2:28.9053 (1:27.0120)	3:59.8103 (1:30.9050)	
	5:29.9603 (1:30.1500)			
22	Brown, Madelyn	02	Concordia	5:32.00
	1:01.0063 (1:01.0063)	2:27.7873 (1:26.7810)	4:00.5333 (1:32.7460)	
	5:31.9933 (1:31.4600)			
23	Johnson, Marjorie	00	Maine	5:45.43
	1:04.2253 (1:04.2253)	2:33.2363 (1:29.0110)	4:08.4663 (1:35.2300)	
	5:45.4253 (1:36.9590)			

Women 3000 Meter Run Open

Dome (Open): 9:17.39 D 2017-02-18 Brogan MacDougall

Dome (u20): 9:17.39 ! 2017-02-18 Brogan MacDougall

Dome (u18): 9:17.39 * 2017-02-18 Brogan MacDougall

Meet Record: 9:17.39 M 2017-02-18 Brogan MacDougall

USport AutoQ: 9:33.10 U

Name	Yr	Team	Finals
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Finals

1	Garnier, Marine	00	MontréalCarabins	9:58.39
	40.5202 (40.5202)	2:02.3012 (1:21.7810)	3:21.7762 (1:19.4750)	
	4:40.4662 (1:18.6900)	5:59.6282 (1:19.1620)	7:19.9262 (1:20.2980)	
	8:41.6562 (1:21.7300)	9:58.3832 (1:16.7270)		
3	Lacy, Sarah	04	Queen's Gaels	10:30.70
	41.3712 (41.3712)	2:03.4202 (1:22.0490)	3:25.4142 (1:21.9940)	
	4:48.6532 (1:23.2390)	6:11.5502 (1:22.8970)	7:35.4692 (1:23.9190)	
	9:02.7372 (1:27.2680)	10:30.6972 (1:27.9600)		
4	Norman, Pippa	01	Carleton Ravens	10:38.70
	40.2782 (40.2782)	2:02.4732 (1:22.1950)	3:26.1382 (1:23.6650)	
	4:50.3542 (1:24.2160)	6:16.6982 (1:26.3440)	7:44.2782 (1:27.5800)	
	9:10.9352 (1:26.6570)	10:38.6992 (1:27.7640)		
5	Stokes, Jasmine	04	Queen's Gaels	10:59.12
	41.6432 (41.6432)	2:04.6282 (1:22.9850)	3:28.8802 (1:24.2520)	
	4:54.4382 (1:25.5580)	6:24.1342 (1:29.6960)	7:56.0322 (1:31.8980)	
	9:28.6192 (1:32.5870)	10:59.1202 (1:30.5010)		
6	Reynolds, Bryn	01	Carleton Ravens	11:18.17
	42.4702 (42.4702)	2:07.7822 (1:25.3120)	3:37.1382 (1:29.3560)	
	5:09.1372 (1:31.9990)	6:41.9122 (1:32.7750)	8:15.2912 (1:33.3790)	
	9:48.4452 (1:33.1540)	11:18.1682 (1:29.7230)		

Women 60 Meter Hurdles Open

Dome (Open): 8.49 D 2011-02-12 Ashlea Maddex

Dome (u20): 8.49 ! 2011-02-12 Ashlea Maddex

Dome (u18): 8.53 * 2015-12-19 Kiera Christie-Galloway

Meet Record: 8.55 M 2019-02-16 Farah Jacques

USport AutoQ: 8.49 U

Name	Yr	Team	Prelims
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Preliminaries

1	Blair, Hannah	00	Waterloo	8.99q
2	Courteau, Vienna	03	Ottawa Gee-Gees	9.10q
3	Lu Langley, Vanessa	02	McGill	9.26q
4	Corriveau-Tozzi, Laetitia	02	MontréalCarabins	9.27q
5	Lapolice, Stéphanie	99	Laval	9.84q
8	Landry, Abby	03	Ottawa Gee-Gees	10.15q
9	Cameron, Millie	04	York Lions	10.29q

Carleton Ravens U-Sport Last Chance - 2023-02-17 to 2023-02-18

Ottawa Lions U-16 Chilly Open

Louis-Riel Dome

Results

Preliminaries ... (Women 60 Meter Hurdles Open)			
Name	Yr	Team	Prelims
10 Ostertag, Coralie	02	Ottawa Gee-Gees	10.42q

Women 60 Meter Hurdles Open

Dome (Open): 8.49 D 2011-02-12 Ashlea Maddex
Dome (u20): 8.49 ! 2011-02-12 Ashlea Maddex
Dome (u18): 8.53 * 2015-12-19 Kiera Christie-Galloway
Meet Record: 8.55 M 2019-02-16 Farah Jacques
USport AutoQ: 8.49 U

Name	Yr	Team	Finals
Finals			
1 Lu Langley, Vanessa	02	McGill	9.15
2 Corriveau-Tozzi, Laetitia	02	MontréalCarabins	9.21
3 Courteau, Vienna	03	Ottawa Gee-Gees	9.33
4 Lapolice, Stéphanie	99	Laval	9.52
7 Cameron, Millie	04	York Lions	10.03
8 Landry, Abby	03	Ottawa Gee-Gees	10.24
9 Ostertag, Coralie	02	Ottawa Gee-Gees	10.42

Women 4x200 Meter Relay Open

Dome (Open): 1:40.28 D 2013-02-09 Ottawa Lions
Dome (u20): 1:40.28 ! 2013-02-09 Ottawa Lions
Meet Record: 1:41.58 M 2020-02-15 Universite Laval
USport AutoQ: 1:39.95 U

