

Licensed to Ottawa Lions T&F Club HY-TEK's Meet Manager 2024-02-18 01:15 AM
 Carleton Ravens U-Sport Last Chance - 2024-02-16 to 2024-02-17
 Ottawa Lions U-16 Chilly Open
 Louis-Riel Dome
 Results

Girls 60 Meter Dash Under 16

```
=====
Dome (u18): * 7.66 2016-12-17 Deondra Green, Kilomaitres
Dome (u16): ^ 7.71 2015-12-19 Deondra Green, Kilomaitres
Name Year Team Finals H#
=====
Finals
1 Syllion, Rhianna 09 Unattached 0 8.30 1
2 Williams, Atalia 10 Ottawa Lions 8.33 1
3 Buffone, Livia 09 Ottawa Lions 8.41 2
4 Tobal, Zoe 10 C.A.N.I. Ath 8.43 1
5 Mourchidi, Malak 11 A.T.P Athlét 8.68 1
6 Léger, Céline 09 Ottawa Lions 8.84 2
7 Nitta Mackay, Norah 11 Ottawa Lions 8.88 2
8 Roberge, Emma-Rose 10 Gatineau 8.98 1
9 Ashiri, Ariana 11 C.A.N.I. Ath 9.22 2
10 Nloga, Stella 12 Gridiron Aca 9.70 1
11 Gagnon, Alexianne 09 Gatineau 10.23 2
```

Girls 150 Meter Dash Under 16

```
=====
Dome (u18): * 18.32 2006-01-29 Kimberly Hyacinthe, St. Laurent Select
Dome (u16): ^ 18.72 2015-01-10 Lauren Gale, Ottawa Lions
Name Year Team Finals H#
=====
1 Tobal, Zoe 10 C.A.N.I. Ath 19.80 2
2 Syllion, Rhianna 09 Unattached 0 19.81 1
3 Buffone, Livia 09 Ottawa Lions 20.23 2
4 Williams, Atalia 10 Ottawa Lions 20.43 1
5 Mourchidi, Malak 11 A.T.P Athlét 20.62 1
6 Léger, Céline 09 Ottawa Lions 21.37 4
7 Franklin, Victoria 10 Gatineau 21.50 1
8 Roberge, Emma-Rose 10 Gatineau 22.29 2
9 Ashiri, Ariana 11 C.A.N.I. Ath 22.78 3
10 Connolly, Ainsley 08 Ottawa Lions 23.37 2
11 Nloga, Stella 12 Gridiron Aca 25.48 3
```

Girls 500 Meter Run Under 16

```
=====
Name Year Team Finals
=====
1 McGregor, Ellie 09 unassigned 1:18.06
2 Nitta Mackay, Norah 11 Ottawa Lions 1:27.62
3 Bouchard, Noémie 09 Gatineau 1:35.18
```

Girls 1000 Meter Run Under 16

```
=====
Dome (u18): * 2:53.14 2015-12-19 Shona McCulloch, Ottawa Lions
Dome (u16): ^ 2:55.13 2015-12-19 Mei Mei Weston, Ottawa Lions
Name Year Team Finals
=====
1 Zarrougui, Amira 11 A.T.P Athlét 3:08.08
2 Arabackyj, Bianca 09 Ottawa Lions 3:10.33
```

Girls 60 Meter Hurdles Mini Hurdles Under 16

```
=====
Name Year Team Finals H#
=====
1 Franklin, Victoria 10 Gatineau 10.82 2 27"
2 Kuemmerle, Salome 08 Ottawa Lions 11.18 2 27"
3 Syllion, Rhianna 09 Unattached 0 11.32 1 30"
```

Women 60 Meter Dash Open

=====

Dome (Open): D 7.44 2010-02-13 Toyin Olupona, Elite Edge
 Dome (u20): ! 7.50 2019-02-16 Deondra Green, St. Laurent Select
 Dome (u18): * 7.66 2016-12-17 Deondra Green, Kilomaitres
 Meet Record: M 7.50 2019-02-16 Deondra Green, St. Laurent Select
 USport AutoQ: U 7.42

Name	Year	Team	Prelims	H#	
=====					
Preliminaries					
1 Leduc, Audrey	99	Laval Rouge-	U 7.25q	1	
2 Gale, Lauren	00	Ottawa Lions	7.52q	1	
3 Brown, Janae	03	York Lions	7.54q	1	
4 Manor, Katie	03	Ottawa Gee-G	7.62q	1	7.620
4 Pinheiro, Nkeka	95	C.A.N.I. Ath	7.62q	2	7.620
6 Baulu, Élodie	96	Saint-Lauren	7.65q	2	
7 Béliveau, Émy	95	Montréal Car	7.67q	1	7.664
8 Oppong-Nketiah, Jorai	08	Ottawa Lions	7.67q	2	7.669
9 Dulude Bellavance, Sarah	01	Laval Rouge-	7.68q	2	
10 McIntyre, Victoria	95	Ottawa Lions	7.74q	2	
11 Vieux, Kayla	01	C.A.N.I. Ath	7.78q	2	
12 Eruotor, Fega	07	C.A.N.I. Ath	7.79q	3	7.782
13 Lu Langley, Vanessa	02	Saint-Lauren	7.79	3	7.786
14 Ouangre, Sarah Firmie	03	Ottawa Gee-G	7.86	3	
15 Phan, Adriana	01	Montréal Car	7.87	3	
16 Whyte, Rachel	05	York Lions	7.88	4	
17 Zahlbruckner, Felicitas	03	McGill	7.91	5	
18 Quaidoo, Alexandra	03	York Lions	7.95	4	
19 Patrick, Lecia	07	C.A.N.I. Ath	7.97	3	
20 Basu, Rose	05	Carleton Rav	8.03	3	
21 Parris, Ieasha	96	C.A.N.I. Ath	8.04	4	
22 Gilbert, Ella-Grace	03	Carleton Rav	8.08	4	
23 Laberge, Mégane	99	Montréal Car	8.10	5	
24 McNeilly, Asha	04	Ottawa Lions	8.14	5	
25 Walton-Knight, Bethany	03	McGill	8.19	5	
26 Smardon, Shondreya	07	C.A.N.I. Ath	8.25	4	
27 Dignass, Marie	01	Piranhas Éts	8.26	6	
28 Brown, Ashleigh	03	McGill	8.30	5	
29 Donahue, Ellie	04	McGill	8.35	6	
30 Mukerji, Chelsea	04	McGill	8.36	6	
31 Taylor, Naima	07	Limitless Er	8.37	7	
32 Zhang, Amy	06	Ottawa Lions	8.38	7	
33 Cattana, Simone	04	McGill	8.41	7	
34 Oppong-Nketiah, Jedidah	07	Ottawa Lions	8.47	4	
35 Pender, Tatiana	05	Ottawa Gee-G	8.49	6	
36 Paquette, Claudia	99	Laval Rouge-	8.50	5	
37 Kabongo, Kaylyne	04	Carleton Rav	8.53	7	
38 Markin, Annel	06	Carleton Rav	8.57	7	
39 Ostertag, Coralie	02	Ottawa Gee-G	8.61	6	
40 Timothée, Danika	06	Limitless Er	8.65	8	
41 Yach, Koree	06	C.A.N.I. Ath	8.75	8	
42 Crey, Juliette	01	Piranhas Éts	8.79	9	
43 Milanova, Siyana	01	Piranhas Éts	8.82	9	
44 Woodard, Caroline	02	McGill	8.83	8	
45 Floyd-Gibson, Emilie	00	Saint-Lauren	8.92	8	
46 Assani, Deborah	05	Carleton Rav	8.94	8	
47 Tchinda, Emmanuelle	04	Ottawa Gee-G	9.02	8	
48 Brennan, Erin	98	Saint-Lauren	9.17	9	
49 Di Arcangelo, Adriana	04	Concordia St	9.23	9	

Women 60 Meter Dash Open

=====

Dome (Open): D 7.44 2010-02-13 Toyin Olupona, Elite Edge
 Dome (u20): ! 7.50 2019-02-16 Deondra Green, St. Laurent Select
 Dome (u18): * 7.66 2016-12-17 Deondra Green, Kilomaitres
 Meet Record: M 7.50 2019-02-16 Deondra Green, St. Laurent Select
 USport AutoQ: U 7.42

Name	Year	Team	Finals	H#
=====				
Finals				
1	Leduc, Audrey	99 Laval Rouge-	7.22U	2
2	Gale, Lauren	00 Ottawa Lions	7.46M	2
3	Pinheiro, Nkeka	95 C.A.N.I. Ath	7.58	2
4	Baulu, Élodie	96 Saint-Lauren	7.60	2
5	Oppong-Nketiah, Jorai	08 Ottawa Lions	7.62	1
6	Brown, Janae	03 York Lions	7.63	2
7	Béliveau, Émy	95 Montréal Car	7.64	2
8	McIntyre, Victoria	95 Ottawa Lions	7.69	1
9	Dulude Bellavance, Sarah	01 Laval Rouge-	7.75	1
10	Eruotor, Fega	07 C.A.N.I. Ath	7.78	1
11	Vieux, Kayla	01 C.A.N.I. Ath	7.81	1

Women 300 Meter Dash Open

=====

Dome (Open): D 37.19 2023-01-21 Lauren Gale, Ottawa Lions
 Dome (u20): ! 39.13 2018-02-17 Sharelle Samuel, Ottawa Lions
 Dome (u20): ! 39.13 2015-02-07 Lauren Gale, Ottawa Lions
 Dome (u18): * 39.13 2015-02-07 Lauren Gale, Ottawa Lions
 Meet Record: M 38.40 2018-02-17 Audrey Jackson, Universite de Montreal
 USport AutoQ: U 38.45

Name	Year	Team	Finals	H#
=====				
1	Gale, Lauren	00 Ottawa Lions	36.48D	1
2	McIntyre, Victoria	95 Ottawa Lions	38.66	1
3	Ogunremi, Doyin	02 Ottawa Gee-G	38.73	2
4	Jackson, Audrey	98 Montréal Car	38.84	1
5	Pinheiro, Nkeka	95 C.A.N.I. Ath	39.14	3
6	Stieh, Amy	01 Lakehead Thu	39.32	2
7	Baulu, Élodie	96 Saint-Lauren	39.46	4
8	Zahlbruckner, Felicitas	03 McGill	39.58	3
9	Parris, Ieasha	96 C.A.N.I. Ath	40.23	5
10	Oppong-Nketiah, Jorai	08 Ottawa Lions	40.51	4
11	Laberge, Mégane	99 Montréal Car	40.58	5
12	Whyte, Rachel	05 York Lions	40.66	15
13	Béliveau, Émy	95 Montréal Car	40.70	4
14	Quaidoo, Alexandra	03 York Lions	40.75	6
15	Lampo, Tia	99 Lakehead Thu	40.85	4
16	Deslandes, Myriam	03 Montréal Car	40.99	3
17	White, Sydney	02 Lakehead Thu	41.49	8
18	Mahajan, Sia	02 Ottawa Gee-G	41.77	6
19	Dewar, Shannon	08 Ottawa Lions	41.79	9
20	Heath, Jasmine	03 York Lions	41.94	5 41.936
20	Taylor, Naima	07 Limitless Er	41.94	11 41.936
22	Gilmour, Audrey	03 McGill	42.03	7
23	Cenac, Courtney	03 Ottawa Gee-G	42.24	6
24	Eruotor, Fega	07 C.A.N.I. Ath	42.27	5
25	Cross, Laura	04 Carleton Rav	42.57	7 42.564
26	DaSilva, Aly	03 Lakehead Thu	42.57	9 42.567
27	Walton-Knight, Bethany	03 McGill	42.78	8
28	Brown, Ashleigh	03 McGill	43.02	10
29	Smardon, Shondreya	07 C.A.N.I. Ath	43.34	8
30	Pender, Tatiana	05 Ottawa Gee-G	43.52	8
31	Nyman, Jill	06 Laurel Creek	43.83	9
32	Yach, Koree	06 C.A.N.I. Ath	44.01	10
33	Robinson, Skye	04 Concordia St	44.05	11
34	Kabongo, Kaylyne	04 Carleton Rav	44.12	13
35	Oberlander, Sophie	05 McGill	44.23	12
36	Cattana, Simone	04 McGill	44.42	10
37	Fowler, Olajiire	05 Carleton Rav	44.66	11
38	Bourenane, Cylia	05 Gatineau	44.80	11
39	Collins, Lara	05 McGill	44.81	13
40	Murdock, Allison	03 McGill	45.16	10
41	Ostertag, Coralie	02 Ottawa Gee-G	45.33	12
42	Banville, Eugenie	01 Sherbrooke V	45.98	12
43	Crey, Juliette	01 Piranhas Éts	46.55	14

44	Timothée, Danika	06	Limitless Er	46.97	15
45	Lamarche, Madison	05	Ottawa Gee-G	48.76	14
46	Colluci, Sophia	04	Concordia St	48.80	15
47	Melchoir, Ginelle	06	C.A.N.I. Ath	49.20	16
48	Aubin, Jacqueline	07	Ottawa Lions	49.79	14
49	Di Arcangelo, Adriana	04	Concordia St	52.55	16
50	Odutola, Sonia	02	Carleton Rav	53.15	14

Women 400 Meter Dash Open

=====

Dome (Open): D 54.53 2015-03-07 Farah Jacques, Ottawa Lions
 Dome (u20): ! 55.75 2015-03-07 Lauren Gale, Ottawa Lions
 Dome (u18): * 55.75 2015-03-07 Lauren Gale, Ottawa Lions
 USport AutoQ: U 54.01

Name	Year	Team	Finals
1	Walton, Shannon	94	Limitless Er 1:00.62
2	Lalonde, Ella	04	Ottawa Gee-G 1:01.73
3	Bourenane, Cylia	05	Gatineau 1:03.89

Women 600 Meter Run Open

=====

Dome (Open): D 1:29.38 2014-12-20 Karine Belleau-Beliveau, Les Vaniguers
 Dome (u20): ! 1:29.86 2015-02-07 Erinn Stenman-Fahey, Ottawa Lions
 Dome (u18): * 1:32.33 2014-02-01 Erinn Stenman-Fahey, Ottawa Lions
 Meet Record: M 1:30.14 2020-02-15 Jenna Smith, University of Guelph
 USport AutoQ: U 1:30.63

