

Raven U-Sport Last Chance Invitational - 2/16/2019

Raven U-Sport Last Chance Invitational

Louis Riel Dome

Results

Girls 60 Meter Dash Under 16

Name	Yr	Team	Finals
Finals			
1 Ogedengbe, Christwill	05	Ottawa Lions	8.50
2 Stefani, Angelica	05	Ottawa Lions	8.58
3 Sharp, Samantha	04	Ottawa Lions	8.83
4 Gillan, Sarah	04	Kingston Tra	8.91
5 Fuchs, Bailey	03	Kingston Tra	9.05
6 Cunningham, Teeshie	05	Ottawa Lions	9.15
7 Harris, Andie	05	National Cap	9.28
8 Tomsic, Molly	05	Ottawa Lions	9.32
9 Hurst, Zadi		Ottawa Lions	9.52
10 Nunes, Julia	06	Ottawa Lions	9.91
11 Pound, Noemie	06	Ottawa Lions	11.00
12 Outaleb, Kahina		Ottawa Lions	11.47

Girls 150 Meter Run Under 16

Name	Yr	Team	Finals
Finals			
1 Stefani, Angelica	05	Ottawa Lions	20.93
2 Ogedengbe, Christwill	05	Ottawa Lions	20.94
3 Sharp, Samantha	04	Ottawa Lions	21.34
4 Dimov, Maria	05	Ottawa Lions	21.46
5 Fuchs, Bailey	03	Kingston Tra	21.87
6 Gillan, Sarah	04	Kingston Tra	21.93
7 Cunningham, Teeshie	05	Ottawa Lions	23.08
8 Tomsic, Molly	05	Ottawa Lions	23.25
9 Hurst, Zadi		Ottawa Lions	23.63
10 Pound, Noemie	06	Ottawa Lions	26.63

Girls 800 Meter Run Under 16

Name	Yr	Team	Finals
Finals			
1 Bradley, Cassidy	04	Ottawa Lions	2:31.66
1:10.5331 (1:10.5331)	2:31.6573 (1:21.1242)		
2 Murchison, Charlotte	04	Ottawa Lions	2:35.48
1:13.3931 (1:13.3931)	2:35.4731 (1:22.0800)		
3 Hurst, Freya	03	Ottawa Lions	2:37.57
1:16.1826 (1:16.1826)	2:37.5658 (1:21.3832)		
4 Harris, Andie	05	National Cap	2:45.62
1:17.7405 (1:17.7405)	2:45.6131 (1:27.8726)		
5 Godbille-Cardona, Marisol	04	Kingston Tra	2:47.62
1:17.0721 (1:17.0721)	2:47.6184 (1:30.5463)		
6 Greer, Rebecca	04	Ottawa Lions	2:57.54
1:22.7542 (1:22.7542)	2:57.5384 (1:34.7842)		
7 Lewis, Lilly	04	Seaway - Iro	2:59.81
1:22.2300 (1:22.2300)	2:59.8037 (1:37.5737)		
8 Murchison, Juliette	07	Ottawa Lions	3:04.22
1:28.1216 (1:28.1216)	3:04.2205 (1:36.0989)		
9 Strader, Maya	05	Ottawa Lions	3:17.17
1:28.4163 (1:28.4163)	3:17.1647 (1:48.7484)		

Girls 2000 Meter Run Under 16

Name	Yr	Team	Finals
Finals			
1 Honegger, Isabelle	04	Ottawa Lions	7:35.68
2 Greer, Rebecca	04	Ottawa Lions	8:07.89

Girls 60 Meter Hurdles 30" Barriers Under 16

Name	Yr	Team	Finals
Finals			
1 Bah, Amie	03	Ottawa Lions	10.42
2 Naveang-Plouffe, Anne-Marie	04	Ottawa Lions	10.52
3 Dimov, Maria	05	Ottawa Lions	11.58
4 Godbille-Cardona, Marisol	04	Kingston Tra	11.95
5 Ostertag, Coralie	02	Ottawa Lions	11.97
6 St Amant, Avery	05	National Cap	12.28
7 Murchison, Charlotte	04	Ottawa Lions	12.41
8 Fuchs, Bailey	03	Kingston Tra	12.83

Girls High Jump Under 16

Name	Yr	Team	Finals
Finals			
1 Naveang-Plouffe, Anne-Marie	04	Ottawa Lions	1.40m
2 Bradley, Cassidy	04	Ottawa Lions	1.15m

Girls Long Jump Under 16

Name	Yr	Team	Finals
Finals			
1 Dimov, Maria	05	Ottawa Lions	4.56m
2 St Amant, Avery	05	National Cap	4.03m

Women 60 Meter Dash Open

Name	Yr	Team	Prelims
Preliminaries			
1 Leduc, Audrey	99	Gatineau	7.51q
2 Green, Deondra	00	Saint-Lauren	7.51q
3 Béliveau, Emy	95	C.A. Laval	7.54q
4 Jacques, Farah		Ottawa Lions	7.66q
5 Maxwell, Nyoka	97	C.A.N.I. Ath	7.69q
6 Léo, Harmine Christina	92	UDEM	7.91q
7 Fortin, Sandrine	95	LAVAL	7.92q
8 Savoury, Jorden	98	MCGU	7.93q
9 Baker, Roshanna	97	C.A.N.I. Ath	7.98q
10 Vieux, Kayla	01	C.A.N.I. Ath	8.02q
11 Hountondji, Isaline	98	LAVAL	8.03q
12 Tejiofo, Fiola	02	C.A. Laval	8.06q
13 Couturier, Rosalie	01	C.A. Laval	8.06
14 Tagnit-Hamou, Sonia	96	Vert et Or	8.07
15 Baulu, Élodie	96	UDEM	8.09
16 Bruce, Jermaila	01	C.A.N.I. Ath	8.10
17 Top, Laurie	98	LAVAL	8.11
18 Manor, Katie	03	Ottawa Lions	8.16
18 Procyk, Paulina	02	Ottawa Lions	8.16
20 Broomfield, Aliyah		GeeGees	8.17

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Preliminaries ... (Women 60 Meter Dash Open)

Name	Yr	Team	Prelims
21 Carrier, Rose-Emilie	95	LAVAL	8.19
22 Lu Langley, Vanessa	02	Ottawa Lions	8.27
23 Richmond, Dacey	01	Kingston Tra	8.29
24 Gilmour, Audrey	03	Ottawa Lions	8.31
25 Lucien, Nafthalia	96	Ottawa Lions	8.33
26 Cardella-Rinfret, Geneviève	92	UDEM	8.36
27 MacMillan, Lindsey		Carleton Ravens	8.37
28 Nearing, Ashley		Ottawa Lions	8.37
29 Scaringi, Felicia	97	Brock Badger	8.40
30 Gilbert, Ella-Grace	03	Ottawa Lions	8.45
31 Duschenes, Marie-Eve	19	Sherbrooke	8.46
32 Naoum, Catherine	97	Saint-Lauren	8.51
33 Greco, Jenna	98	Brock Badger	8.55
34 Binotto, Monica	97	Brock Badger	8.56
35 Walton, Shannon	94	National Cap	8.57
36 Lapolice, Stephanie		GeeGees	8.58
37 Dufour, Sandy	96	Ottawa Lions	8.61
38 De Torres, Kirztyrn	00	Brock Badger	8.62
39 Marevic, Jalena	03	Ottawa Lions	8.72
40 McCutcheon, Marissa	03	Ottawa Lions	8.73
41 McColl, Melissa	00	Brock Badger	8.74
42 Thomas, Shanica		GeeGees	8.77
43 Ekeke, Chiamaka	01	National Cap	8.91
44 Bah, Amie	03	Ottawa Lions	8.91
45 Maxwell, Jordan	00	University o	8.92
46 Leger, Daphne	00	Brock Badger	8.95
47 Brenko, Ariane	98	Vert et Or	8.97
48 Sam Chee, Sharini	03	Ottawa Lions	9.02
49 Blake, Vinnette	96	University o	9.09
50 Cinicolo, Melissa		GeeGees	9.10
51 Lawson, Cynthia		GeeGees	9.11
52 Effenberger, Kaitlyn	02	Ottawa Lions	9.12
53 Ostertag, Coralie	02	Ottawa Lions	9.16
54 Ayre, Katheryn	03	Ottawa Lions	9.20
55 Sebti, Amal		Vert et Or	9.22
56 Ali, Sana	98	Saint-Lauren	9.28
57 Nouradian, Ava	03	Ottawa Lions	9.36
58 Boutilier, Shanna	96	Ottawa Lions	9.47
59 Capelli, Fiona	03	Ottawa Lions	9.53
60 Jotanic, Tara	03	Indépendant	9.73
61 Kirvan, Maya	03	Ottawa Lions	9.74
62 Sutherland, Tamara		GeeGees	9.77

Women 60 Meter Dash Open

Name	Yr	Team	Finals
Finals			
1 Green, Deondra	00	Saint-Lauren	7.50
2 Leduc, Audrey	99	Gatineau	7.51
3 Béliveau, Emy	95	C.A. Laval	7.55
4 Maxwell, Nyoka	97	C.A.N.I. Ath	7.66
5 Léo, Harmine Christina	92	UDEM	7.89
6 Savoury, Jorden	98	MCGU	7.94
7 Vieux, Kayla	01	C.A.N.I. Ath	7.96

8 Baker, Roshanna	97	C.A.N.I. Ath	7.97
9 Fortin, Sandrine	95	LAVAL	7.98
10 Hountondji, Isaline	98	LAVAL	8.05
11 Tejiofo, Fiola	02	C.A. Laval	8.06