Team	Relay	Finals
Finals		
1 Waterloo Warriors	A	1:41.95
1) Clarke, Janelle 01	2) Blair, Hannah 00	
3) Fernandez, Brielle 02	4) Markovinovic, Celia 01	
50.5365 (50.5365)	1:41.9415 (51.4050)	
2 York Lions	A	1:42.61
1) Harris, Kimora 00	2) Broomfield, Alanah 00	
3) Ojo, Hillary 04	4) Quaidoo, Alexandra 03	
51.7765 (51.7765)	1:42.6035 (50.8270)	
3 Ottawa Gee-Gees	A	1:42.81
1) McCormik, Brooklyn 02	2) Manor, Katie 03	
3) Mahajan, Sia 02	4) Ogunremi, Doyin 02	
50.8345 (50.8345)	1:42.8045 (51.9700)	
4 Ottawa Gee-Gees	B	1:47.30
1) Ouangre, Sarah Firmie 03	2) Courteau, Vienna 03	
3) Banton-Lindsay, Kennedy 02	4) Ostertag, Coralie 02	
54.2365 (54.2365)	1:47.2945 (53.0580)	

Women 4x400 Meter Relay Open

Dome (Open): 3:44.53 D 2011-02-12 National Centre - Ottawa Selects
Meet Record: 3:55.95 M 2020-02-15 Universite de Sherbrook
USport AutoQ: 3:48.49 U

Team	Relay	Finals
Finals		
1 Ottawa Gee-Gees	A	3:54.50M
1) Manor, Katie 03	2) Ogunremi, Doyin 02	
3) McCormik, Brooklyn 02	4) Banton-Lindsay, Kennedy 02	
58.8051 (58.8051)	1:55.9701 (57.1650)	2:54.7511 (58.7810)
3:54.4981 (59.7470)		

2 York Lions	A	3:57.06
1) Heath, Jasmine 03	2) Ojo, Hillary 04	
3) Quaidoo, Alexandra 03	4) Murchison, Charlotte 04	
59.0541 (59.0541)	1:56.5231 (57.4690)	2:57.6681 (1:01.1450)
3:57.0591 (59.3910)		
4 Ottawa Gee-Gees	B	4:12.18
1) Cenac, Courtney 03	2) Mahajan, Sia 02	
3) Ostertag, Coralie 02	4) Brown, Taylor 03	
1:04.4121 (1:04.4121)	2:04.2651 (59.8530)	3:10.1311 (1:05.8660)
4:12.1711 (1:02.0400)		
5 Carleton Ravens	A	4:39.51
1) Kabongo, Kaylyne 04	2) Cross, Laura 04	
3) Kealy, Saoirse 01	4) MacDonald, Aria 03	
1:09.2311 (1:09.2311)	2:11.8641 (1:02.6330)	3:27.1731 (1:15.3090)
4:39.5051 (1:12.3320)		

Women 4x800 Meter Relay Open

Dome (Open): 9:04.82 D 2018-01-19 University of Ottawa
USport AutoQ: 9:00.71 U

Team	Relay	Finals
Finals		
1 Montréal Carabins	A	9:03.28D
1) Paquin, Geneviève 98	2) Champigny, Gabrielle 96	
3) Gagnon, Mariane 00	4) Aglot, Murielle 96	
1:04.6469 (1:04.6469)	2:10.7869 (1:06.1400)	3:16.3669 (1:05.5800)
4:32.6689 (1:16.3020)	5:36.0509 (1:03.3820)	6:47.6849 (1:11.6340)
7:53.1509 (1:05.4660)	9:03.2759 (1:10.1250)	
2 Ottawa Gee-Gees	A	10:22.46
1) Fowler, Kylee 03	2) Brown, Taylor 03	
3) Griffin, Haley 04	4) Tyman, Elana 03	
1:15.0849 (1:15.0849)	2:35.8459 (1:20.7610)	3:43.1929 (1:07.3470)
5:02.9669 (1:19.7740)	6:26.2619 (1:23.2950)	7:47.5229 (1:21.2610)
8:57.9289 (1:10.4060)	10:22.4589 (1:24.5300)	
3 Queen's Gaels	A	10:37.54
1) Parkins, Kara 00	2) Taylor, Katherine 02	
3) Lacy, Sarah 04	4) Stokes, Jasmine 04	
1:12.3809 (1:12.3809)	2:29.2569 (1:16.8760)	3:43.8619 (1:14.6050)
4:59.2039 (1:15.3420)	6:26.8079 (1:27.6040)	7:58.5109 (1:31.7030)
9:13.2839 (1:14.7730)	10:37.5369 (1:24.2530)	

Women High Jump Open

Dome (Open): 1.85m D 2020-01-20 Barbara Bitchoka
Dome (u20): 1.67m ! 2008-02-23 Ashlea Maddex
Dome (u18): 1.67m * 2008-02-23 Ashlea Maddex
Meet Record: 1.73m M 2019-02-16 Barbara Bitchoka
USport AutoQ: 1.71m U

Name	Yr	Team	Finals
Finals			
1 Markovinovic, Celia	01	Waterloo	1.66m
2 Cadieux, Isia	01	MontréalCarabins	1.55m
3 Corriveau-Tozzi, Laetitia	02	MontréalCarabins	J1.55m
4 Rimouche, Sabrina	97	MontréalCarabins	1.50m
5 Courteau, Vienna	03	Ottawa Gee-Gees	J1.50m
6 Lalonde, Ella	04	Ottawa Gee-Gees	1.45m
8 Herpe, Leslie	05	McGill	J1.45m

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Finals ... (Women High Jump Open)

Name	Yr	Team	Finals
9 Barr, Kathleen	00	Ottawa Gee-Gees	1.45m
10 Bernard, Kim	03	Maine	1.40m
13 Combs, Jessica	01	Maine	1.25m

Women Pole Vault Open

Dome (Open): 4.05m D 2011-03-05 Melanie Blouin
Dome (u20): 3.62m ! 2007-01-27 Ariane Beaumont-Courteau
Dome (u18): 3.62m * 2007-01-27 Ariane Beaumont-Courteau
Meet Record: 3.75m M 2020-02-15 Caroline Poirier
USport AutoQ: 3.83m U