Name	Year	Team	Finals	H#	
1	Ba, Sophie	98	Sherbrooke V 1:32.60	1	Splits: 30.19, 62.41
2	McCormick, Brooklyn	01	Toronto Vars 1:33.91	1	Splits: 29.96, 63.95
3	Collins, Sydney	98	Laurel Creek 1:34.66	1	Splits: 29.84, 64.82
4	Holmes, Rosemary	00	Ottawa Lions 1:34.86	1	Splits: 29.62, 65.24
5	Essabar, Jade	03	Piranhas Éts 1:35.47	1	Splits: 29.32, 66.15
6	Bullock, Madelyn	00	Queen's Gael 1:35.52	1	Splits: 30.58, 64.94
7	Gagnon, Mariane	00	Montréal Car 1:35.68	1	Splits: 30.39, 65.29
8	Deslandes, Myriam	03	Montréal Car 1:38.08	2	
	31.3979 (31.3979)		1:38.0759 (1:06.6780)		
9	Cross, Laura	04	Carleton Rav 1:38.45	1	Splits: 30.64, 67.81
10	Hendrikx, Olivia	00	Queen's Gael 1:39.00	2	
	31.0799 (31.0799)		1:38.9969 (1:07.9170)		
11	Parkinson, Kara	00	Queen's Gael 1:39.53	2	
	31.0029 (31.0029)		1:39.5259 (1:08.5230)		
12	Di Giovanni, Alessandra	05	York Lions 1:39.68	2	
	31.2759 (31.2759)		1:39.6809 (1:08.4050)		
13	Dewar, Shannon	08	Ottawa Lions 1:39.80	3	
	32.9977 (32.9977)		1:39.7977 (1:06.8000)		
14	Racine-Prud'homme, André	02	Montréal Car 1:39.88	3	
	31.8767 (31.8767)		1:39.8777 (1:08.0010)		
15	Murchison, Charlotte	04	York Lions 1:40.45	3	
	31.9377 (31.9377)		1:40.4447 (1:08.5070)		
16	Lee, Kassandra	98	Sherbrooke V 1:40.46	3	
	31.3847 (31.3847)		1:40.4587 (1:09.0740)		
17	Nyman, Jill	06	Laurel Creek 1:41.03	3	
	32.6407 (32.6407)		1:41.0267 (1:08.3860)		
18	Robinson, Skye	04	Concordia St 1:41.26	3	
	31.4657 (31.4657)		1:41.2527 (1:09.7870)		
19	Nyman, Georgia	05	Laurel Creek 1:41.83	3	
	32.2557 (32.2557)		1:41.8267 (1:09.5710)		
20	LeBlanc, Ella	07	Unattached 0 1:42.52	2	
	31.8889 (31.8889)		1:42.5129 (1:10.6240)		
21	Miller, Bellamie	05	Ottawa Gee-G 1:43.72	3	
	32.5867 (32.5867)		1:43.7157 (1:11.1290)		
22	Haron, Erini	00	Queen's Gael 1:46.27	2	
	30.8149 (30.8149)		1:46.2649 (1:15.4500)		
23	Colgan, Valéry	00	Montréal Car 1:46.77	2	
	33.2229 (33.2229)		1:46.7699 (1:13.5470)		
24	Paquette, Jasmine	99	Montréal Car 1:47.89	3	

35.8747 (35.8747)	1:47.8867 (1:12.0120)		
25 Lamarche, Madison	05 Ottawa Gee-G	1:51.61	3
34.5947 (34.5947)	1:51.6107 (1:17.0160)		
26 Ming-Lafond, Jacqueline	01 Uqam Citadin	1:53.10	3
36.9647 (36.9647)	1:53.0967 (1:16.1320)		
27 Senecal, Gabrielle	04 Concordia St	2:07.67	3
38.4337 (38.4337)	2:07.6687 (1:29.2350)		

Women 1000 Meter Run Open

=====

Dome (Open): D 2:42.47 2016-01-23 Gabriella Stafford, University of Toronto
 Dome (u20): ! 2:44.81 2011-12-17 Annie LeBlanc, Lanaudiere Olympic
 Dome (u18): * 2:53.14 2015-12-19 Shona McCulloch, Ottawa Lions
 Meet Record: M 2:49.72 2019-02-16 Charlotte Gardner, Ottawa Lions
 USport AutoQ: U 2:45.88

Name	Year Team	Finals	H#
1 Boudreau, Camille	01 Laval Rouge-	2:49.18M	1
33.6276 (33.6276)	1:41.4986 (1:07.8710)	2:49.1766	(1:07.6780)
2 Ghazarian, Sevanne	99 Laurel Creek	2:55.00	1
34.0686 (34.0686)	1:46.7596 (1:12.6910)	2:54.9956	(1:08.2360)
3 DeBoer, Julie	08 Laurel Creek	2:55.96	1
34.5366 (34.5366)	1:49.1456 (1:14.6090)	2:55.9566	(1:06.8110)
4 Vaillancourt, Emma	91 Unattached 0	2:56.57	1
35.5186 (35.5186)	1:48.2376 (1:12.7190)	2:56.5696	(1:08.3320)
5 Haron, Erini	00 Queen's Gael	2:56.91	1
34.6296 (34.6296)	1:48.6976 (1:14.0680)	2:56.9076	(1:08.2100)
6 Taylor, Katherine	02 Queen's Gael	2:57.61	1
34.9306 (34.9306)	1:46.9576 (1:12.0270)	2:57.6016	(1:10.6440)
7 Martineau, Eliane	01 Laval Rouge-	3:01.10	1
34.7736 (34.7736)	1:48.0836 (1:13.3100)	3:01.0996	(1:13.0160)
8 Douma, Anna	07 Laurel Creek	3:02.06	1
34.3856 (34.3856)	1:49.1006 (1:14.7150)	3:02.0516	(1:12.9510)
9 McIntosh, Abby	03 McGill	3:02.73	1
35.0756 (35.0756)	1:49.0706 (1:13.9950)	3:02.7266	(1:13.6560)
10 Fitzpatrick, Arowyn	05 McGill	3:02.98	1
35.3036 (35.3036)	1:48.9036 (1:13.6000)	3:02.9756	(1:14.0720)
11 Paquette, Jasmine	99 Montréal Car	3:12.39	2
38.3521 (38.3521)	1:57.2111 (1:18.8590)	3:12.3821	(1:15.1710)
12 Brown, Taylor	03 Ottawa Gee-G	3:13.26	2
36.1781 (36.1781)	1:54.1111 (1:17.9330)	3:13.2591	(1:19.1480)
13 Colgan, Valéry	00 Montréal Car	3:13.91	2
38.6141 (38.6141)	1:57.8461 (1:19.2320)	3:13.9041	(1:16.0580)
14 Lamri, Lidia	07 A.T.P Athlét	3:14.90	2
36.9261 (36.9261)	1:57.3571 (1:20.4310)	3:14.8941	(1:17.5370)
15 Lyons, Waverley	07 Ottawa Lions	3:19.53	2
38.2261 (38.2261)	2:01.3841 (1:23.1580)	3:19.5221	(1:18.1380)
16 Sénéchal, Clara	05 Gatineau	3:28.73	2
38.4951 (38.4951)	2:03.4341 (1:24.9390)	3:28.7231	(1:25.2890)
17 Ross, Makaila	04 Concordia St	3:28.96	2
39.6661 (39.6661)	2:06.7141 (1:27.0480)	3:28.9541	(1:22.2400)
18 Senecal, Gabrielle	04 Concordia St	3:38.66	2
39.4361 (39.4361)	2:09.0201 (1:29.5840)	3:38.6531	(1:29.6330)
19 Mann, Annika	05 Remparts	3:50.62	2
39.2391 (39.2391)	2:10.9851 (1:31.7460)	3:50.6181	(1:39.6330)

Women 1500 Meter Run Open

=====

Dome (Open): D 4:20.23 2013-03-02 Emma Galbraith, Ottawa Lions
 Dome (u20): ! 4:20.23 2013-03-02 Emma Galbraith, Ottawa Lions
 Dome (u18): * 4:30.56 2016-01-23 Shona McCulloch, Ottawa Lions
 Meet Record: M 4:25.71 2017-02-18 Julie-Anne Staehli, Queen's University
 USport AutoQ: U 4:24.34

Name	Year Team	Finals	H#
1 Tripotin, Elisa	98 Uqam Citadin	4:34.35	1
56.9712 (56.9712)	2:13.0172 (1:16.0460)	3:23.8712	(1:10.8540)
4:34.3462 (1:10.4750)			

2 Lavigne, Sabrina 57.1692 (57.1692) 4:38.1102 (1:13.8330)	99 Laval Rouge- 2:13.2132 (1:16.0440)	4:38.11 1 3:24.2772 (1:11.0640)
3 Vaillancourt, Emma 58.5642 (58.5642) 4:41.0112 (1:09.3550)	91 Unattached 0 2:15.3792 (1:16.8150)	4:41.02 1 3:31.6562 (1:16.2770)
4 Gunther, Nina 57.1522 (57.1522) 4:42.7782 (1:16.1970)	98 Ottawa Lions 2:13.1592 (1:16.0070)	4:42.78 1 3:26.5812 (1:13.4220)
5 Boyer, M��r��dith 58.6052 (58.6052) 4:43.4942 (1:12.9140)	02 Montr��al Car 2:15.1542 (1:16.5490)	4:43.50 1 3:30.5802 (1:15.4260)
6 De Coene, ��lodie 58.3132 (58.3132) 4:46.8312 (1:15.6010)	98 Montr��al Car 2:14.7742 (1:16.4610)	4:46.84 1 3:31.2302 (1:16.4560)
7 Veilleux, Emma 59.1012 (59.1012) 4:47.7262 (1:14.0820)	04 Saint-Lauren 2:16.9762 (1:17.8750)	4:47.73 1 3:33.6442 (1:16.6680)
8 Veilleux, Sofia 59.3102 (59.3102) 4:48.1462 (1:14.0430)	04 Saint-Lauren 2:17.0282 (1:17.7180)	4:48.15 1 3:34.1032 (1:17.0750)
9 Gal, Klara 1:02.3306 (1:02.3306) 4:50.7206 (1:10.1410)	05 Montr��al Car 2:21.4586 (1:19.1280)	4:50.72 2 3:40.5796 (1:19.1210)
10 Taylor, Katherine 58.8752 (58.8752) 4:51.1202 (1:16.6010)	02 Queen's Gael 2:17.4302 (1:18.5550)	4:51.12 1 3:34.5192 (1:17.0890)
11 Perry, Robyn 58.9802 (58.9802) 4:52.1192 (1:16.6720)	02 Queen's Gael 2:17.5772 (1:18.5970)	4:52.12 1 3:35.4472 (1:17.8700)
12 Grand'maison, Janie 1:02.9256 (1:02.9256) 4:52.4616 (1:12.1190)	94 Montr��al Car 2:21.5636 (1:18.6380)	4:52.47 2 3:40.3426 (1:18.7790)
13 Kealy, Saoirse 1:02.9776 (1:02.9776) 4:59.1186 (1:17.7090)	01 Carleton Rav 2:21.7906 (1:18.8130)	4:59.12 2 3:41.4096 (1:19.6190)
14 Bolger, Natasha 1:02.0606 (1:02.0606) 4:59.1886 (1:18.2570)	03 Uqam Citadin 2:21.2126 (1:19.1520)	4:59.19 2 3:40.9316 (1:19.7190)
15 Brackenbury, Claire 1:02.5556 (1:02.5556) 5:00.2456 (1:20.1520)	04 Queen's Gael 2:20.9126 (1:18.3570)	5:00.25 2 3:40.0936 (1:19.1810)
16 Smith, Erica 59.3072 (59.3072) 5:00.9512 (1:20.4700)	01 Queen's Gael 2:18.3462 (1:19.0390)	5:00.96 1 3:40.4812 (1:22.1350)
17 Fowler, Kylee 1:02.8246 (1:02.8246) 5:03.5346 (1:22.7520)	03 Ottawa Gee-G 2:21.2766 (1:18.4520)	5:03.54 2 3:40.7826 (1:19.5060)
18 Roberge, Alyssa 1:02.6846 (1:02.6846) 5:06.4536 (1:20.9700)	02 Remparts 2:22.1476 (1:19.4630)	5:06.46 2 3:45.4836 (1:23.3360)
19 Ollivier, Emma 1:01.2578 (1:01.2578) 5:08.4528 (1:21.1330)	00 Piranhas ��ts 2:25.2178 (1:23.9600)	5:08.46 3 3:47.3198 (1:22.1020)
20 Eys, Lena 1:03.4596 (1:03.4596) 5:08.8186 (1:24.0050)	06 Laurel Creek 2:22.9496 (1:19.4900)	5:08.82 2 3:44.8136 (1:21.8640)
21 Furno-Puglia, V��ronica 1:03.7086 (1:03.7086) 5:09.8246 (1:23.2690)	95 Uqam Citadin 2:24.2006 (1:20.4920)	5:09.83 2 3:46.5556 (1:22.3550)
22 Chenail, No��mie 1:01.8118 (1:01.8118) 5:10.8188 (1:19.7230)	99 McGill 2:26.3518 (1:24.5400)	5:10.82 3 3:51.0958 (1:24.7440)
23 Knight, Tessa 59.0258 (59.0258) 5:11.5858 (1:19.3440)	07 Ottawa Lions 2:26.1098 (1:27.0840)	5:11.59 3 3:52.2418 (1:26.1320)
24 Reynolds, Bryn 1:02.0788 (1:02.0788)	01 Carleton Rav 2:27.1578 (1:25.0790)	5:14.10 3 3:53.4138 (1:26.2560)

5:14.0978 (1:20.6840)			
25 Lucas, Olivia	04 Remparts	5:14.92	3
56.2318 (56.2318)	2:19.5638 (1:23.3320)	3:50.3648	(1:30.8010)
5:14.9208 (1:24.5560)			
26 Royal, Juliane	00 Montréal Car	5:16.90	2
1:03.3636 (1:03.3636)	2:24.7056 (1:21.3420)	3:51.0156	(1:26.3100)
5:16.8986 (1:25.8830)			
27 LeBlanc, Ella	07 Unattached 0	5:18.17	3
58.6248 (58.6248)	2:26.6018 (1:27.9770)	3:55.4198	(1:28.8180)
5:18.1678 (1:22.7480)			
28 Allibon, Maya	08 Ottawa Lions	5:18.23	3
59.2728 (59.2728)	2:27.1068 (1:27.8340)	3:55.9878	(1:28.8810)
5:18.2278 (1:22.2400)			
29 Wilton, Kayla	05 Lakehead Thu	5:20.12	3
1:01.8048 (1:01.8048)	2:27.3858 (1:25.5810)	3:54.1608	(1:26.7750)
5:20.1128 (1:25.9520)			
30 Lacasse, Evelyne	05 Remparts	5:46.91	3
1:00.3968 (1:00.3968)	2:30.1328 (1:29.7360)	4:08.5338	(1:38.4010)
5:46.9098 (1:38.3760)			

Women 3000 Meter Run Open

=====

Dome (Open): D 9:17.39 2017-02-18 Brogan MacDougall, Physi-Kult
 Dome (u20): ! 9:17.39 2017-02-18 Brogan MacDougall, Physi-Kult
 Dome (u18): * 9:17.39 2017-02-18 Brogan MacDougall, Physi-Kult
 Meet Record: M 9:17.39 2017-02-18 Brogan MacDougall, Physi-Kult
 USport AutoQ: U 9:30.93