Women 300 Meter Dash Open

Name	Yr	Team	Finals
Finals			
1 Leclerc, Claudie	96	Vert et Or	39.59
2 Trapeau, Maeliss		GeeGees	40.44
3 Telford, Alexandra	96	Ottawa Lions	40.71
4 Dahms, Marie-Eve	95	GeeGees	41.64
5 Skorenky, Sophia	97	GeeGees	41.74
6 Leduc, Audrey	99	Gatineau	41.82
7 Ollier, Mary		GeeGees	41.83
8 Smith, Sydney		GeeGees	41.90
9 Ogunremi, Doyin	02	Ottawa Lions	42.07
10 Jovic, Helena	01	Ottawa Lions	42.19
11 Dubé, Élisabeth	95	UDEM	42.48
12 Gibson, Kiara	01	C.A.N.I. Ath	42.52
13 Gilmour, Audrey	03	Ottawa Lions	42.53
14 Collings, Kate	02	Ottawa Lions	42.77
15 Susinski, Stephanie	98	MCGU	42.79
16 Guipi Bopala, Gloriana	97	MCGU	42.83
17 Bratus, Ainsley	03	Kingston Ach	43.18
18 Procyk, Paulina	02	Ottawa Lions	43.35
19 Hempstead, Lucy	01	C.A.N.I. Ath	43.43
20 Binotto, Monica	97	Brock Badger	43.64
21 Dundon, Meghan	01	Kingston Tra	43.72
22 Scaringi, Felicia	97	Brock Badger	43.73
23 Manor, Katie	03	Ottawa Lions	43.80
24 Vallière, Cloé	97	UDEM	43.81
25 MacMillan, Lindsey		Carleton Ravens	43.87
26 Prévost-Cormier, Claudelle	96	UDEM	43.89
27 Richmond, Dacey	01	Kingston Tra	44.09
28 Nearing, Ashley		Ottawa Lions	44.29
29 Naoum, Catherine	97	Saint-Lauren	44.72
30 Marevic, Jalena	03	Ottawa Lions	45.06
31 McInerney, Erin	02	Ottawa Lions	45.32
32 Parris, Ieasha		Carleton Ravens	45.49
33 Leask, Stephanie		GeeGees	45.52
34 Greco, Jenna	98	Brock Badger	45.57
35 Dufour, Sandy	96	Ottawa Lions	45.84
36 Leger, Daphne	00	Brock Badger	46.24
37 McColl, Melissa	00	Brock Badger	46.51
38 Duschenes, Marie-Eve	19	Sherbrooke	46.73
39 Streefkerk, Mckenzie	97	Brock Badger	46.99
40 Dowling, Michaela	01	Kingston Ach	47.06
41 McCutcheon, Marissa	03	Ottawa Lions	47.06
42 Boutilier, Shanna	96	Ottawa Lions	47.40
43 Point, Michaela	97	Brock Badger	47.96
44 Blake, Vinnette	96	University o	48.04
45 Ekeke, Chiamaka	01	National Cap	48.32
46 Sebti, Amal		Vert et Or	48.68
47 Lapointe, Catherine		Ottawa Lions	48.75

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Results

Finals ... (Women 300 Meter Dash Open)

	Name	Yr	Team	Finals
48	Cinicolo, Melissa		GeeGees	49.26
49	Harding, Hazel	73	Ottawa Lions	50.23
50	Ostertag, Coralie	02	Ottawa Lions	50.36
51	Kirvan, Maya	03	Ottawa Lions	50.47
52	Ayre, Katheryn	03	Ottawa Lions	50.80
53	Gilbert, Ella-Grace	03	Ottawa Lions	52.37
54	Zahirovich, Emily	03	Indépendant	54.05
55	Pilote, Valerie		Ottawa Lions	54.09

Women 600 Meter Run Open

	Name	Yr	Team	Finals
Finals				
1	Bouchard-Nguyen, Jade	96	UDEM	1:31.69
	28.6804 (28.6804)	1:31.6878 (1:03.0074)		
2	Clarke, Madison	95	GeeGees	1:32.89
	27.6583 (27.6583)	1:32.8888 (1:05.2305)		
3	Dahms, Marie-Eve	95	GeeGees	1:33.20
	28.5814 (28.5814)	1:33.1983 (1:04.6169)		
4	Martynova, Svetlana		Ottawa Lions	1:33.65
	28.1172 (28.1172)	1:33.6435 (1:05.5263)		
5	Lefebvre-Castillo, Winona	93	Vert et Or	1:33.70
	29.2351 (29.2351)	1:33.6962 (1:04.4611)		
6	Ollier, Mary		GeeGees	1:33.84
	27.8393 (27.8393)	1:33.8404 (1:06.0011)		
7	Parent, Martine	90	Saint-Lauren	1:36.51
	29.1404 (29.1404)	1:36.5067 (1:07.3663)		
8	Dion-Test, Maika	98	UQAM	1:37.11
	31.4192 (31.4192)	1:37.1023 (1:05.6831)		
9	Jovic, Helena	01	Ottawa Lions	1:37.59
	28.4687 (28.4687)	1:37.5908 (1:09.1221)		
10	Walton, Shannon	94	National Cap	1:39.22
	31.0118 (31.0118)	1:39.2129 (1:08.2011)		
11	Gagnon, Mariane	00	Corsaire-Cha	1:39.76
	31.6466 (31.6466)	1:39.7592 (1:08.1126)		
12	Davis, Robyn		GeeGees	1:39.93
	31.4508 (31.4508)	1:39.9234 (1:08.4726)		
13	Frazer, Hannah		GeeGees	1:40.18
	30.8108 (30.8108)	1:40.1781 (1:09.3673)		
14	Beaudry, Andreanne	97	Vert et Or	1:40.38
	30.5972 (30.5972)	1:40.3783 (1:09.7811)		
15	Marchand, Marie-Andree		Saint-Lauren	1:40.54
	31.9287 (31.9287)	1:40.5371 (1:08.6084)		
16	Marenger, Florence	01	Corsaire-Cha	1:40.76
	32.1171 (32.1171)	1:40.7592 (1:08.6421)		
17	Prévost-Cormier, Claudelle	96	UDEM	1:40.98
	31.6697 (31.6697)	1:40.9718 (1:09.3021)		
18	Taupier, Julie-Anne	96	UQAM	1:44.41
	33.5951 (33.5951)	1:44.4098 (1:10.8147)		
19	Croce, Juliette	99	MCGU	1:44.63
	33.3867 (33.3867)	1:44.6225 (1:11.2358)		
20	Bojic, Sandra		Ottawa Lions	1:47.74
	33.6320 (33.6320)	1:47.7341 (1:14.1021)		

21	Tyman, Elana	03	Ottawa Lions	1:49.84
	32.3980 (32.3980)	1:49.8349 (1:17.4369)		
22	Parris, Ieasha		Carleton Ravens	1:50.89
	32.2541 (32.2541)	1:50.8898 (1:18.6357)		
23	McMann, Caitlin	03	Ottawa Lions	1:51.19
	33.3751 (33.3751)	1:51.1835 (1:17.8084)		
24	Point, Michaela	97	Brock Badger	1:51.33
	33.3088 (33.3088)	1:51.3235 (1:18.0147)		
25	Adamo, Robyn	99	Brock Badger	1:51.51
	35.3391 (35.3391)	1:51.5075 (1:16.1684)		
26	Howitt, Kim	84	Ottawa Lions	1:51.84
	36.1833 (36.1833)	1:51.8380 (1:15.6547)		
27	Belanger-Riendeau, Josiane		UQAM	1:56.24
	35.9549 (35.9549)	1:56.2317 (1:20.2768)		
28	Thompson, Amy	03	Ottawa Lions	1:59.20
	34.7307 (34.7307)	1:59.1970 (1:24.4663)		

Women 1000 Meter Run Open

	Name	Yr	Team	Finals
Finals				
1	Gardner, Charlotte	94	Ottawa Lions	2:49.72
	31.4788 (31.4788)	1:39.3725 (1:07.8937)	2:49.7188 (1:10.3463)	
2	Trapeau, Maeliss		GeeGees	2:50.20
	31.0493 (31.0493)	1:39.0935 (1:08.0442)	2:50.2009 (1:11.1074)	
3	Aglot, Murielle	96	MCGU	2:50.91
	31.4030 (31.4030)	1:39.8072 (1:08.4042)	2:50.9104 (1:11.1032)	
4	Hirsch, Elizabeth	97	MCGU	2:55.36
	33.7051 (33.7051)	1:43.7198 (1:10.0147)	2:55.3535 (1:11.6337)	
5	Butler, Morgane	97	MCGU	2:57.66
	33.3041 (33.3041)	1:44.0525 (1:10.7484)	2:57.6556 (1:13.6031)	
6	Shepherd, Keili		GeeGees	3:03.16
	32.0872 (32.0872)	1:44.2335 (1:12.1463)	3:03.1535 (1:18.9200)	
7	Vanderweyen, Laura	99	MCGU	3:03.34
	34.2767 (34.2767)	1:48.3083 (1:14.0316)	3:03.3398 (1:15.0315)	
8	St-Gelais, Sabrina	91	Saint-Lauren	3:04.19
	37.2893 (37.2893)	1:50.6198 (1:13.3305)	3:04.1882 (1:13.5684)	
9	Whitmarsh, Denbeigh	99	MCGU	3:05.33
	34.6325 (34.6325)	1:48.7220 (1:14.0895)	3:05.3220 (1:16.6000)	
10	Taylor, Lauren	00	Brock Badger	3:13.34
	37.0082 (37.0082)	1:53.7587 (1:16.7505)	3:13.3366 (1:19.5779)	
11	Audet, Mia		ETS	3:13.69
	37.1429 (37.1429)	1:54.2798 (1:17.1369)	3:13.6851 (1:19.4053)	
12	Maguire, Liz	66	Ottawa Lions	3:14.05
	37.4577 (37.4577)	1:54.4461 (1:16.9884)	3:14.0451 (1:19.5990)	
13	Lea, Abigail		Ottawa Lions	3:14.11
	35.8451 (35.8451)	1:51.3735 (1:15.5284)		
14	Nolet, Chloe	99	Brock Badger	3:15.06
	36.8114 (36.8114)	1:54.0461 (1:17.2347)	3:15.0524 (1:21.0063)	
15	Point, Alyssa	97	Brock Badger	3:22.02
	37.7566 (37.7566)	1:56.6219 (1:18.8653)	3:15.0545 (1:18.4326)	
	3:22.0156 (6.9611)			