Name	Yr	Team	Finals
Finals			
1 Lupien, Rosalie	00	McGill	3.30m
2 Landry, Abby	03	Ottawa Gee-Gees	2.85m
4 Ikhlef, Lina	01	McGill	2.25m

Women Long Jump Open

Dome (Open): 6.01m D 2013-02-09 Laurence Beaudet
Dome (u20): 5.58m ! 2010-05-19 Devyani Biswal
Dome (u18): 5.58m * 2010-05-19 Devyani Biswal
Meet Record: 5.77m M 2019-02-16 Rosalie Couturier
USport AutoQ: 5.89m U

Name	Yr	Team	Finals
Finals			
1 Damance, Lou	98	MontréalCarabins	5.55m
2 Clarke, Janelle	01	Waterloo	5.35m
3 Courteau, Vienna	03	Ottawa Gee-Gees	4.92m
4 Ouangre, Sarah Firmie	03	Ottawa Gee-Gees	4.91m
6 Sivachandran, Shankari	03	York Lions	4.63m
7 Paquette, Claudia	99	Laval	4.60m
8 Rimouche, Sabrina	97	MontréalCarabins	4.35m
9 Ahouma, Zaboro Maylis	01	MontréalCarabins	4.22m
10 Herpe, Leslie	05	McGill	4.07m
11 Lukashenkova Pellar, Sophie	03	McGill	3.81m

Women Triple Jump Open

Dome (Open): 11.90m D 2018-02-17 Valerie Kodo Ella
Dome (u20): 11.65m ! 2010-05-12 Julia Stille
Dome (u20): 11.65m ! 2010-04-29 Krista Dillon
Dome (u18): 11.65m * 2010-05-12 Julia Stille
Meet Record: 11.90m M 2018-02-17 Valerie Kodo Ella
USport AutoQ: 11.95m U

Name	Yr	Team	Finals
Finals			
1 Grandy, Heather	94	Ottawa Gee-Gees	11.12m
2 Moreland, Elizabeth	03	Ottawa Gee-Gees	11.04m
3 Damance, Lou	98	MontréalCarabins	10.93m
5 Sivachandran, Shankari	03	York Lions	10.78m
6 Lupien, Rosalie	00	McGill	9.70m
7 Lukashenkova Pellar, Sophie	03	McGill	8.53m
--- Dobson-Takoff, Emma	01	Ottawa Gee-Gees	FOUL
--- Ikhlef, Lina	01	McGill	FOUL

Women Shot Put Open

Dome (Open): 16.76m D 2016-01-23 Brittany Crew
Dome (u20): 13.47m ! 2017-02-18 Grace Tennant
Dome (u18): 13.44m * 2015-12-19 Linda Mbongo
Meet Record: 13.66m M 2020-02-15 Ivonne Coulibaly
USport AutoQ: 13.59m U

Name	Yr	Team	Finals
Finals			
1 Asiamah, Brianna	01	Ottawa Gee-Gees	12.41m
2 Burton, Georgia	03	Maine	11.42m
3 Gyamfi, Jessica	04	Ottawa Gee-Gees	11.10m
4 Thompson, Abbi	99	Maine	9.67m
5 Ikhlef, Lina	01	McGill	9.48m
6 Valadez, Dom	00	Maine	9.36m
7 Agyekum, Maya	98	MontréalCarabins	9.18m
9 Villeneuve, Ella	03	McGill	8.89m
11 Picard, Olivia	01	Maine	8.63m
12 Williams, Kendal	03	Carleton Ravens	8.61m
13 Fairclough, Calyse	04	Carleton Ravens	8.51m
14 Traoré, Houria	03	MontréalCarabins	8.36m
15 Canguio, Soryne	04	MontréalCarabins	7.87m
16 Johnson, Rachel	00	Maine	7.66m
17 White, Joëlle	88	MontréalCarabins	6.89m
18 Martin, Madi	03	Maine	6.80m

Women Weight Throw Open

Dome (Open): 21.19m D 2016-12-17 Sultana Frizell
Dome (u20): 14.97m ! 2007-12-15 Annie Larose
Dome (u18): 13.78m * 2015-02-21 Tanya Coulter
Meet Record: 18.21m M 2019-02-16 Ariane Dubois
USport AutoQ: 17.07m U

Name	Yr	Team	Finals
Finals			
1 Thompson, Abbi	99	Maine	11.94m
2 Villeneuve, Ella	03	McGill	11.76m
3 Williams, Kendal	03	Carleton Ravens	11.70m
4 Valadez, Dom	00	Maine	11.32m
5 Agyekum, Maya	98	MontréalCarabins	10.71m
6 Burton, Georgia	03	Maine	10.55m
7 Picard, Olivia	01	Maine	10.02m
8 Canguio, Soryne	04	MontréalCarabins	9.35m
9 Johnson, Rachel	00	Maine	8.01m
9 Martin, Madi	03	Maine	8.01m
11 Traoré, Houria	03	MontréalCarabins	7.39m

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Men 60 Meter Dash Open

Dome (Open): 6.62 D 2010-02-13 Sam Effah
Dome (u20): 6.79 ! 2008-12-20 Aaron Bowman
Dome (u18): 6.79 * 2008-12-20 Aaron Bowman
Meet Record: 6.81 M 2019-02-16 Lucanus Robinson
USport AutoQ: 6.83 U