Name	Year Team	Finals	
=====			
1 Ghazarian, Sevanne	99 Laurel Creek	9:47.75	
40.8403 (40.8403)	2:04.8793 (1:24.0390)	3:27.0903	(1:22.2110)
4:45.8703 (1:18.7800)	6:03.1383 (1:17.2680)	7:20.7973	(1:17.6590)
8:37.0213 (1:16.2240)	9:47.7423 (1:10.7210)		
2 Andrecyk, Athena	08 Physi-Kult	10:00.71	
41.2223 (41.2223)	2:05.0153 (1:23.7930)	3:27.6613	(1:22.6460)
4:46.7953 (1:19.1340)	6:05.1063 (1:18.3110)	7:25.9153	(1:20.8090)
8:44.7413 (1:18.8260)	10:00.7073 (1:15.9660)		
3 Nyirarukundo, Salome	97 Ottawa Lions	10:11.29	
40.7273 (40.7273)	2:04.7213 (1:23.9940)	3:27.3873	(1:22.6660)
4:46.3823 (1:18.9950)	6:04.8493 (1:18.4670)	7:26.3013	(1:21.4520)
8:48.0873 (1:21.7860)	10:11.2893 (1:23.2020)		
4 Douma, Anna	07 Laurel Creek	10:17.83	
41.1063 (41.1063)	2:05.2503 (1:24.1440)	3:27.9193	(1:22.6690)
4:48.4813 (1:20.5620)	6:15.4823 (1:27.0010)	7:39.2503	(1:23.7680)
9:01.6363 (1:22.3860)	10:17.8273 (1:16.1910)		
5 Bolger, Natasha	03 Uqam Citadin	10:21.49	
42.1163 (42.1163)	2:05.4993 (1:23.3830)	3:28.4353	(1:22.9360)
4:51.1593 (1:22.7240)	6:15.2083 (1:24.0490)	7:39.0013	(1:23.7930)
9:01.8553 (1:22.8540)	10:21.4903 (1:19.6350)		
6 Royal, Juliane	00 Montréal Car	10:59.52	
42.1763 (42.1763)	2:05.7873 (1:23.6110)	3:32.1113	(1:26.3240)
4:59.5633 (1:27.4520)	6:28.0833 (1:28.5200)	7:58.6233	(1:30.5400)
9:30.1263 (1:31.5030)	10:59.5163 (1:29.3900)		
7 Reynolds, Bryn	01 Carleton Rav	11:04.55	
44.3763 (44.3763)	2:13.7463 (1:29.3700)	3:43.1113	(1:29.3650)
5:13.4623 (1:30.3510)	6:44.4943 (1:31.0320)	8:15.6643	(1:31.1700)
9:44.1203 (1:28.4560)	11:04.5493 (1:20.4290)		
8 Eys, Lena	06 Laurel Creek	11:06.55	
41.9053 (41.9053)	2:06.1483 (1:24.2430)	3:32.3653	(1:26.2170)
4:59.8143 (1:27.4490)	6:28.5523 (1:28.7380)	8:01.3893	(1:32.8370)
9:37.7973 (1:36.4080)	11:06.5473 (1:28.7500)		
9 Furno-Puglia, Véronica	95 Uqam Citadin	11:07.84	
45.4613 (45.4613)	2:15.9733 (1:30.5120)	3:45.1853	(1:29.2120)
5:14.8973 (1:29.7120)	6:44.8753 (1:29.9780)	8:15.6583	(1:30.7830)
9:43.7443 (1:28.0860)	11:07.8323 (1:24.0880)		
10 Chenail, Noémie	99 McGill	11:10.60	
43.7223 (43.7223)	2:13.9463 (1:30.2240)	3:42.6613	(1:28.7150)
5:13.2233 (1:30.5620)	6:44.2693 (1:31.0460)	8:15.6503	(1:31.3810)

9:45.6953 (1:30.0450) 11:10.5973 (1:24.9020)
 11 Wilton, Kayla 05 Lakehead Thu 11:49.62
 42.5773 (42.5773) 2:09.9343 (1:27.3570) 3:43.9423 (1:34.0080)
 5:20.6543 (1:36.7120) 6:59.0653 (1:38.4110) 8:37.8973 (1:38.8320)
 10:15.5673 (1:37.6700) 11:49.6143 (1:34.0470)

Women 60 Meter Hurdles Open

=====

Dome (Open): D 8.49 2011-02-12 Ashlea Maddex, University of Ottawa
 Dome (u20): ! 8.49 2011-02-12 Ashlea Maddex, University of Ottawa
 Dome (u18): * 8.53 2015-12-19 Kiera Christie-Galloway, Ottawa Lions
 Meet Record: M 8.55 2019-02-16 Farah Jacques, Ottawa Lions
 USport AutoQ: U 8.42

Name	Year	Team	Prelims	H#
=====				
Preliminaries				
1 Lu Langley, Vanessa	02	Saint-Lauren	8.76q	1
2 Corriveau-Tozzi, Laetiti	02	Montréal Car	9.13q	1
3 Mostel, Tina	04	Montréal Car	9.34q	1
4 Naveang-Plouffe, Anne-Ma	04	Gatineau	9.62q	1
5 Collins, Lara	05	McGill	9.81q	2
6 Durno, Ella	05	McGill	9.84q	2
7 Dignass, Marie	01	Piranhas Éts	9.91q	2
8 Woodard, Caroline	02	McGill	10.17q	2
9 Ikhlef, Lina	01	McGill	10.93q	2
10 Phan, Adriana	01	Montréal Car	12.39q	1
-- Donati-Stoyanov, Kalina	05	Sherbrooke V	DNF	2

Women 60 Meter Hurdles Open

=====

Dome (Open): D 8.49 2011-02-12 Ashlea Maddex, University of Ottawa
 Dome (u20): ! 8.49 2011-02-12 Ashlea Maddex, University of Ottawa
 Dome (u18): * 8.53 2015-12-19 Kiera Christie-Galloway, Ottawa Lions
 Meet Record: M 8.55 2019-02-16 Farah Jacques, Ottawa Lions
 USport AutoQ: U 8.42

Name	Year	Team	Finals	H#
=====				
Finals				
1 Lu Langley, Vanessa	02	Saint-Lauren	8.77	2
2 Phan, Adriana	01	Montréal Car	8.98	1
3 Corriveau-Tozzi, Laetiti	02	Montréal Car	9.05	2
4 Mostel, Tina	04	Montréal Car	9.29	2
5 Collins, Lara	05	McGill	9.69	2
6 Woodard, Caroline	02	McGill	9.70	1
7 Durno, Ella	05	McGill	9.95	2
8 Dignass, Marie	01	Piranhas Éts	10.10	1
9 Ikhlef, Lina	01	McGill	10.22	1

Women 4x200 Meter Relay Open

=====

Dome (Open): D 1:40.28 2013-02-09 Ottawa Lions, Ottawa Lions
 Dome (u20): ! 1:40.28 2013-02-09 Ottawa Lions, Ottawa Lions
 Meet Record: M 1:41.58 2020-02-15 Universite Laval, Universite Laval
 USport AutoQ: U 1:40.00

Team	Finals	H#
=====		
1 York Lions 'A'	1:41.92	1
2 Lakehead Thunderwolves 'A'	1:42.50	1
3 Ottawa Gee-Gees 'A'	1:42.93	1
4 Carleton Ravens 'A'	1:49.16	1
5 Piranhas Éts 'A'	1:52.40	2
6 Carleton Ravens 'B'	1:59.58	2

Women 4x400 Meter Relay Open

=====

Dome (Open): D 3:44.53 2011-02-12 National Centre - Ottawa Selects, National
 Meet Record: M 3:55.95 2020-02-15 Universite de Sherbrook, Universite de She
 USport AutoQ: U 3:48.64

Team			Finals
1 York Lions 'A'			4:00.07
	2:01.5037 (2:01.5037)	3:02.4607 (1:00.9570)	4:00.0627 (57.6020)
2 Laurel Creek T.F.C 'A'			4:01.24
	1:58.8977 (1:58.8977)	3:00.7087 (1:01.8110)	4:01.2347 (1:00.5260)
3 Ottawa Gee-Gees 'A'			4:11.28
	1:59.9367 (1:59.9367)	3:02.6137 (1:02.6770)	4:11.2797 (1:08.6660)

Women 4x800 Meter Relay Open

Dome (Open): D 9:04.82 2018-01-19 University of Ottawa, University of Ottawa
 USport AutoQ: U 8:54.84

Team			Finals
1 Sherbrooke Vert-et-Or 'A'			9:04.57D
	2:17.6135 (2:17.6135)	4:35.7905 (2:18.1770)	6:49.6335 (2:13.8430)
	9:04.5675 (2:14.9340)		
2 Sherbrooke Vert-et-Or 'B'			11:23.16
	2:19.9605 (2:19.9605)	4:42.2585 (2:22.2980)	7:54.0415 (3:11.7830)
	11:23.1555 (3:29.1140)		

Women High Jump Open

Dome (Open): D 1.85m 2020-01-20 Barbara Bitchoka, C.A.N.I.
 Dome (u20): ! 1.67m 2008-02-23 Ashlea Maddex, Ottawa Lions
 Dome (u18): * 1.67m 2008-02-23 Ashlea Maddex, Ottawa Lions
 Meet Record: M 1.73m 2019-02-16 Barbara Bitchoka, C.A.N.I.
 USport AutoQ: U 1.71m

Name	Year	Team	Finals
1 Najarian, Océane	02	Sherbrooke V	1.65m
		1.55 1.60 1.65 1.68	
		X0 0 XX0 XXX	
2 Moreland, Elizabeth	03	Ottawa Gee-G	1.55m
		1.45 1.50 1.55 1.60	
		XX0 0 XX0 XXX	
3 Rimouche, Sabrina	97	Saint-Lauren	1.50m
		1.45 1.50 1.55	
		0 0 XXX	
3 McFarland, Leila	01	McGill	1.50m
		1.45 1.50 1.55	
		0 XO XXX	
3 Corriveau-Tozzi, Laetiti	02	Montréal Car	1.50m
		1.45 1.50 1.55	
		0 0 XXX	
3 Moreland, Kathryn	05	Ottawa Gee-G	1.50m
		1.40 1.45 1.50 1.55	
		0 0 XX0 XXX	
7 Lyons, Waverley	07	Ottawa Lions	1.45m
		1.25 1.30 1.35 1.40 1.45 1.50	
		0 0 0 0 0 XXX	
7 Donati-Stoyanov, Kalina	05	Sherbrooke V	1.45m
		1.40 1.45 1.50	
		X0 XX0 XXX	
7 Lalonde, Ella	04	Ottawa Gee-G	1.45m
		1.45 1.50	
		0 XXX	

Women Pole Vault Open

Dome (Open): D 4.05m 2011-03-05 Melanie Blouin, Universite Laval
 Dome (u20): ! 3.62m 2007-01-27 Ariane Beaumont-Courteau, Montreal Internati
 Dome (u18): * 3.62m 2007-01-27 Ariane Beaumont-Courteau, Montreal Internati
 Meet Record: M 3.75m 2020-02-15 Caroline Poirier, University of Ottawa
 USport AutoQ: U 3.85m

Name	Year	Team	Finals
------	------	------	--------

1 Lupien, Rosalie	00 McGill	3.21m
3.06 3.21 3.36		
0 0 XXX		
2 Chouikhi, Balqis	07 Ottawa Lions	2.91m
2.01 2.16 2.31 2.46 2.61 2.76 2.91 3.06		
P P 0 0 XX0 0 XX0 XXX		
3 Andrew, Sophie	03 McGill	2.46m
2.01 2.16 2.31 2.46 2.61		
P P P 0 XXX		
4 Whike, Alison	07 Ottawa Lions	2.31m
2.01 2.16 2.31 2.46		
0 XO 0 XXX		

Women Long Jump Open

=====

Dome (Open): D 6.01m 2013-02-09 Laurence Beudet, Corsaire Chaparal
Dome (u20): ! 5.58m 2010-05-19 Devyani Biswal, Sir Robert Borden
Dome (u18): * 5.58m 2010-05-19 Devyani Biswal, Sir Robert Borden
Meet Record: M 5.77m 2019-02-16 Rosalie Couturier, C.A. Universite Laval
USport AutoQ: U 5.91m

Name	Year Team	Finals
1 St-Germain, Maoly	02 Sherbrooke V	5.91mU
FOUL 5.78m 5.91m 5.75m 5.68m FOUL		
2 Naveang-Plouffe, Anne-Ma	04 Gatineau	5.46m
4.97m 2.42m FOUL 5.46m FOUL FOUL		
3 Ouangre, Sarah Firmie	03 Ottawa Gee-G	5.32m
5.04m 5.11m 5.32m 5.08m		
4 Patrick, Lecia	07 C.A.N.I. Ath	5.17m
4.92m 5.07m FOUL 4.73m 5.17m 4.83m		
5 Chabaud, Léna	05 Montréal Car	5.16m
4.94m FOUL FOUL 5.16m FOUL 5.15m		
6 MacLeod, Adelle	05 Carleton Rav	5.13m
4.69m FOUL 4.96m 4.91m 5.13m 4.73m		
7 Sivachandran, Shankari	03 York Lions	4.97m
4.57m 4.97m 4.91m 4.77m 4.85m 4.67m		
8 Muraleetharan, Abinaya	04 York Lions	4.96m
FOUL FOUL 4.96m FOUL FOUL FOUL		
9 Vygunthavasan, Raveena	04 York Lions	4.89m
FOUL FOUL 4.89m		
10 Ahouma, Zaboro Maylis	01 Montréal Car	4.72m
4.63m 4.63m 4.72m		
11 Dicker, Eugenie	03 McGill	4.64m
4.64m 4.53m FOUL		
12 McFarland, Leila	01 McGill	4.62m
FOUL FOUL 4.62m		
13 Bricard, Sidonie	05 Montréal Car	4.56m
4.51m FOUL 4.56m		
14 Chouikhi, Balqis	07 Ottawa Lions	4.45m
4.36m 4.23m 4.45m		
15 Colluci, Sophia	04 Concordia St	3.93m
3.76m 3.93m 3.92m		

Women Triple Jump Open

=====

Dome (Open): D 11.90m 2018-02-17 Valerie Kodo Ella, Unattached
Dome (u20): ! 11.65m 2010-05-12 Julia Stille, Lisgar
Dome (u20): ! 11.65m 2010-04-29 Krista Dillon, John McCrae
Dome (u18): * 11.65m 2010-05-12 Julia Stille, Lisgar
Meet Record: M 11.90m 2018-02-17 Valerie Kodo Ella, Unattached
USport AutoQ: U 12.14m