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Results

Women 1500 Meter Run Open

Name	Yr	Team	Finals
Finals			
1 Clarke, Madison	95	GeeGees	4:38.12
56.4792 (56.4792)	2:12.0277 (1:15.5485)	3:27.9466 (1:15.9189)	
4:38.1203 (1:10.1737)			
2 Brennan, Rebecca	96	GeeGees	4:40.99
56.3887 (56.3887)	2:12.2782 (1:15.8895)	3:27.3087 (1:15.0305)	
4:40.9834 (1:13.6747)			
3 Fleurent-Gregoire, Chloe	96	MCGU	4:42.29
56.6319 (56.6319)	2:12.2382 (1:15.6063)	3:27.0077 (1:14.7695)	
4:42.2877 (1:15.2800)			
4 Riopel, Camille	97	MCGU	4:43.67
56.6677 (56.6677)	2:13.7919 (1:17.1242)	3:30.9645 (1:17.1726)	
4:43.6687 (1:12.7042)			
5 Carlton, Laura	99	MCGU	4:44.80
57.1445 (57.1445)	2:14.0013 (1:16.8568)	3:30.3834 (1:16.3821)	
4:44.7929 (1:14.4095)			
6 Hicks, Holly		GeeGees	4:45.05
56.9161 (56.9161)	2:13.7119 (1:16.7958)	3:30.1245 (1:16.4126)	
4:45.0466 (1:14.9221)			
7 Marks, Celine	96	MCGU	4:47.48
56.7592 (56.7592)	2:12.4845 (1:15.7253)	3:27.5729 (1:15.0884)	
4:47.4729 (1:19.9000)			
8 Chambers, Meredith	99	MCGU	4:54.80
58.4487 (58.4487)	2:19.0571 (1:20.6084)	3:38.5708 (1:19.5137)	
4:54.7961 (1:16.2253)			
9 Hansen-Jaumard, Delphine	95	MCGU	4:56.91
58.8919 (58.8919)	2:19.7634 (1:20.8715)	3:39.4856 (1:19.7222)	
4:56.9013 (1:17.4157)			
10 Macaskill, Olivia	01	Ottawa Lions	4:57.82
57.4477 (57.4477)	2:15.7024 (1:18.2547)	3:38.9361 (1:23.2337)	
4:57.8182 (1:18.8821)			
11 Bialowas, Ivy	03	Track East	5:03.26
58.9681 (58.9681)	2:21.9555 (1:22.9874)	3:44.9587 (1:23.0032)	
5:03.2576 (1:18.2989)			
12 Sheridan, Katherine	00	Track East	5:05.05
58.9618 (58.9618)	2:21.8671 (1:22.9053)	3:44.9292 (1:23.0621)	
5:05.0471 (1:20.1179)			
13 Boyer-Antoni, Gabrielle		Stingers	5:11.41
59.2681 (59.2681)	2:20.8787 (1:21.6106)	3:46.8323 (1:25.9536)	
5:11.4029 (1:24.5706)			
14 Daigle, Sarina		Stingers	5:12.86
59.1429 (59.1429)	2:22.0208 (1:22.8779)	3:49.6881 (1:27.6673)	
5:12.8597 (1:23.1716)			
15 Dumoulin, Jenn		GeeGees	5:20.11
58.7208 (58.7208)	2:21.8018 (1:23.0810)	3:52.6934 (1:30.8916)	
5:20.1029 (1:27.4095)			
16 Lea, Abigail		Ottawa Lions	5:20.54
58.6934 (58.6934)	2:22.9123 (1:24.2189)	3:55.4713 (1:32.5590)	
5:20.5355 (1:25.0642)			
17 Desrochers Laflamme, Camill	96	UQAM	5:20.95
59.8471 (59.8471)	2:26.4450 (1:26.5979)	3:56.5218 (1:30.0768)	
5:20.9450 (1:24.4232)			

18 Tyman, Elana	03	Ottawa Lions	5:24.57
57.7966 (57.7966)	2:25.3923 (1:27.5957)	3:57.7187 (1:32.3264)	
5:24.5692 (1:26.8505)			
19 Thompson, Amy	03	Ottawa Lions	5:47.96
59.6839 (59.6839)	2:28.9650 (1:29.2811)	4:08.1776 (1:39.2126)	
5:47.9597 (1:39.7821)			
20 Howitt, Kim	84	Ottawa Lions	5:57.88
1:05.7260 (1:05.7260)	2:44.1618 (1:38.4358)	4:26.8081 (1:42.6463)	
5:57.8734 (1:31.0653)			

Women 3000 Meter Run Open

Name	Yr	Team	Finals
Finals			
1 Barwick, Alison	93	MGOC	10:06.72
38.8348 (38.8348)	1:56.7853 (1:17.9505)	3:15.5053 (1:18.7200)	
4:35.1906 (1:19.6853)	5:56.7906 (1:21.6000)	7:19.1274 (1:22.3368)	
8:43.7821 (1:24.6547)	10:06.7148 (1:22.9327)		
2 Pilote Fortin, Hélène	93	LAVAL	10:46.68
42.3685 (42.3685)	2:07.2200 (1:24.8515)	3:33.4337 (1:26.2137)	
4:59.5148 (1:26.0811)	6:26.7011 (1:27.1863)	7:53.8337 (1:27.1326)	
9:21.3716 (1:27.5379)	10:46.6800 (1:25.3084)		
3 Meek, Catherine	95	UQAM	10:57.48
43.6190 (43.6190)	2:14.0358 (1:30.4168)	3:43.3064 (1:29.2706)	
5:11.9611 (1:28.6547)	6:41.9590 (1:29.9979)	8:11.1221 (1:29.1631)	
9:36.6800 (1:25.5579)	10:57.4748 (1:20.7948)		
4 Jackson, Brittany		Stingers	11:10.19
42.8811 (42.8811)	2:13.6516 (1:30.7705)	3:44.3853 (1:30.7337)	
5:13.8116 (1:29.4263)	6:42.9885 (1:29.1769)	8:12.9548 (1:29.9663)	
9:42.7400 (1:29.7852)	11:10.1906 (1:27.4506)		
5 Hummel, Amanda		Ottawa Lions	11:38.93
43.9127 (43.9127)	2:14.7232 (1:30.8105)	3:46.4295 (1:31.7063)	
5:22.0495 (1:35.6200)	6:57.5853 (1:35.5358)	8:32.9569 (1:35.3716)	
10:11.3274 (1:38.3705)	11:38.9295 (1:27.6021)		
6 Dumoulin, Jenn		GeeGees	11:41.43
43.1285 (43.1285)	2:13.2421 (1:30.1136)	3:44.5464 (1:31.3043)	
5:18.4169 (1:33.8705)	6:55.4832 (1:37.0663)	8:33.7127 (1:38.2295)	
10:12.5600 (1:38.8473)	11:41.4285 (1:28.8685)		
7 Roja, Daniela	00	Kingston Ach	12:30.76
43.3148 (43.3148)	2:15.2969 (1:31.9821)	3:53.3748 (1:38.0779)	
5:33.9253 (1:40.5505)	7:17.7400 (1:43.8147)	9:02.6432 (1:44.9032)	
10:49.2243 (1:46.5811)	12:30.7558 (1:41.5315)		

Women 60 Meter Hurdles Open

Name	Yr	Team	Prelims
Preliminaries			
1 Jacques, Farah		Ottawa Lions	8.55q
2 Leveille, Maude	95	Vert et Or	8.80q
3 Phan, Adriana	01	Rive-Sud	9.10q
4 Lucien, Nafthalia	96	Ottawa Lions	9.39q
5 Whitestone, Madeleine	98	MCGU	9.61q
6 Lapolice, Stephanie		GeeGees	9.64q
7 Cardella-Rinfret, Geneviève	92	UDEM	9.72q
8 Lu Langley, Vanessa	02	Ottawa Lions	10.00q
9 Collings, Kate	02	Ottawa Lions	10.00q

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Results

Preliminaries ... (Women 60 Meter Hurdles Open)

Name	Yr	Team	Prelims
10 Istead, Nicole		Carleton Ravens	10.74q
11 Labarang, Charifa	95	Ottawa Lions	15.32q

Women 60 Meter Hurdles Open

Name	Yr	Team	Finals
Finals			
1 Jacques, Farah		Ottawa Lions	8.66
2 Leveille, Maude	95	Vert et Or	8.70
3 Lucien, Nafthalia	96	Ottawa Lions	9.56
4 Lapolice, Stephanie		GeeGees	9.64
5 Whitestone, Madeleine	98	MCGU	9.70
6 Cardella-Rinfret, Geneviève	92	UDEM	9.77
7 Collings, Kate	02	Ottawa Lions	9.90
8 Istead, Nicole		Carleton Ravens	10.83
9 Phan, Adriana	01	Rive-Sud	11.49