Name	Yr	Team	Prelims
Preliminaries			
1 Onyemah, Immanuel	00	Waterloo	U 6.82q
10 Bisson, Philippe	98	MontréalCarabins	7.10q
11 Ogunrinde, Oluwapelumi	02	York Lions	7.11q
15 Asemota, David	04	York Lions	7.18
17 Baranoski, Lucas	03	Waterloo	7.20
19 Percopo, Ricardo	00	McGill	7.24
21 Jackson, Kejean	97	York Lions	7.24
23 Crooks, Alexander	03	McGill	7.33
27 Wright, Brian	01	Maine	7.35
31 Briggs, Eferemo	01	Concordia	7.40
35 Nonez, Fabrice	02	Ottawa Gee-Gees	7.43
36 Downs, Champion	99	York Lions	7.43
38 Polidori, Gabriele	97	MontréalCarabins	7.49
39 Railton, Maxx	02	McGill	7.50
43 Duquette, Simon	03	McGill	7.61
45 Schulz, Mark	99	McGill	7.63
45 Duquette, Mathieu	01	MontréalCarabins	7.63
51 Cruji, Braeden	02	Ottawa Gee-Gees	7.80
53 Mimeault, Matthew	98	Concordia	7.91

Men 60 Meter Dash Open

Dome (Open): 6.62 D 2010-02-13 Sam Effah
Dome (u20): 6.79 ! 2008-12-20 Aaron Bowman
Dome (u18): 6.79 * 2008-12-20 Aaron Bowman
Meet Record: 6.81 M 2019-02-16 Lucanus Robinson
USport AutoQ: 6.83 U

Name	Yr	Team	Finals
Finals			
1 Onyemah, Immanuel	00	Waterloo	6.78M
10 Bisson, Philippe	98	MontréalCarabins	7.04
11 Ogunrinde, Oluwapelumi	02	York Lions	7.15

Men 300 Meter Dash Open

Dome (Open): 33.21 D 2009-01-17 Michael Robertson
Dome (u20): 33.94 ! 2008-01-19 Michael Robertson
Dome (u18): 34.57 * 2006-12-16 Michael Robertson
Meet Record: 33.39 M 2020-02-15 Marcus Penaloza
USport AutoQ: 33.89 U

Name	Yr	Team	Finals
Finals			
1 Penaloza-Abankwah, Marcus	98	Guelph Gryphons	33.84U
5 Khelifa, Azer	97	MontréalCarabins	34.40
6 Bisson, Philippe	98	MontréalCarabins	34.70
7 Teal, Carter	02	Guelph Gryphons	34.78
12 Davis, Richard	02	Guelph Gryphons	35.51

16 Crooks, Alexander	03	McGill	35.60
18 Medouni, Alexandre	00	MontréalCarabins	35.67
21 Pinnock, Michael	00	Carleton Ravens	35.95
22 Percopo, Ricardo	00	McGill	35.98
24 Bellemare, Félix	99	MontréalCarabins	36.11
26 Clark, Liam	99	Waterloo	36.15
30 Briggs, Eferemo	01	Concordia	36.43
35 Railton, Maxx	02	McGill	36.91
37 Duquette, Mathieu	01	MontréalCarabins	37.03
38 Sanvi, Ohini Yanis	99	MontréalCarabins	37.09
40 Ippet, Louis Nicolas Honori	96	MontréalCarabins	37.41
47 Duquette, Simon	03	McGill	38.43
49 Polidori, Gabriele	97	MontréalCarabins	38.63

Men 600 Meter Run Open

Dome (Open): 1:17.32 D 2019-02-17 Mohand Zine-Khelaf
Dome (u20): 1:18.45 ! 2008-12-13 Michael Robertson
Dome (u18): 1:19.80 * 2011-12-17 Mathieu Sturkenboom
Meet Record: 1:17.32 M 2019-02-17 Mohand Zine-Khelaf
USport AutoQ: 1:19.10 U

Name	Yr	Team	Finals
Finals			
1 Popejoy, Dylan	03	Dalhousie Tigers	1:19.51
25.4063 (25.4063)	1:19.5053 (54.0990)		
2 Geiger, Markus	01	McGill	1:19.83
25.2343 (25.2343)	1:19.8253 (54.5910)		
3 Slythe-Léveillé, Gabriel	93	MontréalCarabins	1:19.91
25.5710 (25.5710)	1:19.9040 (54.3330)		
7 Zanetti, Lucas	00	Ottawa Gee-Gees	1:20.72
25.8753 (25.8753)	1:20.7153 (54.8400)		
9 Samson, Gabriel	99	MontréalCarabins	1:21.03
26.5450 (26.5450)	1:21.0240 (54.4790)		
11 Khelif, Mohand Zine	98	MontréalCarabins	1:22.03
25.9960 (25.9960)	1:22.0300 (56.0340)		
13 Moulougou, David	03	Ottawa Gee-Gees	1:22.48
25.0623 (25.0623)	1:22.4733 (57.4110)		
14 Danson, Sebastian	01	McGill	1:22.55
26.1833 (26.1833)	1:22.5453 (56.3620)		
15 Mahan, Lachlan	02	Carleton Ravens	1:23.21
26.2806 (26.2806)	1:23.2036 (56.9230)		
17 Faucher, Antoine	99	MontréalCarabins	1:23.61
25.3116 (25.3116)	1:23.6036 (58.2920)		
19 Kukla-Colby, Thomas	04	Ottawa Gee-Gees	1:24.15
25.0586 (25.0586)	1:24.1436 (59.0850)		
20 Déziel, Félix	03	Sherbrooke Vert	1:25.14
26.8036 (26.8036)	1:25.1386 (58.3350)		
21 Ippet, Louis Nicolas Honori	96	MontréalCarabins	1:25.24
25.2746 (25.2746)	1:25.2386 (59.9640)		
22 Hayes, Jackson	03	Queen's Gaels	1:25.36
26.9046 (26.9046)	1:25.3546 (58.4500)		
26 Loftus, Kynan	04	Queen's Gaels	1:28.71
29.7112 (29.7112)	1:28.7072 (58.9960)		
27 Thomas, Kanique	03	Carleton Ravens	1:29.06
29.3332 (29.3332)	1:29.0522 (59.7190)		