Name	Year Team	Finals
1 Blagogee, Eyram	05 Montréal Car	11.73m
11.30m FOUL 11.72m FOUL 11.67m 11.73m		
2 MacLeod, Adelle	05 Carleton Rav	11.18m
10.82m 10.80m 11.11m 10.86m FOUL 11.18m		
3 Burkard, Annika	98 McGill	11.09m

	FOUL	10.82m	FOUL	11.09m	FOUL	
4	Sivachandran, Shankari		03	York Lions		10.97m
	FOUL	FOUL	10.95m	10.78m	10.97m	10.62m
5	Ouangre, Sarah Firmie		03	Ottawa Gee-G		10.95m
	10.73m	FOUL	10.95m	FOUL	10.88m	
6	Gilbert, Ella-Grace		03	Carleton Rav		10.78m
	10.78m	10.57m	FOUL	FOUL	10.68m	FOUL
7	Bricard, Sidonie		05	Montréal Car		9.95m
	FOUL	FOUL	9.95m	9.88m	9.90m	9.83m
8	Dicker, Eugenie		03	McGill		9.55m
	FOUL	9.34m	9.55m	FOUL	9.43m	FOUL
9	Martin, Kaya		03	York Lions		9.35m
	FOUL	9.05m	9.35m	8.70m	FOUL	9.05m

Women Shot Put Open

=====
Dome (Open): D 16.76m 2016-01-23 Brittany Crew, York University
Dome (u20): ! 13.47m 2017-02-18 Grace Tennant, Team GRUNT
Dome (u18): * 13.44m 2015-12-19 Linda Mbongo, St. Laurent
Meet Record: M 13.66m 2020-02-15 Ivonne Coulibaly, Universite Laval
USport AutoQ: U 13.33m

Name	Year	Team	Finals
1 Asiamah, Brianna	01	Carleton Rav	13.09m
		12.34m FOUL 11.97m 12.76m FOUL 13.09m	
2 Gyamfi, Jessica	04	Ottawa Gee-G	11.91m
		11.91m FOUL 10.62m 11.34m 11.46m FOUL	
3 Gilbert, Sadie	07	Ottawa Lions	10.26m
		10.26m 10.14m FOUL 9.47m 9.77m 9.37m	
4 Moreland, Kathryn	05	Ottawa Gee-G	10.11m
		9.75m 9.84m 9.61m 9.22m 9.60m 10.11m	
5 Purves, Katie	23	Ottawa Gee-G	9.95m
		9.08m 8.74m 9.26m 8.04m 9.95m 9.08m	
6 Ikhlef, Lina	01	McGill	9.79m
		9.75m 9.79m 9.61m 9.69m 9.57m 9.74m	
7 Villeneuve, Ella	03	McGill	9.44m
		8.57m 8.58m 9.33m 9.44m 9.16m 8.52m	
8 Chabaud, Léna	05	Montréal Car	9.39m
		9.02m 9.31m 9.39m 7.98m 8.71m	
9 Fairclough, Calyse	04	Carleton Rav	8.88m
		8.88m 8.32m 8.26m	
10 Parent-Delgadillo, Dora	04	Montréal Car	8.80m
		FOUL 8.80m 8.54m	
11 Brennan, Erin	98	Saint-Lauren	8.61m
		8.33m 7.93m 8.61m	
12 Corriveau-Tozzi, Laetiti	02	Montréal Car	7.82m
		7.82m 7.71m FOUL	
13 Durno, Ella	05	McGill	7.55m
		7.48m 7.55m 7.14m	
14 Naveang-Plouffe, Anne-Ma	04	Gatineau	6.97m
		6.97m 6.94m	
15 Tod, Kayla	05	Remparts	6.35m
		5.98m 6.35m 6.27m	

Women Weight Throw Open

=====
Dome (Open): D 21.19m 2016-12-17 Sultana Frizell, Ottawa Lions
Dome (u20): ! 14.97m 2007-12-15 Annie Larose, St. Laurent Select
Dome (u18): * 13.78m 2015-02-21 Tanya Coulter, Ottawa Lions
Meet Record: M 18.21m 2019-02-16 Ariane Dubois, Universite de Sherbrooke
USport AutoQ: U 16.84m

Name	Year	Team	Finals
1 Gyamfi, Jessica	04	Ottawa Gee-G	14.95m
		14.95m 14.36m 14.09m FOUL 14.56m 14.89m	
2 Villeneuve, Ella	03	McGill	12.05m
		10.62m 9.76m 12.05m 10.62m FOUL 11.76m	
3 Gilbert, Émilie	99	Montréal Car	11.34m

11.34m FOUL 10.85m 10.74m 10.19m 10.99m
 4 Fairclough, Calyse 04 Carleton Rav 9.00m
 8.07m FOUL 8.18m 7.67m 9.00m 7.92m

Boys 60 Meter Dash Under 16

```
=====
Dome (u18): * 6.79 2008-12-20 Aaron Bowman, St. Thomas Legion
Dome (u16): ^ 7.24 2008-12-13 Toluwalope Makinde, Ottawa Lions
Name Year Team Finals H#
=====
```

Name	Year	Team	Finals	H#
1 Vanneste, Quinn	08	Gridiron Aca	7.45	1
2 Sorne, Basirou	10	Gridiron Aca	7.56	1
3 Placid, Xavier	08	Ottawa Lions	7.67	3 7.668
3 Filani, Fogofoluwa	09	Gridiron Aca	7.67	2 7.668
5 Tan, Taisei	08	Ottawa Lions	7.71	5
6 Blais, Stephen	09	Gridiron Aca	7.73	2
7 Gillespie, Chase	07	Gridiron Aca	7.75	6
8 Lafrenière, William	09	Gatineau	7.84	1
9 Vong, Tyson	09	Gridiron Aca	7.85	2
10 Pinto, Cohen	08	Ottawa Lions	7.87	1
11 Currie, Nathan	08	Gridiron Aca	8.00	3
12 Miller, Dylan	09	Gridiron Aca	8.16	5
13 Brennan, Griffin	08	Gridiron Aca	8.18	3
14 Anderson, Vincent	09	Gridiron Aca	8.25	2
15 Perrault, Logan	08	Gridiron Aca	8.26	3
16 Sabo, Maddox	08	Gridiron Aca	8.29	1
17 Beaulieu, William	10	Gridiron Aca	8.42	2
18 Taylor, Ty	09	Gridiron Aca	8.54	5
19 Patenaude, Jean-Marc	11	unassigned	8.61	2 8.610
19 Sater - Vieux, Matheo	10	Gridiron Aca	8.61	3 8.610
21 Lavigne, Élyam	10	Gatineau	8.65	4
22 Peddie, Colton	09	Gridiron Aca	8.82	5
23 Barry, Jérémie	12	A.T.P Athlét	8.94	3
24 Sorne, Kamilou	10	Gridiron Aca	9.03	4
25 Taylor, Kaden	11	C.A.N.I. Ath	9.49	4
26 Cain, Carter	13	Gridiron Aca	9.56	5
27 Elias, Charbel	12	Gridiron Aca	9.58	1
28 Tedondo, Carter	15	Gridiron Aca	9.88	4
29 Bright, Christopher	13	Gridiron Aca	9.89	4
30 Machabee, Masen	14	Gridiron Aca	9.94	4
31 Crooks, Evander	15	Gridiron Aca	11.68	5

Boys 150 Meter Dash Under 16

```
=====
Dome (u18): * 16.39 2008-12-20 Oluwasegun Makinde, Ottawa Lions
Dome (u16): ^ 17.10 2008-12-04 Hercules Glaude, Mont-Bleu
Name Year Team Finals H#
=====
```

Name	Year	Team	Finals	H#
1 Vanneste, Quinn	08	Gridiron Aca	17.82	1
2 Lafrenière, William	09	Gatineau	18.32	2
3 Filani, Fogofoluwa	09	Gridiron Aca	18.36	2
4 Sorne, Basirou	10	Gridiron Aca	18.56	3
5 Tan, Taisei	08	Ottawa Lions	18.67	4
6 Pinto, Cohen	08	Ottawa Lions	18.71	2
7 Blais, Stephen	09	Gridiron Aca	18.78	3
8 Vong, Tyson	09	Gridiron Aca	19.02	1
9 Currie, Nathan	08	Gridiron Aca	19.13	3
10 Brennan, Griffin	08	Gridiron Aca	19.55	3
11 Anderson, Vincent	09	Gridiron Aca	19.63	1
12 Perrault, Logan	08	Gridiron Aca	19.85	4
13 Miller, Dylan	09	Gridiron Aca	19.86	4
14 Sabo, Maddox	08	Gridiron Aca	20.02	2
15 De Carufel, Théo	10	Gatineau	20.33	5
16 Patenaude, Jean-Marc	11	unassigned	20.40	5
17 Taylor, Ty	09	Gridiron Aca	20.48	8
18 Lavigne, Élyam	10	Gatineau	20.49	5
19 Beaulieu, William	10	Gridiron Aca	20.51	4
20 Peddie, Colton	09	Gridiron Aca	20.96	8

21 Sater - Vieux, Matheo	10 Gridiron Aca	21.05	7
22 Barry, Jérémie	12 A.T.P Athlét	21.93	5
23 Sorne, Kamilou	10 Gridiron Aca	22.26	6
24 Cain, Carter	13 Gridiron Aca	23.41	8
25 Taylor, Kaden	11 C.A.N.I. Ath	23.47	6
26 Elias, Charbel	12 Gridiron Aca	23.80	1
27 Bright, Christopher	13 Gridiron Aca	24.35	6
28 Tedondo, Carter	15 Gridiron Aca	24.53	6
29 Machabee, Masen	14 Gridiron Aca	25.27	7
30 Crooks, Evander	15 Gridiron Aca	30.98	7

Boys 500 Meter Run Under 16

Name	Year Team	Finals
1 Tan, Taisei	08 Ottawa Lions	1:12.33
2 Sineus, Oynx	10 C.A.N.I. Ath	1:13.00
3 Sineus, Zain	10 C.A.N.I. Ath	1:17.72

Boys 1000 Meter Run Under 16

Dome (u18): *	2:30.72	2015-12-19	Nijib El Andaloussi, Vandreuil
Dome (u16): ^	2:33.63	2013-12-21	Nijib El Andaloussi, Vandreuil
Name	Year Team	Finals	
1 Sineus, Oynx	10 C.A.N.I. Ath	3:00.39	
2 Sineus, Zain	10 C.A.N.I. Ath	3:03.13	
3 Abolezz, Yusuf	23 Ottawa Lions	3:04.11	

Boys 60 Meter Hurdles Mini Hurdles Under 16

Name	Year Team	Finals	H#
1 Atonfo, Timeo	07 Ottawa Lions	8.36	1 36"
2 Mordel, Eli	08 Ottawa Lions	8.86	1 36"
3 Jeggo, Zachary	07 Ottawa Lions	9.17	2 39"
4 Waldrum, Kyle	05 Ottawa Lions	9.32	2 39"
5 Lu Langley, Jimmy	08 Ottawa Lions	9.51	1 36"
6 Tan, Taisei	08 Ottawa Lions	9.74	1 36"
7 Uche, Augustine	07 Ottawa Lions	9.76	1 36"
8 Gibson, Kai	07 unassigned	10.96	1 36"
9 De Carufel, Théo	10 Gatineau	11.32	3 30'

Boys Long Jump Under 16

Dome (u18): *	7.07m	2010-04-06	David Nsabua, Louis-Riel
Dome (u16): ^	6.19m	2010-05-19	Sylvain Mbuyamba, Lester B. Pearson
Name	Year Team	Finals	
1 De Carufel, Théo	10 Gatineau	4.29m	

Men 60 Meter Dash Open

Dome (Open): D	6.62	2010-02-13	Sam Effah, University of Calgary
Dome (u20): !	6.79	2008-12-20	Aaron Bowman, St. Thomas Legion
Dome (u18): *	6.79	2008-12-20	Aaron Bowman, St. Thomas Legion
Meet Record: M	6.81	2019-02-16	Lucanus Robinson, St. Laurent Select
USport AutoQ: U	6.75		

Name	Year Team	Prelims	H#
Preliminaries			
1 Bositampen, Rabbi	99 Montréal Car	6.84q	1
2 Muteba, Lionel	90 C.A.N.I. Ath	6.86q	1
3 Baptiste, Melchisedek	00 Limitless Er	6.88q	1
4 Halog, Jonelle	95 C.A.N.I. Ath	6.95q	1
5 Tran, Phu Thanh	98 Saint-Lauren	6.98q	2
6 Dipoko, Cyprien	03 Club D'Athlé	7.00q	1
7 Bryant, Zach	02 Ottawa Lions	7.03q	2