Women 4x200 Meter Relay Open

Team	Relay	Finals
Finals		
1 Vert et Or	A	1:42.43
1) Tagnit-Hamou, Sonia 96	2) Leveille, Maude 95	
3) Lefebvre-Castillo, Winona 93	4) Leclerc, Claudie 96	
2 Uottawa GeeGees	A	1:43.42
1) Ollier, Mary	2) Smith, Sydney	
3) Skorenky, Sophia 97	4) Dahms, Marie-Eve 95	
3 Universite Laval	A	1:43.97
1) Fortin, Sandrine 95	2) Carrier, Rose-Emilie 95	
3) Top, Laurie 98	4) Hountondji, Isaline 98	
4 C.A.N.I. Athletics	A	1:44.90
5 McGill	A	1:47.88
1) Savoury, Jorden 98	2) Susinski, Stephanie 98	
3) Guipi Bopala, Gloriana 97	4) Whitestone, Madeleine 98	
6 Ottawa Lions Youth	A	1:51.03
7 Uottawa GeeGees	B	1:53.87
1) Broomfield, Aliyah	2) Leask, Stephanie	
3) Lapolice, Stephanie	4) Cinicolo, Melissa	
8 Kingston Tra	A	1:55.37
1) Richmond, Dacey 01	2) Dundon, Meghan 01	
3) Godbille-Cardona, Marisol 04	4) Gillan, Sarah 04	
9 Brock Badgers	A	1:55.50
10 Ottawa Lions	A	1:59.48

Women 4x400 Meter Relay Open

Team	Relay	Finals
Finals		
1 Ottawa Lions	A	4:09.33
1:01.2369 (1:01.2369)	2:03.0496 (1:01.8127)	3:04.9559 (1:01.9063)
4:09.3254 (1:04.3695)		
2 Brock Badgers	A	4:12.81
1:02.2064 (1:02.2064)	2:07.0780 (1:04.8716)	3:10.1412 (1:03.0632)
4:12.8106 (1:02.6694)		

3 McGill	A	4:13.47
1) Hirsch, Elizabeth 97	2) Butler, Morgane 97	
3) Vanderweyen, Laura 99	4) Aglot, Murielle 96	
1:04.1896 (1:04.1896)	2:08.3612 (1:04.1716)	3:12.9391 (1:04.5779)
4:13.4622 (1:00.5231)		
4 UQAM	A	4:23.24
1) Belanger-Riendeau, Josiane	2) Desrochers Laflamme, Camille 9	
3) Dion-Test, Maika 98	4) Meek, Catherine 95	
1:05.7212 (1:05.7212)	2:11.5769 (1:05.8557)	3:16.9380 (1:05.3611)
4:23.2391 (1:06.3011)		
5 Ottawa Lions	B	4:26.48
6 Kingston Achilles	A	4:35.24
1:06.6254 (1:06.6254)	2:13.0233 (1:06.3979)	3:17.0022 (1:03.9789)
4:35.2327 (1:18.2305)		

Women High Jump Open

Name	Yr	Team	Finals
Finals			
1 Bitchoka, Barbara	96	C.A.N.I. Ath	1.73m
2 Harttrup, Lindsay	98	MCGU	1.58m
3 Rimouche, Sabrina	97	UDEM	1.53m

Women Pole Vault Open

Name	Yr	Team	Finals
Finals			
1 Nafaa, Claudine	95	Ottawa Lions	3.16m
2 Wojtyk, Amelia	03	Ottawa Lions	3.01m
3 Stockall, Jaston		Carleton Ravens	2.71m
4 Charron, Lyell (Grace)	99	MCGU	2.56m
4 Maine, Chloe	03	Ottawa Lions	2.56m
6 Zufferey, Edwige	97	LAVAL	2.36m
--- Poirier, Caroline		GeeGees	NH

Women Long Jump Open

Name	Yr	Team	Finals
Finals			
1 Couturier, Rosalie	01	C.A. Laval	5.77m
2 Léo, Harmine Christina	92	UDEM	5.28m
3 Zufferey, Edwige	97	LAVAL	5.18m
4 Wann, Kadiatou	01	C.A.N.I. Ath	5.17m
5 Tejiofo, Fiola	02	C.A. Laval	5.16m
6 Dundon, Meghan	01	Kingston Tra	5.13m
7 Hountondji, Isaline	98	LAVAL	5.02m
8 Cardella-Rinfret, Geneviève	92	UDEM	5.00m
9 Fortin, Sandrine	95	LAVAL	4.95m
10 Hemstock, Lindsay	96	Carleton Ravens	4.83m
11 Haridas, Rinila		GeeGees	4.78m
12 Istead, Nicole		Carleton Ravens	4.76m
13 Cvitan, Megan	98	MCGU	4.67m
14 Collings, Kate	02	Ottawa Lions	4.63m
15 Chaillet, Ambre	98	MCGU	4.61m
16 Top, Laurie	98	LAVAL	4.51m
17 Carrier, Rose-Emilie	95	LAVAL	4.50m
18 Chan, Madeleine		MCGU	4.16m
19 Capelli, Fiona	03	Ottawa Lions	3.49m

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Results

Finals ... (Women Long Jump Open)

Name	Yr	Team	Finals
--- Damance, Lou	98	UDEM	FOUL

Women Triple Jump Open

Name	Yr	Team	Finals
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Finals

1	Woods, Lauren (Abby)	98	MCGU	11.17m
2	Richard, Julia	01	Saint-Lauren	11.14m
3	Tejiofo, Fiola	02	C.A. Laval	10.98m
4	Karlsson, Nastasha	00	MCGU	10.90m
5	Bah, Amie	03	Ottawa Lions	10.81m
6	Hemstock, Lindsay	96	Carleton Ravens	10.71m
7	Haridas, Rinila		GeeGees	10.65m
8	Ali, Sana	98	Saint-Lauren	10.54m
9	Couturier, Rosalie	01	C.A. Laval	10.27m
10	Sam Chee, Sharini	03	Ottawa Lions	9.56m
11	Boutin, Mireille	97	LAVAL	9.50m

Women Shot Put Open

Name	Yr	Team	Finals
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Finals

1	Hertner, Christina		GeeGees	12.29m
2	Dumont, Pascale	93	Vert et Or	11.71m
3	Kremer, Nadine	94	LAVAL	10.89m
4	Mather, Rebecca		GeeGees	10.36m
5	Abraha, Lydia	00	Brock Badger	10.10m
6	Effenberg, Kaitlyn	02	Ottawa Lions	9.75m
7	Cefaloni, Angela	96	MCGU	9.52m
8	Agyekum, Maya	98	UDEM	9.19m
9	Vallière, Cloé	97	UDEM	7.89m

Women Weight Throw Open

Name	Yr	Team	Finals
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Finals

1	Dubois, Ariane	95	Vert et Or	18.21m
2	Jeffrey, Noemie	97	LAVAL	16.11m
3	Hertner, Christina		GeeGees	13.93m
4	Matte, Marie-Eve	92	Vert et Or	13.34m
5	Fortin, Carol-Ann	96	Vert et Or	12.95m
6	Kremer, Nadine	94	LAVAL	11.41m
7	Agyekum, Maya	98	UDEM	11.17m
8	Cefaloni, Angela	96	MCGU	11.08m
9	Gans, Belanna	98	MCGU	10.11m
10	Mather, Rebecca		GeeGees	9.52m

Boys 60 Meter Dash Under 16

Name	Yr	Team	Finals
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Finals

1	Robinson, Sam	03	Ottawa Lions	7.79
2	Robinson, Aaron	04	Ottawa Lions	7.99
3	Meredith, Yannick	04	Ottawa Lions	8.06
4	McNeil, Nathaniel	05	Ottawa Lions	8.44

Boys 150 Meter Run Under 16

Name	Yr	Team	Finals
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Finals

1	Meredith, Yannick	04	Ottawa Lions	18.87
2	Robinson, Aaron	04	Ottawa Lions	19.32
3	Bouaziz, Darren	04	Ottawa Lions	19.56
4	Holland, Cormick	04	Ottawa Lions	20.06
5	McNeil, Nathaniel	05	Ottawa Lions	20.07

Boys 800 Meter Run Under 16

Name	Yr	Team	Finals
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Finals

1	Sendybyl, Ethan	04	National Cap	2:10.87
1:04.0163 (1:04.0163) 2:10.8615 (1:06.8452)				
2	Van Der Laan??, Joshua	04	Ottawa Lions	2:12.56
1:02.8036 (1:02.8036) 2:12.5605 (1:09.7569)				
3	Link, Jack	04	North Dundas	2:17.11
1:04.7499 (1:04.7499) 2:17.1036 (1:12.3537)				
4	Bouaziz, Darren	04	Ottawa Lions	2:21.78
1:06.2994 (1:06.2994) 2:21.7710 (1:15.4716)				
5	Welburn, Toby	04	Ottawa Lions	2:23.83
1:09.2994 (1:09.2994) 2:23.8268 (1:14.5274)				
6	Ladurantaye, Logan	05	Ottawa Lions	2:27.13
1:09.1605 (1:09.1605) 2:27.1215 (1:17.9610)				
7	Fowler, Duncan	05	Ottawa Lions	2:34.51
1:13.1689 (1:13.1689) 2:34.5099 (1:21.3410)				
8	Devoe, Matthew	06	Ottawa Lions	2:50.17
1:17.7742 (1:17.7742) 2:50.1689 (1:32.3947)				

