

Capital XC - 2024-09-28
Ottawa Lions Timing Team
Terry Fox Athletic Facility
Results

Event 2 Men 6k Run CC University & Open

Name	Year	Team	Finals	Points
Results - Men				
1 Morneau-Cartier, Philipp	01	Laval Rouge-et-Or	18:14.86	1
2 Alie-Lamarche, Andre	99	Ottawa Lions	18:41.59	
3 Saal, Rudy	03	Laval Rouge-et-Or	18:53.01	2
4 Nolet, William	02	Laval Rouge-et-Or	18:58.45	3
5 Chapple, Devin	03	McGill	18:59.92	4
6 Hepworth, Samuel	04	McGill	19:02.21	5
7 Messenger-Jones, Luca	03	McGill	19:06.10	6
8 Stanley, Jack (John)	99	McGill	19:08.56	7
9 Mercier, Mathis	03	Laval Rouge-et-Or	19:11.34	8
10 Neill, Peter	70	Queen's Gaels	19:14.00	9
11 Toupin, Émile	03	Laval Rouge-et-Or	19:16.54	10
12 Adams, Sean	03	McGill	19:17.21	11
13 Poulin Desjardins, Loïc	03	Laval Rouge-et-Or	19:19.77	12
14 Héroux, Elliott	01	Laval Rouge-et-Or	19:25.04	13
15 Curdy, Maxime	00	Laval Rouge-et-Or	19:28.27	
16 Danby, Owen	70	Queen's Gaels	19:29.85	14
17 Abraham, Vincent	00	Uqtr Patriotes	19:30.72	15
18 Freiburger, Pietro	97	Montréal Carabins	19:32.60	16
19 Manzi, Andy	01	Laval Rouge-et-Or	19:47.83	
20 Girard, Jacob	03	Laval Rouge-et-Or	19:51.36	
21 El Rimawi-Fine, Noah	01	McGill	19:54.32	17
22 Thomas, Ismael	04	Laval Rouge-et-Or	19:54.97	
23 Harrington, Emmett	70	Queen's Gaels	20:05.97	18
24 Dernoncourt, Sacha	05	McGill	20:10.42	19
25 Chevalier, Grégoire	02	Montréal Carabins	20:11.90	20
26 Sacilotto, Jack	70	Queen's Gaels	20:15.73	21
27 Berrichi, Nazim	00	Montréal Carabins	20:16.90	22
28 Morales, Ben	06	McGill	20:20.30	
29 Roy, Zed	00	Montréal Carabins	20:21.43	23
30 Gazaille, Tristan	70	Queen's Gaels	20:21.82	24
31 Charretier, Jules	02	Uqac	20:23.67	25
32 Rausch, Cédric	05	Laval Rouge-et-Or	20:24.21	
33 Garon, Émile	01	Montréal Carabins	20:26.32	26
34 Piasecki, Axel	03	Uqac	20:29.72	27
35 Mignault, Emile	03	McGill	20:30.87	
36 Appert, Thibaut	02	Uqac	20:32.20	28
37 Larocque, Andre	70	Queen's Gaels	20:33.60	29
38 Courchesne, Jérémy	00	Uqtr Patriotes	20:33.96	30
39 Zanuttini, Emile	70	Queen's Gaels	20:36.29	31
40 McLeish, William	92	Ottawa Gee-Gees	20:36.31	32
41 Poulin, Louis-Philippe	04	Montréal Carabins	20:39.65	33
42 Bourdages, Félix	01	Université Laval	20:40.29	
43 Wilson, Max	05	Ottawa Gee-Gees	20:40.32	34
44 Fortin, Nicolas	03	Uqtr Patriotes	20:45.35	35
45 Carcouet, Jules	04	Uqac	20:54.99	36
46 Kiernan, Alistair	05	McGill	20:56.96	
47 Guité, Louis-Simon	00	Montréal Carabins	20:57.91	37
48 Lancereau, Arthur	02	Elite Athletics	20:59.31	
49 Chabanne, Alexis	04	Uqac	21:01.73	38
50 Deslauriers, Alexis	99	Laval Rouge-et-Or	21:02.59	
51 McCosham, Ian	70	Queen's Gaels	21:05.14	