8	Batley, William	07 C.A.N.I. Ath	7.05q	2	7.042
8	Patterson, Bryson	95 C.A.N.I. Ath	7.05q	2	7.042
10	Jamal, Braenen	93 Limitless Er	7.07q	2	
11	Leonard, Dylan	04 C.A.N.I. Ath	7.11q	4	
12	Ogunrinde, Oluwapelumi	02 York Lions	7.12q	3	
13	Smith-Drouin, Brandon	91 Montréal Car	7.13	2	
14	Nicoletti, Luca	04 McGill	7.15	5	7.145
15	Asemota, David	04 York Lions	7.15	5	7.147
16	Baranowski, Lucas	03 Waterloo War	7.18	4	
17	Manouchehr, Dominik	03 Waterloo War	7.19	4	7.181
18	Gurnsey, Joel	01 Ottawa Gee-G	7.19	4	7.185
19	Brenko, Jean-Nicolas	01 Piranhas Éts	7.19	6	7.188
20	Songmene, Harold	01 C.A.N.I. Ath	7.20	5	
21	Jackson, Kejean	97 York Lions	7.21	1	
22	Pinnock, Michael	00 Carleton Rav	7.23	3	7.221
23	Compeau, James	05 Unattached O	7.23	9	7.230
24	Owolabi Igbagbo, Issac	97 Lakehead Thu	7.25	7	7.246
25	Joseph, Stephane	04 Carleton Rav	7.25	6	7.248
26	Nelson, Kaleb	05 Ottawa Gee-G	7.27	6	
27	Hudec, Stephen	05 Lakehead Thu	7.28	7	
28	Carson-Pedri, Nicholas	04 Lakehead Thu	7.29	8	
29	Janicki, Kasper	05 York Lions	7.30	5	7.294
30	Nached, Gabriel	03 Montréal Car	7.30	9	7.296
31	Chau, Philip	96 McGill	7.31	8	
32	Ng-A-Fook, Aidan	05 Ottawa Gee-G	7.33	6	
33	Percopo, Ricardo	00 McGill	7.34	6	
34	Bragg, Ernest	04 McGill	7.35	11	7.342
35	Sanders, William	06 Ottawa Lions	7.35	8	7.343
36	Tremblay, Yanis	01 Laval Rouge-	7.35	6	7.344
37	Sassi, Philip	96 Saint-Lauren	7.36	7	
38	Mazzella, Justin	03 McGill	7.37	5	
39	Rose, Tyler	07 Lakehead Run	7.39	9	
40	Evuleocha, Uzo	00 McGill Olymp	7.40	5	7.395
40	Lavallée, Félix	01 Montréal Car	7.40	9	7.395
42	Waldrum, Kyle	05 Ottawa Lions	7.40	9	7.397
43	Domiaty, Ibrahim	07 Ottawa Lions	7.42	3	7.411
44	Enyeka, Enoc	00 unassigned	7.42	8	7.414
45	Costanzo, Jesse	07 Ottawa Lions	7.42	12	7.419
45	Makinde, Tolu	93 Limitless Er	7.42	7	7.419
47	Williams, Ammiel	07 Ottawa Lions	7.44	12	
48	England, Connor	08 Ottawa Lions	7.45	12	
49	Pharand, Philippe	98 Uqtr Patriot	7.46	10	
50	Haddad, Saj	92 Ottawa Lions	7.50	11	7.498
50	Munroe, Tyson	04 Ottawa Lions	7.50	10	7.498
52	McNaught, Owen	07 Ottawa Lions	7.51	10	
53	Lu Langley, Jimmy	08 Ottawa Lions	7.53	12	
54	Aziz Diaw, Abdoul	96 Sherbrooke V	7.54	13	
55	Obukonise, Israel	07 Limitless Er	7.57	13	
56	Brennan, Mason	07 Ottawa Lions	7.62	11	
57	Haughton, Joshua	07 Ottawa Lions	7.63	13	
58	Legaree, Grant	98 Lakehead Thu	7.65	13	
59	Smith, Cedric	07 Ottawa Lions	7.67	7	7.662
59	Weldon, Jacob	01 McGill	7.67	11	7.662
61	Gourdoux, Antoine	05 McGill	7.68	10	
62	Djomby, Damien	98 Piranhas Éts	7.73	11	
63	Zielonka, Eric	06 Ottawa Lions	7.77	12	
64	Huynh, Justin	03 C.A.N.I. Ath	7.78	13	7.774
65	Sallé, Arthur	00 Piranhas Éts	7.78	11	7.779
66	Puibusque, Thomas	01 Piranhas Éts	7.79	10	
67	Veto, Eric	04 Concorde Ath	7.80	14	
68	Rennie, Connor	06 Ottawa Lions	7.81	13	7.803
69	Kalkas, Ali	06 Limitless Er	7.81	8	7.805
70	Beaudry, Simon	04 McGill	7.83	12	
71	Kvitka, Artem	06 unassigned	7.85	4	
72	Yongoua Wako, Doni	02 Ottawa Gee-G	8.03	15	
73	Duniya, Jesse	04 Concordia St	8.05	14	
74	Adeniyi, Daniel	24 Ottawa Lions	8.12	15	
75	Yetman, Jay	05 McGill	8.17	7	

76 Simser, Oliver	23 Ottawa Lions	8.18	15
77 Csergo, Laszlo	03 Remparts	8.55	14
78 Dogar, Owais Javed	05 Remparts	9.40	14

Men 60 Meter Dash Open

=====

Dome (Open): D	6.62	2010-02-13	Sam Effah, University of Calgary
Dome (u20): !	6.79	2008-12-20	Aaron Bowman, St. Thomas Legion
Dome (u18): *	6.79	2008-12-20	Aaron Bowman, St. Thomas Legion
Meet Record: M	6.81	2019-02-16	Lucanus Robinson, St. Laurent Select
USport AutoQ: U	6.75		

Name	Year	Team	Finals	H#
=====				
Finals				
1 Muteba, Lionel	90	C.A.N.I. Ath	6.84	2
2 Bositampen, Rabbi	99	Montréal Car	6.87	2
3 Baptiste, Melchisedek	00	Limitless Er	6.88	2
4 Halog, Jonelle	95	C.A.N.I. Ath	6.90	2
5 Tran, Phu Thanh	98	Saint-Lauren	6.98	2
6 Jamal, Braenen	93	Limitless Er	7.00	1 6.996
7 Patterson, Bryson	95	C.A.N.I. Ath	7.00	1 6.998
8 Bryant, Zach	02	Ottawa Lions	7.00	1 7.000
9 Dipoko, Cyprien	03	Club D'Athlé	7.01	2
10 Nicoletti, Luca	04	McGill	7.02	1
11 Ogunrinde, Oluwapelumi	02	York Lions	7.09	1
12 Leonard, Dylan	04	C.A.N.I. Ath	7.11	1

Men 300 Meter Dash Open

=====

Dome (Open): D	33.21	2009-01-17	Michael Robertson, University of Ottawa
Dome (u20): !	33.94	2008-01-19	Michael Robertson, University of Ottawa
Dome (u18): *	34.57	2006-12-16	Michael Robertson, Ottawa Lions
Meet Record: M	33.39	2020-02-15	Marcus Penaloza, Unattached
USport AutoQ: U	34.04		

Name	Year	Team	Finals	H#
=====				
1 Batley, William	07	C.A.N.I. Ath	33.54U	1
2 Muteba, Lionel	90	C.A.N.I. Ath	34.08	1
3 Smith-Drouin, Brandon	91	Montréal Car	34.23	2
4 Adjibi, Eliezer	00	C.A.N.I. Ath	34.53	1
5 Moulougou, David	03	Ottawa Gee-G	34.70	2
6 Burke, Daniel	98	York Lions	34.76	6
7 Jeggo, Zachary	07	Ottawa Lions	34.87	4
8 Khelifa, Azer	97	Montréal Car	34.92	2
9 Nicoletti, Luca	04	McGill	34.94	3
10 Sanders, William	06	Ottawa Lions	34.97	4
11 Jamal, Braenen	93	Limitless Er	34.99	3
12 Hehn, Nathan	98	Waterloo Tra	35.03	5
13 Lorentz, Joshua	97	Waterloo Tra	35.31	5
14 Haddad, Saj	92	Ottawa Lions	35.33	4
15 Gagnon, William	99	Club D'Athlé	35.42	5
16 Gurnsey, Joel	01	Ottawa Gee-G	35.47	7
17 Compeau, James	05	Unattached 0	35.64	13
18 Crooks, Alexander	03	McGill	35.68	6
19 Joseph, Stephane	04	Carleton Rav	35.73	11
20 Halog, Jonelle	95	C.A.N.I. Ath	35.78	8
21 Moustafa, Ibrahim	95	York Lions	35.85	11
22 Asemota, David	04	York Lions	35.92	10
23 Percopo, Ricardo	00	McGill	35.98	8
24 Gourdoux, Antoine	05	McGill	36.07	7
25 Leger, Zacharie	01	Ottawa Gee-G	36.30	10
26 Lavallée, Félix	01	Montréal Car	36.32	13
27 Leonard, Dylan	04	C.A.N.I. Ath	36.33	5
28 Nached, Gabriel	03	Montréal Car	36.37	14
29 Sassi, Philip	96	Saint-Lauren	36.39	9
30 Bellemare, Félix	99	Montréal Car	36.49	11 36.490
30 Tremblay, Yanis	01	Laval Rouge-	36.49	8 36.490
32 Schwarz, Preston	07	C.A.N.I. Ath	36.65	9

33	Chau, Philip	96	McGill	36.67	12
34	Sanvi, Ohini Yanis	99	Lasalle Athl	36.71	11
35	Ng-A-Fook, Aidan	05	Ottawa Gee-G	36.76	12
36	Rose, Tyler	07	Lakehead Run	36.84	14
37	Bryant, Zach	02	Ottawa Lions	36.86	9
38	Foster, Joshua	02	C.A.N.I. Ath	36.97	15
39	Pharand, Philippe	98	Uqtr Patriot	36.98	15
40	Domiaty, Ibrahim	07	Ottawa Lions	36.99	10
41	Dowhoszysa, Colton	01	Lakehead Thu	37.12	12
42	Sanogos, Wylan	06	Saint-Lauren	37.15	13
43	Harris, William	05	Ottawa Gee-G	37.17	17
44	Theodore, Zach	05	Ottawa Lions	37.20	16
45	Backman, Noah	08	Ottawa Lions	37.43	16
46	Zielonka, Eric	06	Ottawa Lions	37.56	14
47	Kennedy, Will	03	C.A.N.I. Ath	37.61	7
48	Gratton, Jonah	07	Ottawa Lions	37.68	18
49	Williams, Ammiel	07	Ottawa Lions	37.71	17
50	England, Connor	08	Ottawa Lions	37.72	19
51	McNaught, Owen	07	Ottawa Lions	38.04	16
52	Costanzo, Jesse	07	Ottawa Lions	38.05	19
53	Lafleur, Hans	96	C.A.N.I. Ath	38.09	15
54	Nicolini, Matteo	07	C.A.N.I. Ath	38.33	15
55	Sallé, Arthur	00	Piranhas Éts	38.38	21
56	Dupont, Pierre-Antoine	89	Saint-Lauren	38.43	21
57	McNeil, Nathaniel	05	Ottawa Lions	38.61	17
58	Lu Langley, Jimmy	08	Ottawa Lions	38.71	21
59	Obukonise, Israel	07	Limitless Er	38.94	20
60	Kvitka, Artem	06	unassigned	38.95	22
61	Beaudry, Simon	04	McGill	39.02	17
62	Rennie, Connor	06	Ottawa Lions	39.12	18
63	Aziz Diaw, Abdoul	96	Sherbrooke V	39.44	18
64	Lokesh, Naren	03	C.A.N.I. Ath	39.49	20
65	Danouj, Mohamed	06	Saint-Lauren	39.59	23
66	Kalkas, Ali	06	Limitless Er	39.60	22
67	Veto, Eric	04	Concorde Ath	39.81	22
68	Melchoir, Ghaner	08	C.A.N.I. Ath	39.95	20
69	Conway, Michael	84	Carleton Rav	39.97	20
70	Danouj, Oussama	96	Saint-Lauren	40.08	14
71	Uche, Augustine	07	Ottawa Lions	40.17	21
72	Williams, Lawrence	70	Ottawa Lions	40.20	22
73	Adeniyi, Daniel	24	Ottawa Lions	45.97	23

Men 400 Meter Dash Open

=====
 Dome (Open): D 47.10 2012-03-03 Michael Robertson, University of Ottawa
 Dome (u20): ! 48.50 2008-02-28 Michael Robertson, University of Ottawa
 Dome (u18): * 49.67 2014-03-01 Shermar Paul, C.A.N.I.

USport AutoQ: U 47.40

Name	Year	Team	Finals	H#
1	Sanders, William	06	Ottawa Lions	50.17 1
2	Lyness, Quinn	00	Ottawa Lions	51.16 1
3	Warren, Jady	06	Lakehead Run	51.40 2
4	Lavictoire, Ethan	06	Ottawa Lions	52.54 1
5	Zielonka, Eric	06	Ottawa Lions	52.91 2
6	Wilton, Troy	04	Ottawa Gee-G	54.18 2
7	Gratton, Jonah	07	Ottawa Lions	54.89 3
8	Maxwell, Alexander	95	Unattached 0	57.87 1

Men 600 Meter Run Open

=====
 Dome (Open): D 1:17.32 2019-02-17 Mohand Zine-Khelaf, St. Laurent Select
 Dome (u20): ! 1:18.45 2008-12-13 Michael Robertson, Ottawa Lions
 Dome (u18): * 1:19.80 2011-12-17 Mathieu Sturkenboom, Vandreuil-Dorion
 Meet Record: M 1:17.32 2019-02-17 Mohand Zine-Khelaf, St. Laurent Select

Name	Year	Team	Finals	H#
U	1:18.35			

=====

1	Péladeau, Thomas	04 Sherbrooke V	1:18.14U	1
	26.2441 (26.2441)	1:18.1321 (51.8880)		
2	Babcock, Owen	97 Waterloo War	1:18.22U	1
	25.2711 (25.2711)	1:18.2151 (52.9440)		
3	Geiger, Markus	00 McGill	1:18.95	1
	25.7241 (25.7241)	1:18.9491 (53.2250)		
4	Costa, Philip	00 York Lions	1:19.87	1
	26.0481 (26.0481)	1:19.8641 (53.8160)		
5	Riad, Yasser	03 Laval Rouge-	1:20.37	1
	26.3711 (26.3711)	1:20.3611 (53.9900)		
6	Lorentz, Joshua	97 Waterloo Tra	1:20.91	1
	26.3091 (26.3091)	1:20.9011 (54.5920)		
7	Webster, Aiden	03 Lakehead Thu	1:21.53	2
	26.6558 (26.6558)	1:21.5268 (54.8710)		
8	Hidalgo-Gonzalez, Esteba	04 McGill	1:21.92	2
	26.8428 (26.8428)	1:21.9148 (55.0720)		
9	Hehn, Nathan	98 Waterloo Tra	1:22.11	2
	26.4868 (26.4868)	1:22.1038 (55.6170)		
10	Warren, Jady	06 Unattached 0	1:22.27	2
	26.7118 (26.7118)	1:22.2638 (55.5520)		
11	Bordeleau, Renaud	04 Saint-Lauren	1:22.49	2
	27.1108 (27.1108)	1:22.4848 (55.3740)		
12	Déziel, Félix	03 Sherbrooke V	1:23.30	2
	27.6288 (27.6288)	1:23.2928 (55.6640)		
13	Lawson, Ben	03 Lakehead Thu	1:23.53	2
	27.7688 (27.7688)	1:23.5268 (55.7580)		
14	Aitounejjar, Mouhcine	89 Ottawa Lions	1:24.50	4
	26.7711 (26.7711)	1:24.4921 (57.7210)		
15	Wilson, Trent	05 Lakehead Thu	1:24.71	3
	27.1246 (27.1246)	1:24.7026 (57.5780)		
16	Blasczyk, Augustin	04 Montréal Car	1:24.87	4
	27.0311 (27.0311)	1:24.8611 (57.8300)		
17	Labrie, Alex	04 Remparts	1:25.20	3
	27.3506 (27.3506)	1:25.1946 (57.8440)		
18	Padoin-Castillo, Adriano	05 Ottawa Gee-G	1:25.47	4
	27.3771 (27.3771)	1:25.4651 (58.0880)		
19	Thomas, Kanique	03 Unattached 0	1:26.07	4
	26.4691 (26.4691)	1:26.0661 (59.5970)		
20	Rondeau, Sacha	02 Sherbrooke V	1:27.14	3
	28.3046 (28.3046)	1:27.1386 (58.8340)		
21	Harris, William	05 Ottawa Gee-G	1:27.52	3
	27.6086 (27.6086)	1:27.5176 (59.9090)		
22	Audet, Mathieu	03 Remparts	1:28.21	3
	27.8206 (27.8206)	1:28.2096 (1:00.3890)		
23	Conway, Michael	84 Carleton Rav	1:28.38	4
	28.3581 (28.3581)	1:28.3801 (1:00.0220)		
24	Lavallee, James	04 Concordia St	1:28.66	4
	27.2211 (27.2211)	1:28.6581 (1:01.4370)		
25	Turner, Grant	00 Ottawa Gee-G	1:31.15	4
	29.1911 (29.1911)	1:31.1421 (1:01.9510)		
26	Melchoir, Ghaner	08 C.A.N.I. Ath	1:33.45	4
	28.9931 (28.9931)	1:33.4441 (1:04.4510)		
27	Danouj, Mohamed	06 Saint-Lauren	1:34.10	4
	29.2301 (29.2301)	1:34.0911 (1:04.8610)		