Boys 2000 Meter Run Under 16

Name	Yr	Team	Finals
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Finals

1	Olmstead, Lucas	03	Kingston Ach	6:42.31
1:15.9707 (1:15.9707) 2:38.2696 (1:22.2989) 4:01.2254 (1:22.9558)				
5:23.9507 (1:22.7253) 6:42.3023 (1:18.3516)				
2	Fowler, Duncan	05	Ottawa Lions	7:41.50
1:27.8338 (1:27.8338) 3:05.8791 (1:38.0453) 4:42.3065 (1:36.4274)				
6:15.9444 (1:33.6379) 7:41.4949 (1:25.5505)				
3	Van Der Laan??, Joshua	04	Ottawa Lions	7:53.80
1:26.4696 (1:26.4696) 3:05.0117 (1:38.5421) 4:42.9686 (1:37.9569)				
6:25.8844 (1:42.9158) 7:53.7991 (1:27.9147)				
4	Ladurantaye, Logan	05	Ottawa Lions	8:09.30
1:28.1065 (1:28.1065) 3:06.2338 (1:38.1273) 4:44.5391 (1:38.3053)				
6:31.7412 (1:47.2021) 8:09.2980 (1:37.5568)				
5	Devoe, Matthew	06	Ottawa Lions	8:10.97
1:30.1633 (1:30.1633) 3:07.9980 (1:37.8347) 4:51.2802 (1:43.2822)				
6:38.1370 (1:46.8568) 8:10.9654 (1:32.8284)				

Boys 60 Meter Hurdles Under 16

Name	Yr	Team	Finals
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Finals

1	Newman, Keito	03	Ottawa Lions	9.22
2	Carty, Xavier		Ottawa Lions	9.32
3	Tran, Donovan	03	Ottawa Lions	10.42

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Finals ... (Boys 60 Meter Hurdles Under 16)

Name	Yr	Team	Finals
4 Nonez, Fabrice	02	Ottawa Lions	10.68
5 Meredith, Yannick	04	Ottawa Lions	11.10
6 Holland, Cormick	04	Ottawa Lions	11.30
7 McNeil, Nathaniel	05	Ottawa Lions	11.97

Men 60 Meter Dash Open

Name	Yr	Team	Prelims
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Preliminaries

1	Robinson, Lucanus	96	Saint-Lauren	6.91q
2	Muteba, Lionel	90	Perfmax-Raci	7.00q
3	Marmen-Harvey, Jean-Samue	94	LAVAL	7.02q
4	N'Doye, El-Hadj François	89	LAVAL	7.04q
5	Pilipili, Hento	95	LAVAL	7.09q
6	Ben-Smith, Bertwin		Ottawa Lions	7.11q
7	Kollie, Dorbor	98	C.A.N.I. Ath	7.11q
8	Adjibi, Eliezer	00	C.A.N.I. Ath	7.13q
9	Gaudette, Michael		Vert et Or	7.14q
9	Laferrière Mailfait, Antonin	97	Montreal Tra	7.14q
11	Smikle, Tyrell	99	Brock Badger	7.18q
12	Ahouansou, Yannis Oluwa	95	LAVAL	7.21q
13	Songmene, Harold	01	C.A.N.I. Ath	7.23
14	Dumay, Pearce	96	MCGU	7.23
15	Dumoulin, Chrisghany Fabric	98	UDEM	7.26
16	Dorantes-Ferreira, Diego	98	MCGU	7.26
17	Diallo, El Hadji	95	LAVAL	7.30
18	Nwokobia, Emmanuel	96	Unattached	7.30
19	Iradukunda, Eric		Ottawa Lions	7.31
20	Tremblay, Yanis	01	C.A. Laval	7.32
21	Thomason, Dylan	01	Kingston Tra	7.32
22	Orogun, Eloho	94	Brock Badger	7.33
23	Ajayi, Femi		Ottawa Lions	7.35
24	Livingston, Adrian		GeeGees	7.36
25	Toriola-Coker, Ramadhan	96	Saint-Lauren	7.37
26	Sassi, Philip	96	Saint-Lauren	7.37
27	Felix, Gio	96	GeeGees	7.38
28	Douma, Tye	00	Brock Badger	7.39
29	Bryant, Zach	02	Ottawa Lions	7.40
30	Hernandez, Charley	00	Montreal Tra	7.40
31	Brier, Thibault		GeeGees	7.42
32	Olusoji, Jimi	00	Brock Badger	7.43
33	Moeller, Mason		Vert et Or	7.44
34	Jiang, David	93	UDEM	7.44
35	McHale, Shea	01	Ottawa Lions	7.46
36	Frankowski, Sam	03	Ottawa Lions	7.47
37	Bagate, Amara	03	C.A.N.I. Ath	7.49
38	Mingot, Jöan Falex	99	UDEM	7.49
39	Fortier, Jesse	95	GeeGees	7.49
40	Hibbert, Rodane	98	University o	7.52
41	Evuloeocha, Uzoeshina (Uzo)	00	MCGU	7.53
42	Lamoureux, Damien	93	Gatineau	7.55
43	Tran, Donovan	03	Ottawa Lions	7.57
44	Louis, Andy	95	UDEM	7.58

45	Ndinsil, Bedi	98	C.A.N.I. Ath	7.58
46	Klenten, Manuel		Vert et Or	7.58
47	Van Biljon, John Claude	95	Ottawa Lions	7.61
48	MacLean, Nick		GeeGees	7.66
49	Davilma, Derick	01	Ottawa Lions	7.73
50	Fortier, Jeremy	02	Ottawa Lions	7.77
51	Scatliffe, Joseph	72	Ottawa Lions	7.82
52	Lokesh, Naren	03	C.A.N.I. Ath	7.85
53	Azali, Mohamed		Ottawa Lions	7.86
54	Piva, Matthew	99	Brock Badger	7.86
55	Abdel Aziz, Hazem	97	MCGU	7.87
56	Odoom, John	98	Brock Badger	7.89
57	Robinson, Sam	03	Ottawa Lions	7.90
58	Neamtz, Carter		Carleton Ravens	7.93
59	Bhavsar, Miken	99	Brock Badger	7.96
60	Snelson, Tyler		Ottawa Lions	7.99
61	Vigneault Landry, Kevin	81	Sherbrooke	8.15
62	Given, John	02	Ottawa Lions	8.19
63	Cunningham, Neil	78	Ottawa Lions	8.19
64	Brougham, Derek		Ottawa Lions	8.25
65	Milliere, Matt	96	Brock Badger	8.28
66	Carty, Xavier		Ottawa Lions	8.41
67	Ahmed, Osman	97	Algonquin Co	8.43
68	Macdon, Edrick	99	Brock Badger	8.50
69	Jotanovic, Dragomir	71	Indépendant	8.67

Men 60 Meter Dash Open

Name	Yr	Team	Finals
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Finals

1	Robinson, Lucanus	96	Saint-Lauren	6.81
2	Muteba, Lionel	90	Perfmax-Raci	6.93
3	Adjibi, Eliezer	00	C.A.N.I. Ath	7.01
4	Marmen-Harvey, Jean-Samue	94	LAVAL	7.02
5	Pilipili, Hento	95	LAVAL	7.04
6	Ben-Smith, Bertwin		Ottawa Lions	7.09
7	Kollie, Dorbor	98	C.A.N.I. Ath	7.09
8	Laferrière Mailfait, Antonin	97	Montreal Tra	7.12
9	Gaudette, Michael		Vert et Or	7.12
10	Ahouansou, Yannis Oluwa	95	LAVAL	7.15
11	Smikle, Tyrell	99	Brock Badger	7.19

Men 300 Meter Dash Open

Name	Yr	Team	Finals
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Finals

1	Thompson, Graeme	95	Guelph Gryph	33.57
2	Khelifa, Azer	97	UDEM	34.15
3	McClelland, Ryan	96	MCGU	34.32
4	Edward, Davis	97	Guelph Gryph	34.75
5	Harawa, Emmanuel	97	Brock Badger	34.77
6	Hamilton, Josh	00	Guelph Gryph	34.87
7	Al-Haddad, Saj		Ottawa Lions	35.02
8	Ben-Smith, Bertwin		Ottawa Lions	35.12
9	Ippet, Nicolas	96	UDEM	35.18
10	Wykes, Cade	97	Toronto Vars	35.18
11	Ferth, Shane	81	Unattached O	35.58

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Finals ... (Men 300 Meter Dash Open)