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Finals ... (Men 600 Meter Run Open)

Name	Yr	Team	Finals
29 Huot-Richer, Félix	01	MontréalCarabins	1:33.47
30.0252 (30.0252)	1:33.4692 (1:03.4440)		
--- Mama-Yari, Zakary	98	MontréalCarabins	DNF
26.2030 (26.2030)			
--- Aber, Yassine	96	MontréalCarabins	DNF
25.3440 (25.3440)			

Men 1000 Meter Run Open

Dome (Open): 2:24.62 D 2020-01-20 Kevin Robertson

Dome (u20): 2:27.90 ! 2011-02-12 Yves Sikubwabo

Dome (u18): 2:30.72 * 2015-12-19 Nijib El Andaloussi

Meet Record: 2:28.54 M 2016-02-20 Sacha Plante-Dubé

USport AutoQ: 2:23.29 U

Name	Yr	Team	Finals
1 Khelif, Mohand Zine	98	MontréalCarabins	2:26.62M
30.0177 (30.0177)	1:26.2717 (56.2540)	2:26.6127 (1:00.3410)	
2 Quirion, Félix	01	Sherbrooke Vert	2:28.41M
30.5027 (30.5027)	1:27.8087 (57.3060)	2:28.4097 (1:00.6010)	
3 Roy, Jeremie	96	Sherbrooke Vert	2:28.75
30.2557 (30.2557)	1:28.0247 (57.7690)	2:28.7417 (1:00.7170)	
8 Parent, Fred	03	Ottawa Gee-Gees	2:36.62
31.7954 (31.7954)	1:35.0954 (1:03.3000)	2:36.6124 (1:01.5170)	
9 Hayes, Jackson	03	Queen's Gaels	2:36.86
31.5494 (31.5494)	1:36.0184 (1:04.4690)	2:36.8594 (1:00.8410)	
10 Larocque, Andre	02	Queen's Gaels	2:37.89
31.6564 (31.6564)	1:35.5114 (1:03.8550)	2:37.8834 (1:02.3720)	
11 Comber, Zach	00	Queen's Gaels	2:38.36
32.2754 (32.2754)	1:36.6134 (1:04.3380)	2:38.3604 (1:01.7470)	
14 Lavallee, James	97	Concordia	2:43.07
29.9244 (29.9244)	1:36.6464 (1:06.7220)	2:43.0654 (1:06.4190)	
15 Strachan, Jeremy	04	Queen's Gaels	2:46.44
32.3184 (32.3184)	1:37.8114 (1:05.4930)	2:46.4364 (1:08.6250)	
17 Pilette, Alex	01	Maine	3:32.87
36.0014 (36.0014)	2:03.8474 (1:27.8460)	3:32.8684 (1:29.0210)	

Men 1500 Meter Run Open

Dome (Open): 3:45.89 D 2015-02-21 Alex Wilkie

Dome (u20): 3:50.55 ! 2011-02-12 Yves Sikubwabo

Dome (u18): 3:56.50 * 2012-12-15 Adam Richardson

Meet Record: 3:45.89 M 2015-02-21 Alex Wilkie

USport AutoQ: 3:45.43 U

Name	Yr	Team	Finals
2 Abdullahi, Abdullahi	01	York Lions	3:55.69
49.2893 (49.2893)	1:52.0813 (1:02.7920)	2:54.7983 (1:02.7170)	
3:55.6873 (1:00.8890)			
3 Laviolette, Thomas	00	MontréalCarabins	3:55.72
49.8783 (49.8783)	1:52.0273 (1:02.1490)	2:53.9543 (1:01.9270)	
3:55.7113 (1:01.7570)			
5 Alie-Lamarche, Andre	99	Ottawa Gee-Gees	3:57.41
49.0363 (49.0363)	1:51.2993 (1:02.2630)	2:53.7783 (1:02.4790)	
3:57.4013 (1:03.6230)			