Men 1000 Meter Run Open

=====

Dome (Open): D 2:24.62 2020-01-20 Kevin Robertson, Universite de Montreal
 Dome (u20): ! 2:27.90 2011-02-12 Yves Sikubwabo, Ottawa Lions
 Dome (u18): * 2:30.72 2015-12-19 Nijib El Andaloussi, Vandreuil
 Meet Record: M 2:28.54 2016-02-20 Sacha Plante-Dubé, Universite Laval
 USport AutoQ: U 2:22.63

Name	Year	Team	Finals	H#
1 Belan, Nicolas	05	Ottawa Lions	2:26.88M	1
			1:28.3036 (59.0990)	2:26.8716 (58.5680)
2 Abdullahi, Abdullahi	01	York Lions	2:27.44M	1
			1:27.6136 (58.4680)	2:27.4386 (59.8250)

3	Mongeau-Leclerc, Martin	00 Laval Rouge-	2:28.27M	1
	29.4756 (29.4756)	1:28.7886 (59.3130)	2:28.2636	(59.4750)
4	Chapple, Devin	03 McGill	2:28.41M	1
	29.6256 (29.6256)	1:28.7046 (59.0790)	2:28.4046	(59.7000)
5	Adams, Sean	03 McGill	2:29.34	1
	29.3946 (29.3946)	1:29.0916 (59.6970)	2:29.3326	(1:00.2410)
6	Freeland, Sandy	98 Laurel Creek	2:30.37	1
	29.8896 (29.8896)	1:29.9826 (1:00.0930)	2:30.3696	(1:00.3870)
7	Burg, Jeremy	00 McGill	2:31.23	2
	31.0555 (31.0555)	1:32.8815 (1:01.8260)	2:31.2225	(58.3410)
8	Dobson, Jett	03 Lakehead Thu	2:31.66	2
	31.5485 (31.5485)	1:32.5295 (1:00.9810)	2:31.6555	(59.1260)
9	Deslauriers, Alexis	99 Laval Rouge-	2:32.47	1
	29.9046 (29.9046)	1:30.2396 (1:00.3350)	2:32.4646	(1:02.2250)
10	Chouan, Laurent	99 Piranhas Éts	2:33.55	2
	31.8025 (31.8025)	1:32.8955 (1:01.0930)	2:33.5435	(1:00.6480)
11	Blazino, Adam	05 Lakehead Thu	2:33.56	2
	32.2985 (32.2985)	1:33.3915 (1:01.0930)	2:33.5605	(1:00.1690)
12	Kushner, Zachary	05 Carleton Rav	2:33.93	3
	27.9305 (27.9305)	1:30.4255 (1:02.4950)	2:33.9265	(1:03.5010)
13	Cairns, Ethan	05 Queen's Gael	2:34.71	2
	31.2845 (31.2845)	1:32.5875 (1:01.3030)	2:34.7105	(1:02.1230)
14	Loftus, Kynan	04 Queen's Gael	2:34.85	2
	31.6315 (31.6315)	1:33.1975 (1:01.5660)	2:34.8495	(1:01.6520)
15	Cidade, Brandon	02 York Lions	2:35.00	1
	29.6986 (29.6986)	1:30.4046 (1:00.7060)	2:34.9996	(1:04.5950)
16	Reuter, Landon	06 Laurel Creek	2:35.29	1
	30.0446 (30.0446)	1:29.7976 (59.7530)	2:35.2886	(1:05.4910)
17	Parent, Fred	03 Ottawa Gee-G	2:35.60	3
	28.5565 (28.5565)	1:30.2665 (1:01.7100)	2:35.6005	(1:05.3340)
18	Lalumière-Roberge, Trist	97 Sherbrooke	2:36.08	2
	32.0435 (32.0435)	1:31.8855 (59.8420)	2:36.0735	(1:04.1880)
19	Durbain, Thomas	01 Montréal Car	2:39.03	3
	30.5785 (30.5785)	1:34.6865 (1:04.1080)	2:39.0255	(1:04.3390)
20	Aagaard, Josh	06 Laurel Creek	2:41.00	3
	33.0985 (33.0985)	1:38.0875 (1:04.9890)	2:40.9985	(1:02.9110)
21	Corbeil, Andrew	07 Laurel Creek	2:41.34	3
	32.8435 (32.8435)	1:38.4065 (1:05.5630)	2:41.3325	(1:02.9260)
22	Dumont, Timothé	05 Uqam Citadin	2:48.24	3
	34.5585 (34.5585)	1:44.9755 (1:10.4170)	2:48.2395	(1:03.2640)
23	Bérubé, Léo	05 Remparts	2:51.38	3
	33.8855 (33.8855)	1:44.1825 (1:10.2970)	2:51.3795	(1:07.1970)
24	Deschatelets, Julien	03 Piranhas Éts	2:52.72	3
	34.3395 (34.3395)	1:45.2825 (1:10.9430)	2:52.7195	(1:07.4370)
25	Soucy, Renaud	06 Remparts	2:58.56	3
	33.4425 (33.4425)	1:44.8065 (1:11.3640)	2:58.5515	(1:13.7450)
26	Alary-Forget, Jean-Chris	05 Remparts	3:00.41	3
	34.7785 (34.7785)	1:47.8715 (1:13.0930)	3:00.4095	(1:12.5380)
27	Marais, Cyprien	06 Remparts	3:08.53	3
	34.1295 (34.1295)	1:51.3705 (1:17.2410)	3:08.5215	(1:17.1510)
28	Ergun, Mahir	88 Uqam Citadin	3:09.82	3
	34.5465 (34.5465)	1:49.0735 (1:14.5270)	3:09.8125	(1:20.7390)
29	Lapointe, Tristan	04 Remparts	3:12.92	3
	35.0515 (35.0515)	1:51.7525 (1:16.7010)	3:12.9195	(1:21.1670)
--	Gueguen, Jules	00 McGill	DNF	1
	28.9286 (28.9286)	1:27.1216 (58.1930)		

Men 1500 Meter Run Open

=====

Dome (Open): D 3:45.89 2015-02-21 Alex Wilkie, Queen's University
 Dome (u20): ! 3:50.55 2011-02-12 Yves Sikubwabo, Ottawa Lions
 Dome (u18): * 3:56.50 2012-12-15 Adam Richardson, Ottawa Lions
 Meet Record: M 3:45.89 2015-02-21 Alex Wilkie, Queen's University
 USport AutoQ: U 3:45.92

Name	Year	Team	Finals	H#
1 Desgagnés, Jean-Simon	98	Laval Rouge-	3:41.86D	1
		44.0297(44.0297)	1:44.7487 (1:00.7190)	2:44.0757 (59.3270)

3:41.8597 (57.7840)			
2 Alie-Lamarche, Andre	99 Ottawa Lions	3:48.60	1
44.2647 (44.2647)	1:44.9857 (1:00.7210)	2:45.6267	(1:00.6410)
3:48.5997 (1:02.9730)			
3 Nkurunziza, Prince	04 Concordia St	3:53.07	1
44.4937 (44.4937)	1:45.6657 (1:01.1720)	2:48.8437	(1:03.1780)
3:53.0677 (1:04.2240)			
4 Hély, Clément	91 unassigned	3:56.17	1
47.7387 (47.7387)	1:51.3507 (1:03.6120)	2:54.4737	(1:03.1230)
3:56.1657 (1:01.6920)			
5 Visset, Simon	99 Corsaire-Cha	3:56.53	1
46.6177 (46.6177)	1:51.1507 (1:04.5330)	2:54.6287	(1:03.4780)
3:56.5277 (1:01.8990)			
6 Dobson, Jett	03 Lakehead Thu	3:58.89	1
47.1917 (47.1917)	1:51.6487 (1:04.4570)	2:55.3577	(1:03.7090)
3:58.8817 (1:03.5240)			
7 Rioux, Jonathan	00 Stridewise R	3:59.95	1
46.5617 (46.5617)	1:50.6977 (1:04.1360)	2:54.8897	(1:04.1920)
3:59.9437 (1:05.0540)			
8 Danby, Owen	05 Queen's Gael	4:00.67	1
46.4427 (46.4427)	1:50.9677 (1:04.5250)	2:55.7267	(1:04.7590)
4:00.6647 (1:04.9380)			
9 Miske, Ben	02 Queen's Gael	4:02.28	1
46.9957 (46.9957)	1:51.4517 (1:04.4560)	2:56.8307	(1:05.3790)
4:02.2737 (1:05.4430)			
10 Deroncourt, Sacha	05 McGill	4:03.57	2
48.9997 (48.9997)	1:54.5607 (1:05.5610)	2:59.9677	(1:05.4070)
4:03.5697 (1:03.6020)			
11 Chevalier, Grégoire	02 Montréal Car	4:03.69	1
47.3707 (47.3707)	1:51.7247 (1:04.3540)	2:56.1117	(1:04.3870)
4:03.6897 (1:07.5780)			
12 Breton, Raphael	97 Sherbrooke V	4:05.11	2
50.0977 (50.0977)	1:56.3907 (1:06.2930)	3:02.9967	(1:06.6060)
4:05.1027 (1:02.1060)			
13 Chouan, Laurent	99 Piranhas Éts	4:07.03	2
49.9497 (49.9497)	1:56.0587 (1:06.1090)	3:02.7507	(1:06.6920)
4:07.0217 (1:04.2710)			
14 Louvet, Lucien	05 McGill	4:08.09	3
49.3527 (49.3527)	1:58.4317 (1:09.0790)	3:07.3627	(1:08.9310)
4:08.0907 (1:00.7280)			
15 Lorbetskie, Ken	99 Ottawa Lions	4:08.66	3
49.6617 (49.6617)	1:58.5087 (1:08.8470)	3:07.2397	(1:08.7310)
4:08.6537 (1:01.4140)			
16 Gars, Nathan	04 Montréal Car	4:08.80	2
50.3797 (50.3797)	1:56.7877 (1:06.4080)	3:02.8677	(1:06.0800)
4:08.7947 (1:05.9270)			
17 Brennan, Luc	04 Montréal Car	4:08.95	3
50.6567 (50.6567)	1:59.1667 (1:08.5100)	3:06.9767	(1:07.8100)
4:08.9417 (1:01.9650)			
18 D'Heilly, Thibault	97 Saint-Lauren	4:09.82	1
47.7777 (47.7777)	1:53.8737 (1:06.0960)	3:02.6847	(1:08.8110)
4:09.8127 (1:07.1280)			
19 Gazaille, Tristan	00 Queen's Gael	4:09.89	2
50.5947 (50.5947)	1:57.2827 (1:06.6880)	3:04.4517	(1:07.1690)
4:09.8887 (1:05.4370)			
20 Transue, Owen	04 Concorde Ath	4:10.58	3
49.7697 (49.7697)	1:58.7287 (1:08.9590)	3:07.3797	(1:08.6510)
4:10.5717 (1:03.1920)			
21 Wilson, Max	05 Unattached 0	4:10.96	3
50.9877 (50.9877)	1:59.9427 (1:08.9550)	3:09.1377	(1:09.1950)
4:10.9547 (1:01.8170)			
22 Rohr, Samuel	06 Laurel Creek	4:11.18	2
50.8027 (50.8027)	1:58.0107 (1:07.2080)	3:04.6267	(1:06.6160)
4:11.1757 (1:06.5490)			
23 Cheminaud, Enzo	00 Sherbrooke V	4:12.49	3
49.9357 (49.9357)	1:59.0807 (1:09.1450)	3:08.1067	(1:09.0260)
4:12.4817 (1:04.3750)			
24 Satomura, Atsushi	99 Montréal Car	4:12.54	2

	50.6717 (50.6717)	1:57.4487 (1:06.7770)	3:05.5287 (1:08.0800)
	4:12.5347 (1:07.0060)		
25	Picard, Simon	03 McGill	4:12.68 2
	50.9917 (50.9917)	1:56.5337 (1:05.5420)	3:03.1627 (1:06.6290)
	4:12.6777 (1:09.5150)		
26	Compans, Etienne	01 Sherbrooke V	4:13.24 3
	50.4037 (50.4037)	1:59.4097 (1:09.0060)	3:08.9017 (1:09.4920)
	4:13.2397 (1:04.3380)		
27	Porto, James	07 Laurel Creek	4:13.52 3
	50.1927 (50.1927)	1:58.9427 (1:08.7500)	3:07.8747 (1:08.9320)
	4:13.5137 (1:05.6390)		
28	McCosham, Ian	05 Queen's Gael	4:13.66 2
	51.2947 (51.2947)	1:58.7957 (1:07.5010)	3:06.8717 (1:08.0760)
	4:13.6537 (1:06.7820)		
29	Ouellette, Charles-Ugo	99 Sherbrooke V	4:14.16 3
	49.4737 (49.4737)	1:58.2727 (1:08.7990)	3:07.7287 (1:09.4560)
	4:14.1577 (1:06.4290)		
30	Li, Andy (Shengan)	98 Queen's Gael	4:14.88 2
	51.0987 (51.0987)	1:57.7247 (1:06.6260)	3:06.6437 (1:08.9190)
	4:14.8727 (1:08.2290)		
31	McLeish, William	92 Ottawa Gee-G	4:15.31 2
	50.8487 (50.8487)	2:00.7997 (1:09.9510)	3:10.8117 (1:10.0120)
	4:15.3067 (1:04.4950)		
32	Gare, Ianis	00 Piranhas Éts	4:15.58 4
	52.7226 (52.7226)	2:03.0746 (1:10.3520)	3:10.5286 (1:07.4540)
	4:15.5796 (1:05.0510)		
33	Stumpf, Isaiah	07 Laurel Creek	4:15.59 4
	52.9416 (52.9416)	2:03.1816 (1:10.2400)	3:09.9126 (1:06.7310)
	4:15.5816 (1:05.6690)		
34	Guité, Louis-Simon	00 Montréal Car	4:15.82 3
	51.2687 (51.2687)	1:59.8277 (1:08.5590)	3:08.7887 (1:08.9610)
	4:15.8117 (1:07.0230)		
35	Graham, Lucas	04 Concordia St	4:19.07 3
	50.0137 (50.0137)	1:59.3217 (1:09.3080)	3:09.5607 (1:10.2390)
	4:19.0657 (1:09.5050)		
36	Smith, Noah	07 Ottawa Lions	4:19.58 4
	53.1326 (53.1326)	2:03.3196 (1:10.1870)	3:10.4576 (1:07.1380)
	4:19.5776 (1:09.1200)		
37	Takatri, Mehdi	88 Uqam Citadin	4:26.52 4
	51.2456 (51.2456)	2:04.0396 (1:12.7940)	3:16.7156 (1:12.6760)
	4:26.5176 (1:09.8020)		
38	Milner, Gabriel	04 Remparts	4:27.07 4
	53.5526 (53.5526)	2:04.8026 (1:11.2500)	3:17.7926 (1:12.9900)
	4:27.0706 (1:09.2780)		
39	Shi, Sam	93 Ottawa Lions	4:28.46 4
	54.3056 (54.3056)	2:05.0546 (1:10.7490)	3:17.5106 (1:12.4560)
	4:28.4516 (1:10.9410)		
40	Sarshoghi, Arman	03 Montréal Car	4:29.08 4
	53.4006 (53.4006)	2:04.5356 (1:11.1350)	3:17.2266 (1:12.6910)
	4:29.0736 (1:11.8470)		
41	Plourde-Couture, Félix	99 Laval Rouge-	4:32.52 1
	43.7767 (43.7767)	1:44.5457 (1:00.7690)	3:05.4077 (1:20.8620)
	4:32.5157 (1:27.1080)		
42	Durand, Adrien	00 Piranhas Éts	4:33.15 4
	55.9576 (55.9576)	2:11.8766 (1:15.9190)	3:25.2896 (1:13.4130)
	4:33.1426 (1:07.8530)		
43	Arsenault, Jacob	02 Piranhas Éts	4:47.25 4
	58.4686 (58.4686)	2:18.4426 (1:19.9740)	3:36.8896 (1:18.4470)
	4:47.2476 (1:10.3580)		
44	Recoskie, Owen	08 Unattached 0	4:51.72 4
	55.7176 (55.7176)	2:12.8946 (1:17.1770)	3:33.5136 (1:20.6190)
	4:51.7146 (1:18.2010)		
45	Church, Sebastien	04 Carleton Rav	4:53.15 4
	55.4896 (55.4896)	2:12.8386 (1:17.3490)	3:35.3366 (1:22.4980)
	4:53.1496 (1:17.8130)		
46	Lenice, Thomas	99 Piranhas Éts	4:56.27 4
	58.3126 (58.3126)	2:18.1906 (1:19.8780)	3:38.3836 (1:20.1930)
	4:56.2706 (1:17.8870)		