Name	Yr	Team	Finals
12 Tremblay, Yanis	01	C.A. Laval	35.61
13 Lebel, Henri	00	C.A. Laval	35.62
14 Bravakis, Emmett	00	Kingston Ach	35.72
15 Pope, Alex	01	C.A.N.I. Ath	35.73
16 Martineau, Brandyn	92	Ottawa Lions	35.90
17 Sassi, Philip	96	Saint-Lauren	35.97
18 Takam, Xavier		GeeGees	36.06
19 Songmene, Harold	01	C.A.N.I. Ath	36.07
20 Douma, Tye	00	Brock Badger	36.15
21 Hibbert, Rodane	98	University o	36.36
22 Chouinard-Laliberté, Simon	95	UDEM	36.49
23 Ross, Conor		GeeGees	36.57
24 Iradukunda, Eric		Ottawa Lions	36.57
25 Gazémar, Sébastien	97	LAVAL	36.59
26 Brier, Thibault		GeeGees	36.75
27 Thomason, Dylan	01	Kingston Tra	36.75
28 McHale, Shea	01	Ottawa Lions	36.84
29 Newman, Keito	03	Ottawa Lions	36.85
30 Hebert, Matt	00	Ottawa Lions	36.93
31 Frankowski, Sam	03	Ottawa Lions	36.97
32 Liburd, Cornelius		Carleton Ravens	37.02
33 Bisnauth, Paul	95	Brock Badger	37.06
34 Vukovic, Luka		GeeGees	37.07
35 Danouj, Oussama	96	UDEM	37.07
36 Lyness, Quinn		GeeGees	37.08
37 Bassole, Yves	99	C.A.N.I. Ath	37.27
38 Livingston, Adrian		GeeGees	37.28
39 Bellemare, Félix	99	Saint-Lauren	37.44
40 Johnson, Tyrece		GeeGees	37.51
41 Palamar, Eric		Ottawa Lions	37.74
42 Ndinsil, Bedi	98	C.A.N.I. Ath	37.91
43 Gaudreau, Issac	00	C.A.N.I. Ath	37.91
44 Ajayi, Femi		Ottawa Lions	37.92
45 Dunning, Alex Thunder	98	C.A.N.I. Ath	37.94
46 Choquette, Raphael		GeeGees	38.15
47 Piva, Matthew	99	Brock Badger	38.29
48 Leger, Zach	01	Ottawa Lions	38.51
49 Fortier, Jeremy	02	Ottawa Lions	38.74
50 Lamoureux, Damien	93	Gatineau	38.76
51 Demars, Carter	02	Ottawa Lions	38.81
52 Thompson, Jacob	00	C.A.N.I. Ath	38.87
53 Robinson, Sam	03	Ottawa Lions	38.90
54 Nonez, Fabrice	02	Ottawa Lions	38.93
55 Fogh, Marcus	99	Brock Badger	38.94
56 Williams, Lawrence	70	Ottawa Lions	38.98
57 Grondin-Bernier, Samuel		UQAM	39.15
58 Bagate, Amara	03	C.A.N.I. Ath	39.28
59 Odoom, John	98	Brock Badger	39.62
60 Ollivier, Leon	99	Saint-Lauren	39.67
61 Faucher, Serge	64	Ottawa Lions	40.02
62 Carty, Xavier		Ottawa Lions	40.03
63 Lokesh, Naren	03	C.A.N.I. Ath	40.29
64 Azali, Mohamed		Ottawa Lions	40.31

65	Phan, Mederick	95	UQAM	40.75
66	Cunningham, Neil	78	Ottawa Lions	40.89
67	Sanvi, Yanis	99	UDEM	41.52
68	Given, John	02	Ottawa Lions	42.00
69	Zahirovich, Mooshie	64	Indépendant	44.58
70	Jotanovic, Dragomir	71	Indépendant	45.91

Men 600 Meter Run Open

	Name	Yr	Team	Finals
Finals				
1	Khelaf, Mohand	98	Saint-Lauren	1:17.32
	25.3879 (25.3879)	1:17.3174 (51.9295)		
2	Berkshire, Jack	98	Toronto Vars	1:18.17
	25.4574 (25.4574)	1:18.1700 (52.7126)		
3	Evans, Stephen	96	GeeGees	1:18.26
	25.3647 (25.3647)	1:18.2542 (52.8895)		
4	Aber, Yassine	96	Vert et Or	1:19.11
	25.2121 (25.2121)	1:19.1026 (53.8905)		
5	Crosby, Jack	00	MCGU	1:19.15
6	Payette, William	98	UDEM	1:19.66
	25.8658 (25.8658)	1:19.6574 (53.7916)		
7	Heffernan, Andrew		GeeGees	1:20.61
	25.6153 (25.6153)	1:20.6047 (54.9894)		
8	Ross, Jasper	00	MCGU	1:22.44
9	Lyness, Quinn		GeeGees	1:23.57
	26.0674 (26.0674)	1:23.5695 (57.5021)		
10	Meredith, Zach	02	Ottawa Lions	1:23.85
	26.5432 (26.5432)	1:23.8432 (57.3000)		
11	Martin, Christophe	93	UDEM	1:23.89
	26.1790 (26.1790)	1:23.8853 (57.7063)		
12	Taylor, Max	00	Kingston Ach	1:24.10
13	Huot, Alexandre	00	Dynamique de	1:24.84
	26.7095 (26.7095)	1:24.8400 (58.1305)		
14	Morin, Antoine	91	UDEM	1:24.91
	26.9905 (26.9905)	1:24.9053 (57.9148)		
15	Moricz, Vincent	97	Ottawa Lions	1:25.68
	26.9800 (26.9800)	1:25.6737 (58.6937)		
16	Greenidge, Jameel	91	Gatineau	1:25.79
	25.6379 (25.6379)	1:25.7863 (1:00.1484)		
17	Rousteau, Victor		UQAM	1:25.82
18	Harakh, Wesley	00	Brock Badger	1:25.83
19	Santucci, Nick	01	Kingston Ach	1:26.06
20	Veilleux, Antoine		Vert et Or	1:26.21
21	Lemery, Liam	03	Ottawa Lions	1:27.50
22	Tareke, Yared	02	Ottawa Lions	1:27.95
23	Ling, Jarryd	98	Brock Badger	1:28.17
24	Leger, Zach	01	Ottawa Lions	1:28.60
25	Demars, Carter	02	Ottawa Lions	1:29.38
26	Cote, Sebastien	00	C.A.N.I. Ath	1:31.42
27	Brohman, Charlie	98	C.A.N.I. Ath	1:31.54
28	Vaculik, Alex		GeeGees	1:31.72
	1:31.7158 (1:31.7158)			
29	Porter, Cameron	03	Ottawa Lions	1:32.11
30	Ollivier, Leon	99	Saint-Lauren	1:32.24
31	Georges, Max-Delroy	02	C.A.N.I. Ath	1:33.52

Raven U-Sport Last Chance Invitational - 2/16/2019

Raven U-Sport Last Chance Invitational

Louis Riel Dome

Results

Finals ... (Men 600 Meter Run Open)

	Name	Yr	Team	Finals
32	Jansen, Nathan	02	Kingston Ach	1:36.13
33	Sanchez, Joe	01	C.A.N.I. Ath	1:37.27
34	Bertrand, Nicolas	00	Dynamique de	1:38.35
	28.7316 (28.7316)		1:38.3505 (1:09.6189)	
35	Rondeau-Dumas, Gabriel		UQAM	1:40.58
36	Robertson, Cameron	03	Ottawa Lions	1:43.25
37	Zahirovich, Mooshie	64	Indépendant	1:46.63
---	Saville, Sebastian	94	Ottawa Lions	DNF
	24.9911 (24.9911)			

Men 1000 Meter Run Open

	Name	Yr	Team	Finals
Finals				
1	Mol, Jeremy	97	Brock Badger	2:36.10
	30.3238 (30.3238)		1:32.6469 (1:02.3231)	2:36.0985 (1:03.4516)
2	Marshall-Burghardt, Gift (Sep	98	MCGU	2:36.16
	31.4554 (31.4554)		1:34.0890 (1:02.6336)	2:36.1522 (1:02.0632)
3	Mitchell, Robert		GeeGees	2:36.50
	30.9259 (30.9259)		1:33.0501 (1:02.1242)	2:36.4985 (1:03.4484)
4	Fogh, Marcus	99	Brock Badger	2:36.89
	30.6890 (30.6890)		1:33.6101 (1:02.9211)	2:36.8869 (1:03.2768)
5	Jean, Nathan	00	Laurier Gold	2:36.91
	31.2448 (31.2448)		1:33.8522 (1:02.6074)	2:36.9038 (1:03.0516)
6	Schutzberg, Hugo	99	MCGU	2:38.20
	31.6838 (31.6838)		1:34.7648 (1:03.0810)	2:38.1933 (1:03.4285)
7	Yaddaden, Lamine	96	UDEM	2:38.30
	31.0217 (31.0217)		1:35.2290 (1:04.2073)	2:38.2922 (1:03.0632)
8	Adams, Jack	00	MCGU	2:38.33
	30.8543 (30.8543)		1:32.8522 (1:01.9979)	2:38.3217 (1:05.4695)
9	Patrick, Luke	99	Brock Badger	2:38.93
	31.1627 (31.1627)		1:34.9017 (1:03.7390)	2:38.9290 (1:04.0273)
10	Semasinghe, Jithmal	00	Brock Badger	2:40.18
	32.4848 (32.4848)		1:35.0290 (1:02.5442)	2:40.1733 (1:05.1443)
11	Lorbetski, Ken		GeeGees	2:41.10
	30.5575 (30.5575)		1:36.0038 (1:05.4463)	2:41.0922 (1:05.0884)
12	Moore, Michael		RMC	2:47.06
	31.4175 (31.4175)		1:37.9764 (1:06.5589)	2:47.0606 (1:09.0842)
13	Taylor, Andrew	03	Ottawa Lions	2:47.07
	31.1859 (31.1859)		1:38.7754 (1:07.5895)	2:47.0659 (1:08.2905)
14	Morrow, Makafui	99	Brock Badger	2:48.59
	30.9848 (30.9848)		1:37.1427 (1:06.1579)	2:48.5890 (1:11.4463)
15	McGrath, Keaton	03	Ottawa Lions	2:50.42
	30.8027 (30.8027)		1:36.8438 (1:06.0411)	2:50.4112 (1:13.5674)
16	Larose, Julien		UQAM	2:55.96
	32.6848 (32.6848)		1:40.6059 (1:07.9211)	2:55.9512 (1:15.3453)
17	Goffredo, Nick	98	Brock Badger	2:59.30
	32.3185 (32.3185)		1:42.5901 (1:10.2716)	2:59.2996 (1:16.7095)
18	Perrault, Owen	03	Ottawa Lions	3:06.60
	32.7617 (32.7617)		1:46.9712 (1:14.2095)	3:06.5954 (1:19.6242)
19	Frenette, Gilles	76	Ottawa Lions	3:08.22
	36.3364 (36.3364)		1:54.0901 (1:17.7537)	3:08.2143 (1:14.1242)