6 Secheyron, Tom	01	McGill	3:57.45
50.2043 (50.2043)	1:52.8363 (1:02.6320)	2:56.0213 (1:03.1850)	
3:57.4463 (1:01.4250)			
7 Trudeau Perron, Marc-André	00	MontréalCarabins	3:57.65
50.3583 (50.3583)	1:52.4653 (1:02.1070)	2:54.8143 (1:02.3490)	
3:57.6503 (1:02.8360)			
12 Chapple, Devin	03	McGill	4:06.42
50.0433 (50.0433)	1:53.6973 (1:03.6540)	2:58.0603 (1:04.3630)	
4:06.4143 (1:08.3540)			
13 Abanto Enns, Nicolas	98	Ottawa Gee-Gees	4:10.80
50.0739 (50.0739)	1:58.3259 (1:08.2520)	3:08.7849 (1:10.4590)	
4:10.7999 (1:02.0150)			
15 Miller, Alexander	03	McGill	4:11.39
50.7329 (50.7329)	1:58.9769 (1:08.2440)	3:08.0879 (1:09.1110)	
4:11.3889 (1:03.3010)			
18 Larocque, Andre	02	Queen's Gaels	4:13.16
51.3689 (51.3689)	1:59.1719 (1:07.8030)	3:08.4019 (1:09.2300)	
4:13.1519 (1:04.7500)			
19 Graham, Lucas	03	Concordia	4:13.16
49.2851 (49.2851)	1:58.2271 (1:08.9420)	3:07.4901 (1:09.2630)	
4:13.1591 (1:05.6690)			
20 Blasczyk, Augustin	04	MontréalCarabins	4:13.56
50.3039 (50.3039)	1:58.5949 (1:08.2910)	3:08.2119 (1:09.6170)	
4:13.5579 (1:05.3460)			
21 Gars, Nathan	04	MontréalCarabins	4:13.60
48.5421 (48.5421)	1:57.1711 (1:08.6290)	3:07.2901 (1:10.1190)	
4:13.5961 (1:06.3060)			
24 Connelly, James	02	Queen's Gaels	4:15.33
51.9879 (51.9879)	2:00.0779 (1:08.0900)	3:09.1329 (1:09.0550)	
4:15.3249 (1:06.1920)			
25 Li, Andy (shengan)	98	Queen's Gaels	4:19.19
48.3311 (48.3311)	1:57.3491 (1:09.0180)	3:07.0651 (1:09.7160)	
4:19.1881 (1:12.1230)			
26 Parent, Fred	03	Ottawa Gee-Gees	4:19.37
51.7219 (51.7219)	2:01.1129 (1:09.3910)	3:12.2389 (1:11.1260)	
4:19.3649 (1:07.1260)			
27 Demarbre, Loic	01	MontréalCarabins	4:19.71
49.5381 (49.5381)	1:58.6121 (1:09.0740)	3:09.2651 (1:10.6530)	
4:19.7081 (1:10.4430)			
28 Meraw, Nathan	01	Ottawa Gee-Gees	4:20.08
49.4851 (49.4851)	1:59.3031 (1:09.8180)	3:10.3551 (1:11.0520)	
4:20.0781 (1:09.7230)			
29 Woehl, Adam	03	Queen's Gaels	4:23.35
55.3893 (55.3893)	2:05.8783 (1:10.4890)	3:16.7403 (1:10.8620)	
4:23.3443 (1:06.6040)			
30 Turgeon, Zacharie	02	Concordia	4:28.67
49.8941 (49.8941)	2:00.9791 (1:11.0850)	3:16.3691 (1:15.3900)	
4:28.6611 (1:12.2920)			
33 Beach, Evan	04	Ottawa Gee-Gees	4:33.96
50.0131 (50.0131)	2:01.2211 (1:11.2080)	3:16.7981 (1:15.5770)	
4:33.9551 (1:17.1570)			
35 Strachan, Jeremy	04	Queen's Gaels	4:36.29
55.6583 (55.6583)	2:07.3153 (1:11.6570)	3:21.7393 (1:14.4240)	
4:36.2883 (1:14.5490)			

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Results

Finals ... (Men 1500 Meter Run Open)

Name	Yr	Team	Finals
36 Cinq-Mars, Félix	02	Concordia	4:37.39
54.4843 (54.4843)	2:09.7883 (1:15.3040)	3:25.6663 (1:15.8780)	
4:37.3813 (1:11.7150)			
37 Bruce, Cameron	01	Carleton Ravens	4:48.59
56.4643 (56.4643)	2:13.4523 (1:16.9880)	3:36.1573 (1:22.7050)	
4:48.5903 (1:12.4330)			
--- Mama-Yari, Zakary	98	MontréalCarabins	DNF
49.3663 (49.3663)	50.6093 (1.2430)	1:51.6023 (1:00.9930)	

Men 3000 Meter Run Open

Dome (Open): 8:17.27 D 2023-01-21 Blair Morgan
Dome (u20): 8:20.54 ! 2011-01-15 Yves Sikubwabo
Dome (u18): 8:34.36 * 2010-11-20 Adam Palamar
Meet Record: 8:22.66 M 2016-02-20 Alex Berhe
USport AutoQ: 8:01.59 U

Name	Yr	Team	Finals
7 Abanto Enns, Nicolas	98	Ottawa Gee-Gees	8:51.69
33.8607 (33.8607)	1:45.8877 (1:12.0270)	2:56.8787 (1:10.9910)	
4:07.9757 (1:11.0970)	5:20.7267 (1:12.7510)	6:34.3387 (1:13.6120)	
7:47.7527 (1:13.4140)	8:51.6827 (1:03.9300)		
9 Coolican, Dan	03	Queen's Gaels	9:03.25
34.6407 (34.6407)	1:46.1937 (1:11.5530)	2:57.1757 (1:10.9820)	
4:05.9007 (1:08.7250)	5:19.5637 (1:13.6630)	6:34.8447 (1:15.2810)	
7:49.9187 (1:15.0740)	9:03.2457 (1:13.3270)		
10 Sikka, Zachary	04	Ottawa Gee-Gees	9:05.40
35.2584 (35.2584)	1:48.5574 (1:13.2990)	3:02.6644 (1:14.1070)	
4:15.7094 (1:13.0450)	5:28.8914 (1:13.1820)	6:43.6504 (1:14.7590)	
7:58.2904 (1:14.6400)	9:05.3994 (1:07.1090)		
14 Li, Andy (shengan)	98	Queen's Gaels	9:09.12
35.1154 (35.1154)	1:48.4194 (1:13.3040)	3:02.5464 (1:14.1270)	
4:15.5744 (1:13.0280)	5:29.1274 (1:13.5530)	6:43.1144 (1:13.9870)	
7:56.7584 (1:13.6440)	9:09.1124 (1:12.3540)		
17 Connelly, James	02	Queen's Gaels	9:16.84
34.9924 (34.9924)	1:48.2824 (1:13.2900)	3:02.4334 (1:14.1510)	
4:16.0994 (1:13.6660)	5:29.9954 (1:13.8960)	6:44.8554 (1:14.8600)	
8:02.2434 (1:17.3880)	9:16.8324 (1:14.5890)		
22 Pilette, Alex	01	Maine	12:51.49
38.1724 (38.1724)	2:10.0274 (1:31.8550)	3:56.2194 (1:46.1920)	
5:41.7354 (1:45.5160)	7:30.4274 (1:48.6920)	9:20.4194 (1:49.9920)	
11:11.3194 (1:50.9000)	12:51.4894 (1:40.1700)		