47 Wiedemer, Marcus	03 Remparts	5:12.87	4
58.6126 (58.6126)	2:20.3946 (1:21.7820)	3:46.7516	(1:26.3570)
5:12.8646 (1:26.1130)			
-- Radowits, Royden	96 Unattached 0	DNF	1
46.2297 (46.2297)	1:50.6527 (1:04.4230)		

Men 3000 Meter Run Open

=====

Dome (Open): D 8:17.27 2023-01-21 Blair Morgan, Harbour Track
 Dome (u20): ! 8:20.54 2011-01-15 Yves Sikubwabo, Ottawa Lions
 Dome (u18): * 8:34.36 2010-11-20 Adam Palamar, Ottawa Lions
 Meet Record: M 8:22.66 2016-02-20 Alex Berhe, University of Ottawa
 USport AutoQ: U 8:04.40

Name	Year Team	Finals	H#
1 Morneau-Cartier, Philipp	01 Laval Rouge-	8:13.59D	1
32.0689 (32.0689)	1:37.1639 (1:05.0950)	2:43.2629	(1:06.0990)
3:50.2069 (1:06.9440)	4:55.9159 (1:05.7090)	6:01.2989	(1:05.3830)
7:07.1129 (1:05.8140)	8:13.5839 (1:06.4710)		
2 Tedeschi, Jonathan	94 Laval Rouge-	8:19.09M	1
32.4079 (32.4079)	1:37.3869 (1:04.9790)	2:43.0439	(1:05.6570)
3:49.9979 (1:06.9540)	4:56.9429 (1:06.9450)	6:04.1439	(1:07.2010)
7:11.2839 (1:07.1400)	8:19.0859 (1:07.8020)		
3 Normandins, Pierre-Yves	99 Laval Rouge-	8:30.77	1
34.4849 (34.4849)	1:41.9609 (1:07.4760)	2:49.2639	(1:07.3030)
3:57.3659 (1:08.1020)	5:06.7849 (1:09.4190)	6:15.2269	(1:08.4420)
7:22.8659 (1:07.6390)	8:30.7619 (1:07.8960)		
4 Mercier, Mathis	03 Laval Rouge-	8:33.34	1
34.4679 (34.4679)	1:41.8219 (1:07.3540)	2:49.7659	(1:07.9440)
3:57.4789 (1:07.7130)	5:07.2559 (1:09.7770)	6:16.2909	(1:09.0350)
7:25.9859 (1:09.6950)	8:33.3349 (1:07.3490)		
5 Radowits, Royden	96 Unattached 0	8:34.99	1
32.6149 (32.6149)	1:37.5609 (1:04.9460)	2:43.4369	(1:05.8760)
3:50.4039 (1:06.9670)	4:58.6069 (1:08.2030)	6:10.6049	(1:11.9980)
7:23.5279 (1:12.9230)	8:34.9899 (1:11.4620)		
6 Rioux, Jonathan	00 Stridewise R	8:35.16	1
35.3709 (35.3709)	1:44.2699 (1:08.8990)	2:54.7119	(1:10.4420)
4:02.0989 (1:07.3870)	5:12.1119 (1:10.0130)	6:21.2419	(1:09.1300)
7:30.0899 (1:08.8480)	8:35.1539 (1:05.0640)		
7 Freeland, Sandy	98 Laurel Creek	8:35.54	1
35.5939 (35.5939)	1:45.2179 (1:09.6240)	2:56.0599	(1:10.8420)
4:05.4159 (1:09.3560)	5:14.8929 (1:09.4770)	6:24.8269	(1:09.9340)
7:33.4079 (1:08.5810)	8:35.5349 (1:02.1270)		
8 Saal, Rudy	03 Laval Rouge-	8:37.49	1
33.7409 (33.7409)	1:42.1979 (1:08.4570)	2:49.5269	(1:07.3290)
3:57.1539 (1:07.6270)	5:07.0209 (1:09.8670)	6:16.0899	(1:09.0690)
7:27.0979 (1:11.0080)	8:37.4829 (1:10.3850)		
9 Trudeau Perron, Marc-And	00 Montréal Car	8:39.52	1
35.7409 (35.7409)	1:44.8259 (1:09.0850)	2:54.9069	(1:10.0810)
4:04.5479 (1:09.6410)	5:15.3479 (1:10.8000)	6:25.9379	(1:10.5900)
7:35.2859 (1:09.3480)	8:39.5129 (1:04.2270)		
10 D'Heilly, Thibault	97 Saint-Lauren	8:40.37	1
35.2789 (35.2789)	1:44.4199 (1:09.1410)	2:55.1099	(1:10.6900)
4:03.2699 (1:08.1600)	5:12.7439 (1:09.4740)	6:22.1229	(1:09.3790)
7:32.0849 (1:09.9620)	8:40.3649 (1:08.2800)		
11 Laviolette, Thomas	00 Montréal Car	8:40.84	1
34.8679 (34.8679)	1:44.1919 (1:09.3240)	2:55.4099	(1:11.2180)
4:02.6279 (1:07.2180)	5:12.4789 (1:09.8510)	6:21.5059	(1:09.0270)
7:31.6949 (1:10.1890)	8:40.8359 (1:09.1410)		
12 Berrichi, Nazim	00 Montréal Car	8:44.09	1
35.5039 (35.5039)	1:44.9149 (1:09.4110)	2:55.7439	(1:10.8290)
4:04.9399 (1:09.1960)	5:15.7849 (1:10.8450)	6:26.5239	(1:10.7390)
7:36.4149 (1:09.8910)	8:44.0849 (1:07.6700)		
13 Gendron-Jetté, Charles	05 Sherbrooke	8:45.99	1
35.1749 (35.1749)	1:44.6639 (1:09.4890)	2:55.6769	(1:11.0130)
4:05.2219 (1:09.5450)	5:16.1159 (1:10.8940)	6:28.1259	(1:12.0100)
7:40.1029 (1:11.9770)	8:45.9839 (1:05.8810)		
14 Aagaard, Josh	06 Laurel Creek	8:48.47	1

	36.0669 (36.0669)	1:45.9909 (1:09.9240)	2:56.7969 (1:10.8060)
	4:07.3979 (1:10.6010)	5:18.6079 (1:11.2100)	6:28.8789 (1:10.2710)
	7:38.3679 (1:09.4890)	8:48.4649 (1:10.0970)	
15 Rohr, Samuel	06 Laurel Creek	8:56.83 2	
	35.7532 (35.7532)	1:51.0612 (1:15.3080)	3:03.4952 (1:12.4340)
	4:15.7812 (1:12.2860)	5:28.2162 (1:12.4350)	6:41.2432 (1:13.0270)
	7:52.0742 (1:10.8310)	8:56.8272 (1:04.7530)	
16 Poyer, Anselme	04 Sherbrooke	8:57.19 2	
	36.2322 (36.2322)	1:51.4532 (1:15.2210)	3:04.6152 (1:13.1620)
	4:16.5962 (1:11.9810)	5:29.1142 (1:12.5180)	6:41.4902 (1:12.3760)
	7:52.0322 (1:10.5420)	8:57.1812 (1:05.1490)	
17 Corbeil, Andrew	07 Laurel Creek	8:57.74 2	
	36.1302 (36.1302)	1:51.2472 (1:15.1170)	3:04.4292 (1:13.1820)
	4:16.3352 (1:11.9060)	5:28.5802 (1:12.2450)	6:42.0172 (1:13.4370)
	7:53.1922 (1:11.1750)	8:57.7332 (1:04.5410)	
18 Lorbetskie, Ken	99 Ottawa Lions	9:01.39 2	
	36.4812 (36.4812)	1:50.7912 (1:14.3100)	3:03.7852 (1:12.9940)
	4:16.8222 (1:13.0370)	5:29.4932 (1:12.6710)	6:42.8482 (1:13.3550)
	7:55.1832 (1:12.3350)	9:01.3882 (1:06.2050)	
19 MacGregor, Cailan	06 Physi-Kult	9:06.52 2	
	37.1072 (37.1072)	1:51.4302 (1:14.3230)	3:04.6262 (1:13.1960)
	4:17.5522 (1:12.9260)	5:31.4702 (1:13.9180)	6:46.1502 (1:14.6800)
	8:00.1662 (1:14.0160)	9:06.5162 (1:06.3500)	
20 Paul, Nathan	04 Laurel Creek	9:08.49 2	
	36.8062 (36.8062)	1:51.2552 (1:14.4490)	3:04.0252 (1:12.7700)
	4:16.1082 (1:12.0830)	5:27.8832 (1:11.7750)	6:41.7562 (1:13.8730)
	7:55.8662 (1:14.1100)	9:08.4892 (1:12.6230)	
21 McLeish, William	92 Ottawa Gee-G	9:10.22 2	
	35.9562 (35.9562)	37.0822 (1.1260)	1:50.3732 (1:13.2910)
	3:03.0932 (1:12.7200)	4:16.4312 (1:13.3380)	5:30.6822 (1:14.2510)
	6:45.4032 (1:14.7210)	7:59.9172 (1:14.5140)	9:10.2112 (1:10.2940)
22 Gazaille, Tristan	00 Queen's Gael	9:11.51 2	
	36.4592 (36.4592)	1:50.5512 (1:14.0920)	3:02.8712 (1:12.3200)
	4:14.8452 (1:11.9740)	5:27.7732 (1:12.9280)	6:42.3052 (1:14.5320)
	7:57.8242 (1:15.5190)	9:11.5032 (1:13.6790)	
23 Demarbre, Loic	01 Montréal Car	9:19.08 2	
	37.1182 (37.1182)	1:51.9752 (1:14.8570)	3:05.1002 (1:13.1250)
	4:18.4072 (1:13.3070)	5:33.4512 (1:15.0440)	6:50.2462 (1:16.7950)
	8:07.2922 (1:17.0460)	9:19.0732 (1:11.7810)	
24 Rivard, Frédéric	98 Sherbrooke	9:28.32 2	
	37.3312 (37.3312)	1:53.0312 (1:15.7000)	3:08.7622 (1:15.7310)
	4:25.4022 (1:16.6400)	5:42.1982 (1:16.7960)	6:58.0272 (1:15.8290)
	8:15.1122 (1:17.0850)	9:28.3202 (1:13.2080)	
25 Martin, Eli	07 Laurel Creek	9:28.95 2	
	36.4882 (36.4882)	1:52.4812 (1:15.9930)	3:07.6772 (1:15.1960)
	4:24.7672 (1:17.0900)	5:42.5112 (1:17.7440)	7:00.5582 (1:18.0470)
	8:20.5252 (1:19.9670)	9:28.9442 (1:08.4190)	
26 Gare, Ianis	00 Piranhas Éts	9:30.43 2	
	38.1292 (38.1292)	1:57.0052 (1:18.8760)	3:14.9762 (1:17.9710)
	4:32.1672 (1:17.1910)	5:48.9382 (1:16.7710)	7:04.0212 (1:15.0830)
	8:20.3112 (1:16.2900)	9:30.4252 (1:10.1140)	
27 Tran, Doan	95 Saint-Lauren	9:30.54 2	
	36.9572 (36.9572)	1:51.7342 (1:14.7770)	3:04.8602 (1:13.1260)
	4:18.7172 (1:13.8570)	5:39.3912 (1:20.6740)	7:02.6682 (1:23.2770)
	8:23.4182 (1:20.7500)	9:30.5382 (1:07.1200)	
28 Shi, Sam	93 Ottawa Lions	9:37.09 2	
	37.8052 (37.8052)	1:54.6262 (1:16.8210)	3:10.8842 (1:16.2580)
	4:26.8872 (1:16.0030)	5:43.4682 (1:16.5810)	7:01.0742 (1:17.6060)
	8:20.7822 (1:19.7080)	9:37.0852 (1:16.3030)	
29 Deschatelets, Julien	03 Piranhas Éts	9:39.86 2	
	38.4892 (38.4892)	1:57.8142 (1:19.3250)	3:16.7202 (1:18.9060)
	4:34.1822 (1:17.4620)	5:52.5022 (1:18.3200)	7:09.8972 (1:17.3950)
	8:27.0982 (1:17.2010)	9:39.8562 (1:12.7580)	
30 Lenice, Thomas	99 Piranhas Éts	10:12.19 2	
	39.4362 (39.4362)	1:59.3362 (1:19.9000)	3:19.9852 (1:20.6490)
	4:41.1202 (1:21.1350)	6:02.9612 (1:21.8410)	7:25.1332 (1:22.1720)
	8:49.7492 (1:24.6160)	10:12.1852 (1:22.4360)	
31 Arsenault, Jacob	02 Piranhas Éts	10:28.56 2	