Men 1500 Meter Run Open

	Name	Yr	Team	Finals
Finals				
1	Hély, Clément	91	Saint-Lauren	3:55.26
	46.4852 (46.4852)		1:51.1262 (1:04.6410)	2:54.6873 (1:03.5611)
	3:55.2567 (1:00.5694)			
2	Alie-Lamarche, Andre		GeeGees	3:55.92
	46.5873 (46.5873)		1:51.2178 (1:04.6305)	2:54.7252 (1:03.5074)
	3:55.9199 (1:01.1947)			
3	Maxwell, Alexander	95	Ottawa Lions	4:00.48
	46.9683 (46.9683)		1:51.5441 (1:04.5758)	2:55.7462 (1:04.2021)
	4:00.4736 (1:04.7274)			
4	Roberts, Nic		GeeGees	4:02.57
	47.1809 (47.1809)		1:51.7673 (1:04.5864)	2:56.0073 (1:04.2400)
	4:02.5683 (1:06.5610)			
5	Lopes, Maxime	91	UQAM	4:03.26
	47.0683 (47.0683)		1:52.0462 (1:04.9779)	2:56.7788 (1:04.7326)
	4:03.2567 (1:06.4779)			
6	Pedersen, Nicholas	00	Ottawa Lions	4:05.15
	48.2136 (48.2136)		1:54.2115 (1:05.9979)	2:59.7694 (1:05.5579)
	4:05.1462 (1:05.3768)			
7	Obrand, Jeremy	96	MCGU	4:09.69
	48.6336 (48.6336)		1:55.2178 (1:06.5842)	3:03.3336 (1:08.1158)
	4:09.6820 (1:06.3484)			
8	Cherenfant, Nick	96	UQAM	4:10.31
	50.4021 (50.4021)		1:58.1158 (1:07.7137)	3:07.6169 (1:09.5011)
	4:10.3053 (1:02.6884)			
9	Labelle, Mateo	01	MGOC	4:10.73
	49.4757 (49.4757)		1:56.3536 (1:06.8779)	3:04.7494 (1:08.3958)
	4:10.7304 (1:05.9810)			
10	Reid, Lucas	95	Brock Badger	4:11.16
	48.8200 (48.8200)		1:56.5884 (1:07.7684)	3:04.3495 (1:07.7611)
	4:11.1600 (1:06.8105)			
11	Mitchell, Robert		GeeGees	4:13.68
	50.0674 (50.0674)		1:57.7116 (1:07.6442)	3:07.3979 (1:09.6863)
	4:13.6737 (1:06.2758)			
12	Westbrook, Gavin		Ottawa Lions	4:14.09
	49.9600 (49.9600)		1:58.8095 (1:08.8495)	3:07.8316 (1:09.0221)
	4:14.0863 (1:06.2547)			
13	Bernier, Simon	95	MCGU	4:14.68
	49.0399 (49.0399)		1:54.9336 (1:05.8937)	3:05.0230 (1:10.0894)
	4:14.6736 (1:09.6506)			
14	Levenez, Theo		UQAM	4:15.21
	49.3337 (49.3337)		1:58.0221 (1:08.6884)	3:08.1253 (1:10.1032)
	4:15.2084 (1:07.0831)			
15	Riek, Paul	97	Unattached O	4:15.42
	48.6453 (48.6453)		1:57.4295 (1:08.7842)	3:05.8411 (1:08.4116)
	4:15.4169 (1:09.5758)			
16	Tulk, Aidan	03	Kingston Ach	4:15.87
	49.7095 (49.7095)		1:57.2095 (1:07.5000)	3:07.4327 (1:10.2232)
	4:15.8695 (1:08.4368)			
17	Omar, Harun		Ottawa Lions	4:18.42
	50.7274 (50.7274)		1:59.3905 (1:08.6631)	3:09.5369 (1:10.1464)
	4:18.4190 (1:08.8821)			

Raven U-Sport Last Chance Invitational - 2/16/2019

Raven U-Sport Last Chance Invitational

Louis Riel Dome

Results

Finals ... (Men 1500 Meter Run Open)

Name	Yr	Team	Finals
18 Sneddon, Jay	92	Ottawa Lions	4:22.12
50.3221 (50.3221)	1:59.2000 (1:08.8779)	3:09.7390 (1:10.5390)	
4:22.1137 (1:12.3747)			
19 Francioni, Arnaud	95	UQAM	4:24.75
50.9590 (50.9590)	2:00.4453 (1:09.4863)	3:12.9253 (1:12.4800)	
4:24.7484 (1:11.8231)			
20 Des Brisay, Thomas	91	Ottawa Lions	4:26.60
48.5179 (48.5179)	1:56.8621 (1:08.3442)	3:12.3042 (1:15.4421)	
4:26.5990 (1:14.2948)			
21 Hefferman, Andrew	88	Ottawa Lions	4:26.67
48.6516 (48.6516)	3:11.7579 (2:23.1063)	3:11.7579 (0.0000)	
4:26.6663 (1:14.9084)			
22 Hill, Darrell		Carleton Ravens	4:29.94
52.9806 (52.9806)	2:07.3006 (1:14.3200)	3:22.5659 (1:15.2653)	
4:29.9332 (1:07.3673)			
23 Dick, Joseph	99	Brock Badger	4:30.32
51.3754 (51.3754)	2:04.2985 (1:12.9231)	3:18.9754 (1:14.6769)	
4:30.3164 (1:11.3410)			
24 Meredith, Zach	02	Ottawa Lions	4:30.67
49.7516 (49.7516)	2:01.0779 (1:11.3263)	3:17.8527 (1:16.7748)	
4:30.6642 (1:12.8115)			
25 Porter, Cameron	03	Ottawa Lions	4:33.24
50.2453 (50.2453)	2:01.2642 (1:11.0189)	3:18.1348 (1:16.8706)	
4:33.2337 (1:15.0989)			
26 Tripp, Joey	02	Kingston Ach	4:35.15
54.0943 (54.0943)	2:08.7838 (1:14.6895)	3:25.7985 (1:17.0147)	
4:35.1438 (1:09.3453)			
27 Hodgins, Seamus	97	Carleton Ravens	4:36.28
52.3501 (52.3501)	2:06.4701 (1:14.1200)	3:21.9027 (1:15.4326)	
4:36.2732 (1:14.3705)			
28 Glennon, Nic		GeeGees	4:37.09
52.1111 (52.1111)	2:10.1817 (1:18.0706)	3:23.9838 (1:13.8021)	
4:37.0817 (1:13.0979)			
29 Lemery, Liam	03	Ottawa Lions	4:41.98
50.9238 (50.9238)	2:06.1754 (1:15.2516)	3:24.7269 (1:18.5515)	
4:41.9711 (1:17.2442)			
30 O'Meara, Stephen	02	Kingston Ach	4:43.61
53.6522 (53.6522)	2:09.0796 (1:15.4274)	3:26.4848 (1:17.4052)	
4:43.6017 (1:17.1169)			
31 Mahalanobis, Neil	96	Unattached O	4:49.02
52.6269 (52.6269)	2:07.9217 (1:15.2948)	3:28.2248 (1:20.3031)	
4:49.0111 (1:20.7863)			
32 Robertson, Cameron	03	Ottawa Lions	5:01.82
59.3648 (59.3648)	2:23.8954 (1:24.5306)	3:49.2154 (1:25.3200)	
5:01.8111 (1:12.5957)			
33 Perrault, Owen	03	Ottawa Lions	5:03.17
56.0722 (56.0722)	2:19.7322 (1:23.6600)	3:45.6922 (1:25.9600)	
5:03.1627 (1:17.4705)			
34 Kulkarni, Rohan	96	Carleton Ravens	5:09.70
57.8396 (57.8396)	2:21.2743 (1:23.4347)	3:48.1048 (1:26.8305)	
5:09.6911 (1:21.5863)			

Men 3000 Meter Run Open

Name	Yr	Team	Finals
Finals			
1 Fast, Joe	02	Ottawa Lions	8:39.67
2 Robertson, Kevin	01	Ottawa Lions	8:40.20
3 Roots, Logan		RMC	8:41.82
4 Robinson, Stephen		GeeGees	8:55.69
5 Cox, Will	01	Ottawa Lions	8:56.89
6 Ebling, Kurt	93	Ville-Marie	8:57.88
7 Lavery, Dakota	97	Queen's	9:05.93
8 Wang, Liyang	93	Unattached O	9:06.77
9 Fournier, Adrian		GeeGees	9:08.90
10 Tiessan, Jacques	99	Brock Badger	9:11.87
11 Lopes, Maxime	91	UQAM	9:13.33
12 Gutiérrez, Jorge	80	Sherbrooke	9:15.35
13 Govig, Christopher	96	UDEM	9:16.30
14 Tran, Doan	95	Sherbrooke	9:17.12
15 Macdonell, Ryan	92	Unattached N	9:18.58
16 Roy, Pier-Luc	96	UDEM	9:21.21
17 Ramsay-Vejlens, Paul	96	UDEM	9:31.75
18 Daunoravicius, Ben		Stingers	9:44.25
19 Grover, Jacob	97	Ville-Marie	9:48.04
20 Glennon, Nic		GeeGees	9:48.44
21 Kemp, Eric	89	Track East	10:19.10
22 Yaddaden, Lamine	96	UDEM	10:39.02
23 Guertin, Stéphane	66	Indépendant	11:22.78
24 Graham, Tomas	98	Track East	11:50.77
25 Lindale, Thomas	01	Track East	12:41.32