Men 60 Meter Hurdles Open

Dome (Open): 7.96 D 2008-01-12 Charles Allen
Dome (u20): 8.14 ! 2012-03-03 Gabriel Slythe-Leveille
Dome (u18): 8.26 * 2008-12-20 Oluwasegun Makinde
Meet Record: 8.32 M 2020-02-15 Matthew Daly
USport AutoQ: 8.09 U

Name	Yr	Team	Prelims
1 Laganière, Mathis	02	Laval	8.57q
2 Lapointe, Émile	03	MontréalCarabins	9.22q

3 McGonigal, Kilty	01	McGill	9.24q
4 Nonez, Fabrice	02	Ottawa Gee-Gees	9.35q
5 Brewer, Jordan	03	Maine	10.45q

Men 60 Meter Hurdles Open

Dome (Open): 7.96 D 2008-01-12 Charles Allen
Dome (u20): 8.14 ! 2012-03-03 Gabriel Slythe-Leveille
Dome (u18): 8.26 * 2008-12-20 Oluwasegun Makinde
Meet Record: 8.32 M 2020-02-15 Matthew Daly
USport AutoQ: 8.09 U

Name	Yr	Team	Finals
1 Lapointe, Émile	03	MontréalCarabins	8.33
2 Laganière, Mathis	02	Laval	8.54
3 Nonez, Fabrice	02	Ottawa Gee-Gees	8.88
4 McGonigal, Kilty	01	McGill	9.36

Men 4x200 Meter Relay Open

Dome (Open): 1:25.28 D 2012-02-11 University of Ottawa
Meet Record: 1:28.14 M 2019-02-16 Universite Laval
USport AutoQ: 1:27.53 U

Team	Relay	Finals
1 Waterloo Warriors	A	1:28.41
1) Onyemah, Immanuel 00	2) Thompson, Aaron 98	
3) Clark, Liam 99	4) Smith, Ben 02	
44.1885 (44.1885)	1:28.4055 (44.2170)	
2 Montréal Carabins	A	1:29.20
1) Bisson, Philippe 98	2) Khelifa, Azer 97	
3) Bellemare, Félix 99	4) Renélique, Taylor 99	
44.7595 (44.7595)	1:29.1925 (44.4330)	
3 York Lions	A	1:31.22
1) Ogunrinde, Oluwapelumi 02	2) Downs, Champion 99	
3) Moustafa, Ibrahim 95	4) Jackson, Kejean 97	
46.1955 (46.1955)	1:31.2175 (45.0220)	
4 Carleton Ravens	A	1:36.03
1) Chilima, Samuel 04	2) Pinnock, Michael 00	
3) Thomas, Kaniq 03	4) Mahan, Lachlan 02	
47.4665 (47.4665)	1:36.0275 (48.5610)	

Men 4x400 Meter Relay Open

Dome (Open): 3:07.71 D 2011-02-12 National Centre - Ottawa Selects
Meet Record: 3:14.79 M 2020-02-15 University of Toronto
USport AutoQ: 3:17.19 U

Team	Relay	Finals
2 Ottawa Gee-Gees	A	3:19.15
1) Nonez, Fabrice 02	2) Kukla-Colby, Thomas 04	
3) Zanetti, Lucas 00	4) Moulougou, David 03	
50.6118 (50.6118)	1:40.6238 (50.0120)	2:30.6068 (49.9830)
3:19.1418 (48.5350)		

Carleton Ravens U-Sport Last Chance - 2023-02-17 to 2023-02-18

Ottawa Lions U-16 Chilly Open

Louis-Riel Dome

Results

Finals ... (Men 4x400 Meter Relay Open)

Team	Relay	Finals
3 York Lions	A	3:19.70
1) Costa, Philip 00	2) Taffese, Nathanael 02	
3) Moustafa, Ibrahim 95	4) Richards, Matthew 02	
50.5308 (50.5308)	1:39.9118 (49.3810)	2:30.1678 (50.2560)
3:19.6938 (49.5260)		
4 Waterloo Warriors	A	3:19.86
1) Smith, Ben 02	2) Baranoski, Lucas 03	
3) Lemon, Ben 03	4) Clark, Liam 99	
50.1358 (50.1358)	1:40.4168 (50.2810)	2:30.7238 (50.3070)
3:19.8608 (49.1370)		
5 McGill	A	3:20.93
51.2238 (51.2238)	1:41.7658 (50.5420)	2:32.0398 (50.2740)
3:20.9278 (48.8880)		
6 Laval Rouge-et-Or	A	3:21.15
50.5008 (50.5008)	1:40.3078 (49.8070)	2:30.9588 (50.6510)
3:21.1428 (50.1840)		
7 McGill	B	3:21.87
50.2180 (50.2180)	1:40.3750 (50.1570)	2:30.8420 (50.4670)
3:21.8650 (51.0230)		
13 Concordia Stingers	A	3:45.73
53.2080 (53.2080)	1:49.0750 (55.8670)	2:50.6740 (1:01.5990)
3:45.7220 (55.0480)		