38.8962 (38.8962) 1:58.6932 (1:19.7970) 3:20.1312 (1:21.4380)
 4:41.4942 (1:21.3630) 6:05.1472 (1:23.6530) 7:33.7252 (1:28.5780)
 9:04.2862 (1:30.5610) 10:28.5582 (1:24.2720)

Men 60 Meter Hurdles Open

=====

Dome (Open): D 7.96 2008-01-12 Charles Allen, Ottawa Lions
 Dome (u20): ! 8.14 2012-03-03 Gabriel Slythe-Leveille, Corsaire Chaparal
 Dome (u18): * 8.26 2008-12-20 Oluwasegun Makinde, Ottawa Lions
 Meet Record: M 8.32 2020-02-15 Matthew Daly, McGill University
 USport AutoQ: U 8.11

Name	Year	Team	Prelims	H#
=====				
Preliminaries				
1 Lindo, Tamarri	03	York Lions	M 8.13q	1
2 Lapointe, Émile	03	Montréal Car	8.40q	1
3 Ceant, Jordy Cruff Fredl	00	Sherbrooke	8.64q	1
4 Nenez, Fabrice	02	Ottawa Gee-G	9.22q	1
5 Weldon, Jacob	01	McGill	10.75q	2

Men 60 Meter Hurdles Open

=====

Dome (Open): D 7.96 2008-01-12 Charles Allen, Ottawa Lions
 Dome (u20): ! 8.14 2012-03-03 Gabriel Slythe-Leveille, Corsaire Chaparal
 Dome (u18): * 8.26 2008-12-20 Oluwasegun Makinde, Ottawa Lions
 Meet Record: M 8.32 2020-02-15 Matthew Daly, McGill University
 USport AutoQ: U 8.11

Name	Year	Team	Finals	H#
=====				
Finals				
1 Lindo, Tamarri	03	York Lions	8.12M	
2 Lapointe, Émile	03	Montréal Car	8.24M	
3 Ceant, Jordy Cruff Fredl	00	Sherbrooke	8.44	
4 Nenez, Fabrice	02	Ottawa Gee-G	9.34	
5 Weldon, Jacob	01	McGill	10.92	

Men 4x200 Meter Relay Open

=====

Dome (Open): D 1:25.28 2012-02-11 University of Ottawa, University of Ottawa
 Meet Record: M 1:28.14 2019-02-16 Université Laval, Université Laval
 USport AutoQ: U 1:27.59

Team	Finals	H#
=====		
1 Waterloo Warriors 'A'	1:28.58	1
2 York Lions 'B'	1:29.01	1
3 Lakehead Thunderwolves 'A'	1:29.45	1
4 York Lions 'A'	1:29.61	1
5 Piranhas Éts 'A'	1:37.40	2

Men 4x400 Meter Relay Open

=====

Dome (Open): D 3:07.71 2011-02-12 National Centre - Ottawa Selects, National
 Meet Record: M 3:14.79 2020-02-15 University of Toronto, University of Toron
 USport AutoQ: U 3:16.84

Team	Finals	H#
=====		
1 Waterloo Warriors 'A'	3:17.61	1
1:38.8702 (1:38.8702) 2:29.3042 (50.4340)	3:17.6082 (48.3040)	
2 Ottawa Gee-Gees 'A'	3:20.67	1
1:41.2912 (1:41.2912) 2:32.3372 (51.0460)	3:20.6612 (48.3240)	
3 McGill 'A'	3:20.92	1
1:41.0562 (1:41.0562) 2:32.2272 (51.1710)	3:20.9162 (48.6890)	
4 Lakehead Thunderwolves 'A'	3:21.32	1
1:41.0542 (1:41.0542) 2:31.6552 (50.6010)	3:21.3182 (49.6630)	
5 Saint-Laurent Sélect 'A'	3:37.07	2
1:49.3204 (1:49.3204) 2:44.1904 (54.8700)	3:37.0664 (52.8760)	
6 Laurel Creek T.F.C 'A'	3:37.81	2
1:47.4324 (1:47.4324) 2:42.6724 (55.2400)	3:37.8094 (55.1370)	

Men 4x800 Meter Relay Open

=====

Dome (Open): D 7:40.71 2007-02-03 Universite de Sherbrooke, Universite de Sh
 USport AutoQ: U 7:31.83

Team	Finals
1 Sherbrooke Vert-et-Or 'A'	7:40.69D
1:53.5143 (1:53.5143) 3:48.6593 (1:55.1450) 5:44.9743 (1:56.3150)	
7:40.6873 (1:55.7130)	

Men High Jump Open

=====

Dome (Open): D 2.15m 2023-02-18 Thomas Senechal-Becker, University of Ottawa
 Dome (u20): ! 2.09m 2014-04-10 Leaugen Fray, Trenton
 Dome (u18): * 1.97m 2010-05-13 David Nsabua, Louis-Riel
 Meet Record: M 2.15m 2023-02-18 Thomas Senechal-Becker, University of Ottawa
 USport AutoQ: U 2.05m

Name	Year Team	Finals
1 Becker, Thomas	03 C.A.N.I. Ath	2.05mU
1.80 1.90 2.00 2.05 2.10		
0 0 0 XO XXX		
2 Fitzgerald, David	01 McGill	1.95m
1.85 1.90 1.95 2.00		
0 XO 0 XXX		
3 Duniya, Jesse	04 Concordia St	1.90m
1.70 1.80 1.85 1.90 1.95		
XO 0 0 XO XXX		
3 Le Gac, Matthias	02 Piranhas Éts	1.90m
1.80 1.85 1.90 1.95		
XO 0 XO XXX		
5 Koran, Frederic	04 McGill	1.70m
1.60 1.65 1.70 1.75		
XXO 0 XXO XXX		
5 Waldrum, Kyle	05 Ottawa Lions	1.70m
1.60 1.65 1.70 1.75		
0 0 XXO XXX		
5 Brennan, Mason	07 Ottawa Lions	1.70m
1.70 1.75		
XO XXX		
8 Barrieu, Jules	01 McGill	1.60m
1.55 1.60 1.65		
XO 0 XXX		

Men Pole Vault Open

=====

Dome (Open): D 5.10m 2015-12-02 John Zubyck, Canada
 Dome (u20): ! 4.45m 2006-02-19 Andrew Debus, University of Guelph
 Dome (u18): * 4.15m 2013-02-09 Zachary Kerr, Ottawa Lions
 Meet Record: M 4.60m 2018-02-17 Telvin Tavernier, Ottawa Lions
 USport AutoQ: U 4.89m

Name	Year Team	Finals
1 McGonigal, Kilty	01 McGill	4.46m
4.11 4.26 4.36 4.46 4.51		
XXO 0 XXO 0 XXX		
2 Bédard, Sébastien	04 Montréal Car	4.11m
3.96 4.11 4.26 4.36		
XXO 0 P XXX		
3 Barrieu, Jules	01 McGill	3.81m
3.51 3.66 3.81		
0 0 XXO		
4 Leger, Taylor	24 Saint-Lauren	3.51m
3.51 3.66		
XO XXX		
5 Malone, Matthew	05 McGill	3.06m
3.06 3.21		

0	XXX				
5	Robertson, Cameron	03	Ottawa Gee-G	3.06m	
	3.06	3.21			
0	XXX				
5	Mordel, Eli	08	Ottawa Lions	3.06m	
	2.76	2.91	3.06	3.21	
0	0	0	XXX		
8	Whike, Owen	07	Ottawa Lions	2.91m	
	2.76	2.91	3.06		
0	0	XXX			
8	Nuraddeen, Adam	99	Ottawa Lions	2.91m	
	2.46	2.61	2.76	2.91	3.06
	XX0	0	X0	0	XXX

Men Long Jump Open

=====

Dome (Open): D 7.52m 2011-02-12 Oluseyi Smith, Ottawa Lions
Dome (u20): ! 7.07m 2010-04-06 David Nsabua, Louis-Riel
Dome (u18): * 7.07m 2010-04-06 David Nsabua, Louis-Riel
Meet Record: M 7.20m 2020-02-15 Bryson Patterson, C.A.N.I.
USport AutoQ: U 7.23m

Name	Year	Team	Finals	H#
1 Patterson, Bryson	95	C.A.N.I. Ath	7.15m	1
		7.03m FOUL FOUL FOUL 6.74m 7.15m		
2 Foster, Joshua	02	C.A.N.I. Ath	7.03m	1
		6.79m 6.96m 7.03m FOUL FOUL 6.78m		
3 Crooks, Alexander	03	McGill	6.55m	1
		6.55m 6.51m 6.44m 6.27m 6.32m 6.31m		
4 Dowhoszyna, Colton	01	Lakehead Thu	6.44m	2
		6.39m 6.44m FOUL FOUL FOUL 6.04m		
5 Hudec, Stephen	05	Lakehead Thu	6.40m	1
		5.60m 6.00m 6.25m 6.40m FOUL 5.93m		
6 Masena, Bebelo-Noah	02	C.A.N.I. Ath	6.13m	1
		5.93m 5.62m 6.03m FOUL 6.13m FOUL		
7 Smith-Robson, Malcom	05	Carleton Rav	6.02m	1
		5.99m 5.85m 6.02m 5.96m 5.94m PASS		
7 Duniya, Jesse	04	Concordia St	6.02m	2
		FOUL 6.02m 5.65m		
9 Diop, El Hadj Saliou	04	Montréal Car	6.00m	2
		6.00m FOUL 5.93m		
10 Legaree, Grant	98	Lakehead Thu	5.80m	1
		5.80m FOUL 5.65m		
10 Koran, Frederic	04	McGill	5.80m	2
		5.80m 5.64m 5.80m		
12 Mordel, Eli	08	Ottawa Lions	5.74m	1
		5.33m 5.74m 5.62m		
13 Moncorgé, Lorenz	01	Piranhas Éts	5.47m	2
		4.91m 5.38m 5.47m		
13 Malone, Matthew	05	McGill	5.47m	2
		5.47m 5.38m 5.22m		
15 Yongoua Wako, Doni	02	Ottawa Gee-G	5.09m	1
		FOUL FOUL 5.09m		
16 Gittens, Alex	99	Ottawa Lions	4.82m	1
		FOUL FOUL 4.82m		
17 Kamara, Mohamed Yerim	05	unassigned	4.78m	2
		4.60m 4.78m 4.53m		
18 Veto, Eric	04	Concorde Ath	4.34m	2
		4.30m FOUL 4.34m		
-- Crawford, James	04	York Lions	FOUL	2
		FOUL FOUL FOUL		
-- Atonfo, Timeo	07	Ottawa Lions	FOUL	1
		FOUL FOUL FOUL		

Men Triple Jump Open

=====

Dome (Open): D 14.94m 2013-03-03 David Nsabua, C.A.N.I.
Dome (u20): ! 14.94m 2013-03-03 David Nsabua, C.A.N.I.

Dome (u18): * 14.23m 2010-03-31 David Nsabua, Louis-Riel
 Meet Record: M 14.04m 2016-02-20 Bryson Patterson, C.A.N.I.
 USport AutoQ: U 14.79m

Name	Year	Team	Finals
1 Fitzgerald, David	01	McGill	14.05mM
13.87m FOUL 13.61m 13.60m 13.89m 14.05m			
2 Stathis, Mackenzie	01	McGill	14.04mM
13.63m 13.78m FOUL FOUL 14.04m 13.83m			
3 Ngankoy, Jean Marcellin	00	Montréal Car	11.85m
11.85m 11.61m 11.55m 11.72m 11.74m 11.78m			
4 Smith-Robson, Malcom	05	Carleton Rav	11.26m
11.26m 10.85m 10.92m			
5 Fou, Alex	05	McGill	10.82m
10.82m x			
6 Malone, Matthew	05	McGill	10.81m
FOUL FOUL 10.61m 10.27m FOUL 10.81m			

Men Shot Put Open

Dome (Open): D 15.65m 2011-02-12 Brandon Deslauriers, Kingston Napanee
 Dome (u20): ! 15.60m 2020-02-12 Brandon Ovington, Beckwith
 Dome (u18): * 17.34m 2018-01-20 Lucas Woodhall, Brockville Legion
 Meet Record: M 14.30m 2020-02-15 Andre Hendricks, Dalhousie University
 USport AutoQ: U 15.87m

Name	Year	Team	Finals
1 Davis, Liam	05	Ottawa Lions	15.62mM
15.24m 14.76m 13.55m 15.62m 14.14m FOUL			
2 Fraser, Connor	04	Carleton Rav	15.13mM
14.47m 14.73m 14.17m 14.93m 15.13m FOUL			
3 Abu Mahfuz, Sami	06	Ottawa Lions	11.56m
10.75m 9.90m 10.29m 10.99m 10.27m 11.56m			
4 Alashi, Baraa	05	Ottawa Gee-G	11.42m
10.49m FOUL FOUL 11.16m 10.93m 11.42m			
5 Yuen, Ryan	00	McGill	9.77m
9.49m 9.76m 9.77m 9.39m 9.65m 9.33m			
6 Haddad, Philippe	99	McGill	9.63m
9.63m 9.21m FOUL FOUL 7.49m 9.63m			
7 Barrieu, Jules	01	McGill	9.53m
9.30m 9.53m 9.14m 9.03m 8.12m 9.20m			
8 Nuraddeen, Adam	99	Ottawa Lions	9.40m
8.59m 9.17m 9.40m 9.36m FOUL FOUL			
9 Fou, Alex	05	McGill	9.25m
8.88m 8.96m 8.80m 9.08m 9.25m 8.59m			
10 Young, Patrick	01	McGill	9.07m
8.16m 8.77m 9.04m 9.07m 8.75m 8.25m			
11 Csergo, Laszlo	03	Remparts	6.74m
6.54m 6.74m 6.67m			

Men Weight Throw Open

Dome (Open): D 19.80m 2012-02-11 Jason Baines, Unattached
 Dome (u20): ! 14.97m 2016-01-23 Drew Erskine, York University
 Dome (u18): * 18.27m 2018-02-17 Cedric Rolland, Corsaire Chaparal
 Meet Record: M 18.70m 2020-02-15 Jean Philippe, C.A. Universite Laval
 USport AutoQ: U 17.49m

Name	Year	Team	Finals
1 Young, Patrick	01	McGill	11.97m
9.97m 11.97m 10.49m 10.83m 11.42m 11.61m			
2 Haddad, Philippe	99	McGill	9.97m
9.79m 9.51m 9.79m 9.97m 9.93m 9.68m			

Mixed 4x100 Meter Relay Under 16

Team	Finals
------	--------