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52	Fortin, Vincent	04	McGill	21:07.06
53	Poliquin, Christophe	04	Uqtr Patriotes	21:07.40 39
54	Abanto Enns, Nicolas	98	Ottawa Gee-Gees	21:07.76 40
55	Sikka, Zachary	04	Ottawa Gee-Gees	21:09.80 41
56	Colsell, Alex	05	Montréal Carabins	21:11.29
57	Gars, Nathan	04	Montréal Carabins	21:17.66
58	Bentley, Gavin	70	Queen's Gaels	21:18.58
59	Beck, Victor	96	Elite Athletics	21:23.19
60	Guertin, Neil	94	Vainqueurs Plus	21:24.90
61	Plamondon, Charles	77	Unattached Ontario	21:25.27 42
62	Levenson, Lucas	06	McGill	21:28.43
63	Chec, Léopold	03	Uqac	21:36.09 43
64	Loftus, Kynan	70	Queen's Gaels	21:38.34
65	Bellavance, Justin	01	Uqac	21:40.44 44
66	Dubé, Zachary	01	Uqtr Patriotes	21:41.00 45
67	Chaudoir, Henri	02	Montréal Carabins	21:41.79
68	Padoin-Castillo, Adriano	05	Ottawa Gee-Gees	21:45.25 46
69	Lacasse, Philippe	91	Uqtr Patriotes	21:47.95 47
70	Sneyd, Nathaniel	06	Unattached Ontario	21:51.17 48
71	Kabbaj, Omar	98	Elite Athletics	21:51.97
72	Hébert, Thierry	05	Montréal Carabins	21:56.20
73	Parent, Fred	03	Ottawa Gee-Gees	21:58.85 49
74	Aitounejjar, Mouhcine	89	Ottawa Lions	22:00.27
75	El Mansari, Safwan	06	Ottawa Gee-Gees	22:04.61 50
76	Hogan, Mark	70	Queen's Gaels	22:06.83
77	Lasnier, Jean-Christophe	02	Uqtr Patriotes	22:08.91 51
78	Howell, Matthew	03	Rmc Paladins	22:14.10 52
79	Saville, Sebastian	94	Unattached Ontario	22:14.95 53
80	Demarbre, Loïc	01	Montréal Carabins	22:24.27
81	Shi, Sam	93	Ottawa Lions	22:25.92
82	Wheatley, Calder	03	Rmc Paladins	22:34.37 54
83	Squarek, Will	70	Queen's Gaels	22:35.61
84	Laurent, Antoine	02	Montréal Carabins	22:37.98
85	Satgé, Nathan	02	Uqac	22:41.48
86	Proulx, Philippe-Antoine	00	Uqac	22:53.82
87	Bolduc, William	01	Unattached Ontario	23:00.91 55
88	Senneville, Rémi	04	Uqtr Patriotes	23:04.61
89	Zazaa, Ayman	99	CS Athlétisme	23:11.39
90	Milner, Gabriel	05	Rmc Paladins	23:24.37 56
91	Koss, Nickolas	03	Rmc Paladins	23:36.60 57
92	Mouser, William	02	Rmc Paladins	23:42.98 58
93	Brennan, Luc	04	Montréal Carabins	23:43.22
94	Anthony, Cameron	02	Rmc Paladins	23:44.80 59
95	Parsons, Nicholas	06	Carleton Ravens	24:05.27
96	Hudon-Tremblay, Thomas	04	Remparts	24:18.33 60
97	Tsarynny, Gregory	06	Rmc Paladins	24:30.25 61
98	Alary-Forget, Jean-Chris	05	Remparts	24:34.60 62
99	Piché, Edmond	05	Remparts	24:45.14 63
100	O'Connell, Rory	04	Ottawa Gee-Gees	24:46.62
101	Medicoff-Sander, Benjami	05	Rmc Paladins	24:49.92
102	Liu, Evan	03	Rmc Paladins	24:54.24
103	Ippolito, Lucas	06	Unattached Ontario	25:01.73 64
104	Ramachandran, Pushker	00	Ottawa Gee-Gees	25:21.24
105	Lapointe, Tristan	04	Remparts	25:22.54 65

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5	Uqac	154	25	27	28	36	38	43	44
	Total Time:	1:43:22.31							
	Average:	20:40.47							
6	Uqtr Patriotes	164	15	30	35	39	45	47	51
	Total Time:	1:43:38.43							
	Average:	20:43.69							
7	Ottawa Gee-Gees	193	32	34	40	41	46	49	50
	Total Time:	1:45:19.44							
	Average:	21:03.89							
8	Unattached Ontario	262	42	48	53	55	64	68	
	Total Time:	1:53:34.03							
	Average:	22:42.81							
9	Rmc Paladins	277	52	54	56	57	58	59	61
	Total Time:	1:55:32.42							
	Average:	23:06.49							
10	Remparts	316	60	62	63	65	66	67	69
	Total Time:	2:04:27.63							
	Average:	24:53.53							