## Event #2 MENS 6Km Run

**START @ 12:50pm**

Conditions: overcast 22°C

+ COURSE RECORD: P. Mourneau-Cartier Laval Rouge et Or 18:59.00 2022

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107-108

**Z VAINQUEURS PLUS**
54

**Z CLUB SHERBROOKE**
75-78

**OTTAWA LIONS CLUB**
70-72-94

**TRENT EXCALIBUR**
60-83-87

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# Event # 2 MENS 6Km Run

**START @ 12:50pm**

Conditions: overcast 22°C

+COURSE RECORD: P. Mourneau-Cartier Laval Rouge et Or 18:59.00 2022

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START @ 12:50pm

Conditions: overcast 22°C

+ COURSE RECORD: P. Mounneau-Cartier Laval Rouge et Or 18:59.00 2022

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# 2023 McGill Invitational

**Date:** Sat. Sept 16 - McGill Univ. host  
**Location:** Mount Royal Park, Montreal QC  

## McGill Redbirds

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<td>Thomas Windisch</td>
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**Score:** 21  
**Place:** 1

**Top 5 Total Time:** 1:36:19  
**Top 5 Average Time:** 19:16  
**Top 5 Average per KM:** 3:13  
**Top 5 Average Per MILE:** 5:11  
**1 - 5 Split:** 0:20  
**Top 7 Average Split:** 58

## Laval Rouge et Or

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**Score:** 68  
**Place:** 2

**Top 5 Total Time:** 1:39:18  
**Top 5 Average Time:** 19:52  
**Top 5 Average per KM:** 3:19  
**Top 5 Average Per MILE:** 5:20  
**1 - 5 Split:** 0:49  
**1 - 7 Split:** 1:01  
**Top 7 Total Time:** 2:19:55  
**Top 7 Average Time:** 20:00
## 2023 McGILL INVITATIONAL
### Sat. Sept 16 - McGill Univ. host
Mount Royal Park, Montreal QC

### SHERBROOKE VERT OR

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### Score and Place Details

- Top 5 Average Time: 1:39:31
- Top 5 Total Time: 1:52:07
- Top 5 Average per KM: 3:19
- Top 5 Average Per MILE: 5:21
- 1 - 5 Split: 0:44
- Top 7 Average Time: 2:22:18
- Top 7 Total Time: 2:07:25

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### ETS PIRANHAS

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<td>Julien Marion</td>
<td>E1 68</td>
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<td>Laurent Chouan</td>
<td>E3 62</td>
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<td>Joachim Carvallo</td>
<td>E1 61</td>
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<td>Adrien Durand</td>
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<td>Ianis Gare</td>
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<td>Jacob Arsenault</td>
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Top 5 Total Time: 1:43:06
Top 5 Average Time: 20:38
Top 5 Average per KM: 3:27
1 - 5 Split: 1:22
Top 5 Average Per MILE: 5:32
1 - 7 Split: 2:24
Top 7 Average Time: 21:02

### UQAM CITADINS

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<td>Mahir Ergun</td>
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Top 5 Total Time: 1:44:55
Top 5 Average Time: 20:59
Top 5 Average per KM: 3:30
1 - 5 Split: 1:06
Top 5 Average Per MILE: 5:38
1 - 7 Split: 1:41
Top 7 Average Time: 21:16

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### Concordia Stingers

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**Top 5 Average Time:** 1:46:31  **Top 5 Average Per KM:** 3:34  **Top 5 Average Per Mile:** 5:43

### Remparts CMR S J

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**Top 5 Average Time:** 1:50:18  **Top 5 Average Per KM:** 3:41  **Top 5 Average Per Mile:** 5:56

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## OTTAWA GEE GEES

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### Top 5
- **Average Time**: 23:51
- **Total Time**: 1:59:15
- **Average per KM**: 3:59
- **Average per MILE**: 6:24
- **1-5 Split**: 5:57
- **7 Split**:

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## CARLETON RAVENS

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### Top 7
- **Average Time**: 23:18
- **Total Time**: 1:56:27
- **Average per KM**: 3:53
- **Average per MILE**: 6:15
- **1-7 Split**: 3:48
- **7 Split**:

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Top 5 Average Time: 1:56:10
Top 5 Total Time: 3:53
1 - 5 Split: 2:49
Top 7 Average Time: 23:14
Top 7 Total Time: 23:14