Men 4x800 Meter Relay Open

Dome (Open): 7:40.71 D 2007-02-03 Universite de Sherbrooke

USport AutoQ: 7:53.88 U

Team	Relay	Finals
1 Montréal Carabins	A	7:34.43D
1) Mama-Yari, Zakary 98	2) Slythe-Léveillé, Gabriel 93	
3) Aber, Yassine 96	4) Khelaf, Mohand Zine 98	
57.0743 (57.0743)	1:56.7333 (59.6590)	2:50.2013 (53.4680)
3:47.2463 (57.0450)	4:40.7443 (53.4980)	5:40.2863 (59.5420)
6:35.5423 (55.2560)	7:34.4213 (58.8790)	
2 Sherbrooke Vert-et-Or	A	7:38.05D
1) Roy, Jeremie 96	2) Richard, Mathis 02	
3) Quirion, Félix 01	4) Anku, Micael 00	
58.0873 (58.0873)	1:56.6733 (58.5860)	2:50.6123 (53.9390)
3:48.3793 (57.7670)	4:43.4553 (55.0760)	5:43.8033 (1:00.3480)
6:38.4963 (54.6930)	7:38.0413 (59.5450)	
3 Ottawa Gee-Gees	A	8:25.16
1) Westbrook, Gavin 98	2) Parent, Fred 03	
3) Benda, Max 04	4) Sikka, Zachary 04	
1:00.3273 (1:00.3273)	2:05.7193 (1:05.3920)	3:02.4283 (56.7090)
4:05.9313 (1:03.5030)	5:03.6613 (57.7300)	6:13.9513 (1:10.2900)
7:18.0153 (1:04.0640)	8:25.1553 (1:07.1400)	
5 Queen's Gaels	A	10:53.04
1) Connelly, James 02	2) Li, Andy (shengan) 98	
3) Brackenbury, Miles 01	4) Wheeler-Dee, Jude 03	
1:28.4063 (1:28.4063)	2:56.6463 (1:28.2400)	4:17.3693 (1:20.7230)
5:48.0893 (1:30.7200)	6:56.6323 (1:08.5430)	8:09.2473 (1:12.6150)
9:29.4453 (1:20.1980)	10:53.0313 (1:23.5860)	

Men High Jump Open

Dome (Open): 2.13m D 2018-01-20 Ryad Selloum

Dome (u20): 2.09m ! 2014-04-10 Leaugen Fray

Dome (u18): 1.97m * 2010-05-13 David Nsabua

Meet Record: 2.08m M 2019-02-16 Hans Lafleur

USport AutoQ: 2.05m U

Name	Yr	Team	Finals
Finals			
1 Senechal-Becker, Thomas	03	Ottawa Gee-Gees	2.15mD
5 Duniya, Jesse	00	Concordia	1.80m
9 Brewer, Jordan	03	Maine	1.55m
11 Yongoua Wako, Doni	02	Ottawa Gee-Gees	1.45m

Men Pole Vault Open

Dome (Open): 5.10m D 2015-12-02 John Zubycyk

Dome (u20): 4.45m ! 2006-02-19 Andrew Debus

Dome (u18): 4.15m * 2013-02-09 Zachary Kerr

Meet Record: 4.60m M 2018-02-17 Telvin Tavernier

USport AutoQ: 4.87m U

Name	Yr	Team	Finals
Finals			
1 Gregoire, Olivier	02	McGill	4.20m

Men Long Jump Open

Dome (Open): 7.52m D 2011-02-12 Oluseyi Smith

Dome (u20): 7.07m ! 2010-04-06 David Nsabua

Dome (u18): 7.07m * 2010-04-06 David Nsabua

Meet Record: 7.20m M 2020-02-15 Bryson Patterson

USport AutoQ: 7.18m U

Name	Yr	Team	Finals
Finals			
6 Wright, Brian	01	Maine	5.87m
7 Girouard, Charles	00	MontréalCarabins	5.85m
8 Solomon, Analdo	96	Maine	5.74m
9 Ngankoy, Jean Marcellin	00	MontréalCarabins	5.65m
10 Barriau, Jules	01	McGill	5.25m
11 Yongoua Wako, Doni	02	Ottawa Gee-Gees	5.12m

Men Triple Jump Open

Dome (Open): 14.94m D 2013-03-03 David Nsabua

Dome (u20): 14.94m ! 2013-03-03 David Nsabua

Dome (u18): 14.23m * 2010-03-31 David Nsabua

Meet Record: 14.04m M 2016-02-20 Bryson Patterson

USport AutoQ: 14.97m U

Name	Yr	Team	Finals
Finals			
2 Stathis, Mackenzie	01	McGill	14.05mM
3 Nuraddeen, Adam	99	Carleton Ravens	13.61m
4 Solomon, Analdo	96	Maine	12.34m
6 Girouard, Charles	00	MontréalCarabins	11.13m

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Ottawa Lions U-16 Chilly Open

Louis-Riel Dome

Results

Men Shot Put Open**Dome (Open): 15.65m D 2011-02-12 Brandon Deslauriers****Dome (u20): 15.60m ! 2020-02-12 Brandon Ovington****Dome (u18): 17.34m * 2018-01-20 Lucas Woodhall****Meet Record: 14.30m M 2020-02-15 Andre Hendricks****USport AutoQ: 15.61m U**

	Name	Yr	Team	Finals
Finals				
1	Fraser, Connor	04	Carleton Ravens	13.96m
2	Cruji, Braeden	02	Ottawa Gee-Gees	10.65m
4	Haddad, Philippe	99	McGill	10.36m
6	Iggoute, Younes	95	Maine	9.52m
7	Duquette, Mathieu	01	MontréalCarabins	9.40m
8	Young, Patrick	01	McGill	9.32m
9	Denis, Xavier	01	Maine	9.23m
10	Pierce, Andrew	03	Maine	8.58m

Men Weight Throw Open**Dome (Open): 19.80m D 2012-02-11 Jason Baines****Dome (u20): 14.97m ! 2016-01-23 Drew Erskine****Dome (u18): 18.27m * 2018-02-17 Cedric Rolland****Meet Record: 18.70m M 2020-02-15 Jean Philippe****USport AutoQ: 16.80m U**

	Name	Yr	Team	Finals
Finals				
2	Paris, Félix-Antoine	99	Laval	16.83mU
3	Peldjak, Kaiden	02	Carleton Ravens	11.71m
5	Young, Patrick	01	McGill	10.20m
6	Iggoute, Younes	95	Maine	9.87m
7	Denis, Xavier	01	Maine	8.45m
8	Pierce, Andrew	03	Maine	8.41m