Men 60 Meter Hurdles Open

Name	Yr	Team	Prelims
Preliminaries			
1 Daly, Matthew	97	MCGU	8.52q
2 Van Biljon, John Claude	95	Ottawa Lions	8.65q
3 Miguel, Paulo	94	Saint-Lauren	8.66q
4 Mezghani, Heni	97	Saint-Lauren	8.74q
5 Emode, Mark	95	Ottawa Lions	8.78q
6 Dacosta, Tyler		GeeGees	8.79q
7 Stathis, Alexander	99	MCGU	8.97q
8 Francillon, Ismail	99	MCGU	9.23q
9 Kammelu, Yvan	00	MCGU	9.24q
10 Soderstrom, Kurt	98	MCGU	9.34q
11 Neamtz, Carter		Carleton Ravens	9.45q
12 Ollivier, Émile	95	UDEM	12.71q

Men 60 Meter Hurdles Open

Name	Yr	Team	Finals
Finals			
1 Miguel, Paulo	94	Saint-Lauren	8.34
2 Van Biljon, John Claude	95	Ottawa Lions	8.64
3 Mezghani, Heni	97	Saint-Lauren	8.87
4 Francillon, Ismail	99	MCGU	9.00
5 Soderstrom, Kurt	98	MCGU	9.32

Raven U-Sport Last Chance Invitational - 2/16/2019**Raven U-Sport Last Chance Invitational****Louis Riel Dome****Results****Finals ... (Men 60 Meter Hurdles Open)**

Name	Yr	Team	Finals
6 Kammel, Yvan	00	MCGU	9.34
7 Neamtz, Carter		Carleton Ravens	9.44
8 Emode, Mark	95	Ottawa Lions	15.11
--- Stathis, Alexander	99	MCGU	DQ

Men 4x200 Meter Relay Open

Team	Relay	Finals
Finals		
1 Universite Laval	A	1:28.14
1) N'Doye, El-Hadj François 89	2) Pilipili, Hento 95	
3) Ahouansou, Yannis Oluwa 95	4) Marmen-Harvey, Jean-Samuel 94	
2 C.A.N.I. Athletics	A	1:32.07
3 Uottawa GeeGees	A	1:32.14
1) Takam, Xavier	2) Felix, Gio 96	
3) Livingston, Adrian	4) Lyness, Quinn	
4 McGill	A	1:32.30
1) Dorantes-Ferreira, Diego 98	2) Iino, Hiroki 98	
3) Soderstrom, Kurt 98	4) Evuloeocha, Uzoeshina (Uzo) 00	
5 Brock Badgers	A	1:32.37
6 UDEM	A	1:33.86
1) Martin, Christophe 93	2) Dumoulin, Chrisghany Fabrice 9	
3) Mingot, Jo�an Falex 99	4) Jiang, David 93	
7 Brock Badgers	B	1:35.77
8 Ottawa Lions Youth	A	1:37.70
9 Ottawa Lions Youth	B	1:41.65
--- Vert et Or	A	DNF
1) Lemonde, Gabriel 96	2) Casimir, Mc Christian 97	
3) Gaudette, Michael	4) Smith-Drouin, Brandon 91	

Men 4x400 Meter Relay Open

Team	Relay	Finals
Finals		
1 Vert et Or	A	3:18.29
1) Lafreniere, Jeremy	2) Rousseau, Jacob	
3) Pelletier, Charles 97	4) Aber, Yassine 96	
49.4179 (49.4179)	1:38.9705 (49.5526)	2:29.1832 (50.2127)
3:18.2853 (49.1021)		
2 Ottawa Lions	A	3:29.29
52.1621 (52.1621)	1:43.2516 (51.0895)	2:35.2937 (52.0421)
3:29.2821 (53.9884)		
3 C.A.N.I. Athletics	A	3:30.48
51.9937 (51.9937)	1:45.6579 (53.6642)	2:40.4832 (54.8253)
3:30.4768 (49.9936)		
4 Kingston Achilles	A	3:34.57
53.3810 (53.3810)	1:44.2358 (50.8548)	2:35.1453 (50.9095)
3:34.5695 (59.4242)		
5 Ottawa Lions	B	3:44.27
53.0168 (53.0168)	1:48.3916 (55.3748)	2:47.3695 (58.9779)
3:44.2610 (56.8915)		
6 C.A.N.I. Athletics	B	3:49.31
56.1810 (56.1810)	1:56.7747 (1:00.5937)	2:52.6705 (55.8958)
3:49.3074 (56.6369)		

7 UQAM	A	3:53.73
	2) Phan, Mederick 95	
3) Grondin-Bernier, Samuel	4) Larose, Julien	
56.1663 (56.1663)	1:50.2326 (54.0663)	2:51.0116 (1:00.7790)
3:53.7221 (1:02.7105)		
8 Ottawa Lions	C	3:57.97
56.5810 (56.5810)	1:59.7495 (1:03.1685)	2:58.7410 (58.9915)
3:57.9684 (59.2274)		

Men High Jump Open

Name	Yr	Team	Finals
Finals			
1 Lafleur, Hans	96	C.A.N.I. Ath	2.08m
2 Nkusi, Steve	96	C.A.N.I. Ath	1.98m
2 Ollivier, �mile	95	UDEM	1.98m
4 Thompson, Ajay	98	University o	1.93m
5 Davidson, Solomon	99	University o	1.88m
6 Sara, Zoltan	75	Brockville L	1.83m
6 Gleason, Cameron	99	Brock Badger	1.83m
6 Fatoye, Adeyemi		Carleton Ravens	1.83m
6 Francillon, Ismail	99	MCGU	1.83m
10 MacLean, Nick		GeeGees	1.78m
10 Ali, Bilal	99	MCGU	1.78m
10 Chateau, Herve		Ottawa Lions	1.78m
13 Ollivier, Philippe	67	Saint-Lauren	1.58m
13 B�rub�, Antoine	95	UDEM	1.58m

Men Pole Vault Open

Name	Yr	Team	Finals
Finals			
1 Van Biljon, John Claude	95	Ottawa Lions	4.46m
2 Bustillos, Jesus	02	Ottawa Lions	4.06m
3 Nault, Kevin	94	Ottawa Lions	3.76m
4 Hong, Adrien	01	MCGU	3.66m
5 Stathis, Alexander	99	MCGU	3.56m
5 Emode, Mark	95	Ottawa Lions	3.56m
--- Soderstrom, Kurt	98	MCGU	NH

Men Long Jump Open

Name	Yr	Team	Finals
Finals			
1 Casimir, Mc Christian	97	Vert et Or	6.69m
2 Patterson, Bryson	95	C.A.N.I. Ath	6.63m
3 Martineau, Brandyn	92	Ottawa Lions	6.32m
4 Fortier, Jesse	95	GeeGees	6.21m
5 Sprague, Kyle		GeeGees	6.18m
6 Choquette, Raphael		GeeGees	6.10m
7 Takam, Xavier		GeeGees	5.80m
8 Eveillard, Kensley		Ottawa Lions	5.69m
9 B�rub�, Antoine	95	UDEM	5.68m
10 Brougham, Derek		Ottawa Lions	5.65m
11 Chateau, Herve		Ottawa Lions	5.53m
12 Grondin-Bernier, Samuel		UQAM	5.30m
13 Snelson, Tyler		Ottawa Lions	5.22m
14 Milliere, Matt	96	Brock Badger	5.08m

Raven U-Sport Last Chance Invitational - 2/16/2019**Raven U-Sport Last Chance Invitational****Louis Riel Dome****Results****Finals ... (Men Long Jump Open)**

	Name	Yr	Team	Finals
15	Ollivier, Émile	95	UDEM	4.96m
16	Ollivier, Philippe	67	Saint-Lauren	4.86m
---	Bhavsar, Miken	99	Brock Badger	FOUL
---	Bustillos, Jesus	02	Ottawa Lions	FOUL

Men Triple Jump Open

	Name	Yr	Team	Finals
Finals				
1	Sprague, Kyle		GeeGees	12.05m
2	Eveillard, Kensley		Ottawa Lions	11.53m

Men Shot Put Open

	Name	Yr	Team	Finals
Finals				
1	Baudin, Nicolas	96	MCGU	13.62m
2	Tremblay, Mathieu		GeeGees	11.93m
3	Guerra, Jose	99	MCGU	11.73m
4	Gilman, Malcolm		Ottawa Lions	11.39m
5	Enerva, Joe	97	University o	11.11m
6	Regaudie, Max	94	MCGU	9.49m

Men Weight Throw Open

	Name	Yr	Team	Finals
Finals				
1	Frappier, Dominic	93	Vert et Or	14.93m
2	Guerra, Jose	99	MCGU	14.45m
3	Loffredo, Sergio	91	LAVAL	13.77m
4	James, Stephen	96	Silverback	13.17m
5	Muller, Emil	35	Throwers Clu	12.43m
6	Petrov, George	08	Unattached O	12.38m
7	Baudin, Nicolas	96	MCGU	12.05m
8	Tremblay, Mathieu		GeeGees	11.77m
9	Gilman, Malcolm		Ottawa Lions	11.15m
10	Regaudie, Max	94	MCGU	10.80m

Mixed 60 Meter Hurdles Mini Hurdles Under 16

	Name	Yr	Team	Finals
Finals				
1	Ogedengbe, Christwill	W05	Ottawa Lions	10.48
2	Stefani, Angelica	W05	Ottawa Lions	10.90
3	Strader, Maya	W05	Ottawa Lions	11.18
4	Cunningham, Teeshie	W05	Ottawa Lions	11.41

Mixed 4x100 Meter Relay Under 16

	Team	Relay	Finals
Finals			
1	Ottawa Lions Lane 4	A	52.05
2	Ottawa Lions Lane 3	A	57.10
3	Ottawa Lions Lane 2	A	1:00.03
4	Ottawa Lions Lane 1	A	1:01.34